

Harvest Health FOODS

Since 1952

October 2025



Feeling Good from the Inside Out. ®



Birch Benders
**Pancake & Waffle
Mixes**

20% Off

Regular Price



Truani
**Organic Protein
Powders**

20% Off

Suggested Retail



Purely Elizabeth
**Select
Granolas**

\$6.69

Regular Price \$7.69



Field Day
Nuts & Seeds

20% Off

Harvest Values Price



White Leaf Provisions
Organic Baby Foods

3.17oz

2 For \$4

Regular Price \$2.99



Woodstock
Nuts & Seeds

30% Off

Regular Price

ALL SALE ITEMS ARE WHILE SUPPLIES LAST AND SUBJECT TO AVAILABILITY. NOT ALL ITEMS ARE AVAILABLE AT ALL LOCATIONS. WE RESERVE THE RIGHT TO CORRECT PRINTING ERRORS.

GT's ALIVE
Mushroom Elixirs

16oz
\$2.99
Regular Price \$3.89



AGUA DE KEFIR and COCOYO are also on sale.

Vive
Wellness Shots

2oz
\$2.69
Regular Price \$3.49



Koia
Protein Drinks

12oz
2 For \$7
Regular Price \$4.49-\$4.79



field DAY

Pasture-Raised Eggs

18 Count

\$6.99 Regular Price \$7.99



Organic Valley
Block Cheeses

8oz
\$5.99
Regular Price \$7.29



Sale excludes Swiss and raw milk cheeses.

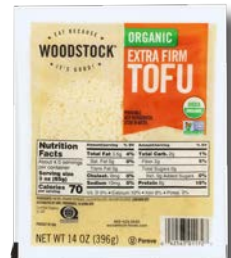
Cleveland Kitchen
Pickles & Krauts

25% Off
Regular Price



Woodstock
Organic Tofu

14oz
\$2.49
Harvest Values Price \$3.49



Siggi's
Icelandic Skyr Yogurt

3-5.3oz
\$1.69
Regular Price \$1.99



Honey Mama's
Truffle Bars

2.5oz
\$4.39
Regular Price \$5.29



Petit Pot
French Desserts

2-Packs
\$4.99
Regular Price \$5.99



Minor Figures
Organic Oat Milk

32oz
\$3.99
Regular Price \$4.99



Equal Exchange
Fairly Traded Coffees

10-12oz
\$10.99
Regular Price \$14.49



12oz decaf is on sale for \$12.49.



Teecino
Herbal Coffee Alternatives

10 Count
\$4.99
Regular Price \$5.99-\$6.99



Choice Teas
Organic Teas

16 Count
\$3.99
Regular Price \$5.49



Numi Tea
Organic Teas

12-18 Count
\$5.69
Regular Price \$7.39



Traditional Medicinals
Organic Teas

16 Count
\$4.69
Regular Price \$5.69



Carbonaut Low-Carb Breads

11.3-19oz

\$6.49

Regular Price \$7.89-\$8.49



Little Northern Bakehouse Gluten-Free Breads

11.3-19oz

\$5.69

Regular Price \$7.49



Silver Hills Sprouted Breads

13.7-24oz

\$4.99

Regular Price \$5.49-\$6.69



Atoria's Lavash, Naan, and Pita Breads

\$3.49

Regular Price \$4.99



Canyon Bakehouse Gluten-Free Breads

14-18oz

\$6.99

Regular Price \$7.99



Food For Life Brown Rice Tortillas

25% Off

Regular Price

Other Food For Life items are also on sale.



Balkan Bites Burek Pies

10.6oz

\$7.99

Regular Price \$10.49



Against the Grain Grain-Free Breads and Snacks

25% Off

Regular Price



Caulipower Gluten-Free Chicken Tenders

14oz

\$9.49

Regular Price \$10.99

All Caulipower is on sale.



Gardein Plant-Based Meat Alternatives

\$4.99

Regular Price \$6.19



Jack & Annie's Jackfruit-Based Meats

\$4.99

Regular Price \$5.99



Beyond Meat Plant-Based Sausages

14oz

\$7.49

Regular Price \$9.99

16oz crumbles are on sale for \$7.99.



Annie's Pizza Poppers

6.8oz

30% Off

Regular Price

All Annie's products are 30% off!



