



AUGUST

savings



BACK TO **SCHOOL**
MEANS BACK TO
SAVINGS ON



HEALTHY **GROCERIES.**
HEALTHY **VITAMINS.**
HEALTHY **ANSWERS.**



H REWARDS



BE SURE TO LOOK FOR THE **H** REWARDS
BANNER. IT MEANS HARVEST REWARDS MEMBERS
SAVE AN ADDITIONAL 5% ON THAT BRAND! NOT A
MEMBER? NOT A PROBLEM.
ENROLLMENT IS ALWAYS OPEN!





Organic Valley
Sliced
Cheeses

\$5.49



Califia
Plant-Based
Milks
48oz

\$4.49



Elmhurst
Plant-Based
Milks
32oz

\$6.19



GTs
Synergy
Kombucha
16oz

2/\$6



Icelandic Provisions
Skyr
Yogurts
4.4-5.3oz



\$1.79



Ithaca
Hummus
9.5-10oz



\$4.99



Koia
Plant-Based
Protein
Drinks

2/\$7



Painterland Sisters
Skyr
Yogurts
5.3oz



\$2.39



Little Sesanne
Hummus
8oz



\$3.99



Carbonaut
Low-Carb
Bagels

\$6.49



Little Northern Bakehouse
Gluten-Free
Breads

\$5.99



Silver Hills
Select
Breads

\$4.99



Alec's Ice Cream
A2/A2 Ice Cream Cups



\$7.49



Cosmic Bliss
Frozen Desserts

\$6.69



Atoria's
Traditional Breads

\$3.99



Ice Cream For Bears
Grass-Fed Ice Cream

\$6.99



Frönen
Non-Dairy Frozen Desserts

\$5.49



Four Sigmatic
Functional Coffees

25% OFF

Regular Price



Lovebird
Cereals and Granolas

\$6.99



Nature's Path
Organic Cereals

\$4.49



Seven Sundays
Upcycled Cereals

\$6.49



Purely Elizabeth
Granolas and Cereals

20% OFF

Regular Price



One Degree
All Products

30% OFF

Regular Price



Birch Benders
Pancake Mixes

20% OFF

Regular Price

field
DAY®



Fruit and Condiments

Other Field Day items are also on sale.

20% OFF

Regular Price

H. REWARDS



**Annie's
Homegrown
Natural Mac
& Cheese**

2/\$3



**Archer
Meat
Sticks**

3/\$5



**Chomps
Meat
Sticks**

2/\$4



**Clif
Energy
Bars
2.4oz**

3/\$5



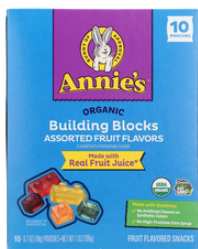
**GoMacro
Organic
Bars
2-2.3oz**

3/\$7



**IQ Bar
Protein
Bars
1.6oz**

3/\$5



**Annie's
Homegrown
Fruit
Snacks**

\$5.49



**gimMe
Seaweed
Snacks
6-Packs**

\$5.49



**PUR Gum
All
Products**

25% OFF

Regular Price



**Annie's
Homegrown**
Cookies and
Crackers

\$4.29



**Back To
Nature**
Cookies and
Crackers

**20%
OFF**

Regular Price



**Simple
Mills**
Grain-Free
Crackers

**25%
OFF**

Regular Price



Hippeas
Chickpea
Puffs
3.75-4oz

\$3.29



Kettle
Party Size
Potato
Chips

\$4.99



SKINNYPOP
Select
Popcorn
4.4oz

\$3.29



Orgain
Protein
Shakes
4/11oz

\$10.99



Lakewood
Little's Juice
Boxes
8/6.75oz

\$4.49



Slice
Healthy
Sodas

\$2.29



**Seventh
Generation**
Laundry
Detergent
90oz

\$11.99

WOODSTOCK
EAT BECAUSE
IT'S GOOD!



**Nut
and
Seed
Butters**

**20%
OFF**

Regular Price

HYREWARDS



Andalou
All
Hair and
Skincare

**25%
OFF**

Suggested Retail



Melora
Manuka
Honey
Skincare

**25%
OFF**

Suggested Retail



**Mineral
Fusion**
Mineral
Cosmetics

**25%
OFF**

Suggested Retail



Now Foods
All Xyliwhite™
Products

**25%
OFF**

Suggested Retail



Truani
Protein
Powders*

**20%
OFF**

Suggested Retail

*Excludes packets



**Ancient
Nutrition**
Select
Products

**25%
OFF**

Suggested Retail



Barlean's
All
Products

**20%
OFF**

Suggested Retail



Bio-K Plus
All
Formulas

**30%
OFF**

Suggested Retail



Boiron
All
Products

**25%
OFF**

Suggested Retail



Carlson
All
Formulas

**25%
OFF**

Suggested Retail



Enzymedica
Select
Formulas

**25%
OFF**

Suggested Retail



**Garden of
Life**
Organics
Multi-
vitamins

**30%
OFF**

Suggested Retail



MegaFood
All
Products

**20%
OFF**

Suggested Retail

**Select Children's and Brain
Support Formulas**



REWARDS



**20%
OFF**

Suggested Retail



**New
Chapter**
All
Formulas

**30%
OFF**

Suggested Retail



**Nordic
Naturals**
Select
Children's
Formulas

**25%
OFF**

Suggested Retail



**REDD
Remedies**
All
Formulas

**25%
OFF**

Suggested Retail



**True
Grace**
Children's
Formulas

**30%
OFF**

Suggested Retail

REWARDS



Solgar
Liquid
Calciums

**25%
OFF**

Suggested Retail

Harvest Health FOODS

**Four convenient West Michigan
locations to serve you.**

Eastern Ave.

1944 Eastern Ave. SE, Grand Rapids
Mon-Sat 9a-6p (616) 245-6268

Hudsonville

4150 32nd Ave., Hudsonville
Mon-Sat 9a-8p (616) 896-6630

Cascade

6807 Cascade Rd. SE, Grand Rapids
Mon-Sat 9a-8p (616) 975-7555

Holland

12675 Greenly St., Holland
Mon-Sat 9a-8p (616) 251-1123