Field Day Wood-Fired Pizzas

12.2-13.8oz

\$5.99

Harvest Values Price \$6.99



Woodstock Frozen Fruit

8-10oz

20% Off

Harvest Values Price



Alden's Organic Ice Creams

11oz

\$8.99

Regular Price \$10.49



Woodstock Frozen Pastas

20oz

\$6.99

Harvest Values Price \$8.99



Woodstock Frozen Vegetables

10-16oz

20% Off

Harvest Values Price



H REWARDS

**Why join
Harvest
Rewards?**

- WELCOME COUPON
- EXCLUSIVE MONTHLY SAVINGS ON HUNDREDS OF ITEMS
- EARLY ACCESS TO UPCOMING SEMINARS
- A BIRTHDAY TREAT ON US
- EXTRA RECIPES AND INFORMATION IN WEEKLY NEWSLETTERS

SCAN ME TO LEARN MORE:



Bobo's Oat Bars

Oat Bars

2.5-3oz

\$2.29

Regular Price \$2.99



GoMacro

Macro Bars

2-2.5oz

2 For \$5

Regular Price \$2.99



Probar

Meal Bars

3oz

\$2.69

Regular Price \$3.39



IQ Bar

Protein Bars

1.6oz

\$1.69

Regular Price \$2.49



Little Secrets

Share-Size Candies

3.4-5oz

\$5.99

Regular Price \$7.29



Emmy's Organics

Cookies

6oz

\$4.69

Regular Price \$5.99



Lily's

Chocolate Bars

2.8-3oz

2 For \$7

Regular Price \$4.49



Endangered Species

Chocolate Bars

3oz

\$3.99

Regular Price \$4.99



PUR

Chewing Gums

55 Count

2 For \$7

Regular Price \$4.99

All Pur Gum products are on sale.



One Degree Sprouted Granolas

11oz
25% Off

Regular Price



Other One Degree items are also on sale.



Crazy Richard's Peanut Butter

16oz
\$3.49

Regular Price \$4.49



Almond butter is on sale for \$9.99.



Lily's Baking Chips

9 oz
\$7.29

Regular Price \$8.49



Chickapea Pasta Pastas

8oz
\$3.99

Regular Price \$4.69



Chickapea One Pot Meals are also on sale.



Tasty Bite Authentic Indian Entrees

10oz
25% Off

Regular Price



Imagine Foods Multi-Serve Soups

32oz
\$4.49

Regular Price \$5.99



All Imagine Foods products are on sale.



Seven Sundays Upcycled Cereals

8oz
\$6.49

Regular Price \$7.99



Orgain Protein Powders

1.17-2.03lb
25% Off

Regular Price



Other Orgain products are also on sale.



Navitas Organic Superfoods

30% Off

Regular Price



Ancient Harvest Quinoa Pastas

8oz
30% Off

Regular Price



Ya Oaxaca Salsas & Sauces

12oz
25% Off

Regular Price



Spectrum Naturals Culinary Oils

25% Off

Regular Price



Field Day Cereals

10-15oz

\$4.99

Harvest Values Price \$5.99



Woodstock Nut Butters

30% Off

Harvest Values Price



Carbone Pasta Sauces

15-24oz

\$6.99

Regular Price \$8.99



Rao's Pasta Sauces

24oz
25% Off

Regular Price

All Rao's products are on sale.



Garden of Eatin' Taco Shells

5.5oz

25% Off

Regular Price



All Garden of Eatin' products are on sale.



Field Day Salsas

16oz

2 For \$7

Harvest Values Price \$4.39



Late July

Tortilla Chips

10.1oz

\$3.99

Regular Price \$4.99



Lesser Evil

Moonions

6oz

\$3.69

Regular Price \$4.49



All Lesser Evil Products are on sale.



Quinn

Filled Pretzels

5-7oz

\$4.49

Regular Price \$5.99



11oz are on sale for \$5.99.



FitJoy

Grain-Free Pretzels

4.5oz

\$3.49

Regular Price \$4.49



Crackers are on sale for \$4.69.



Pip's

Heirloom Snacks

4.5-7oz

\$3.69

Regular Price \$4.69



The Good Crisp Company

Potato Crisps

5.6oz

2 For \$7

Regular Price \$4.49



5.5oz chips are on sale 2 for \$6.



gimme

Seaweed Snacks

.32-.35oz

2 For \$4

Regular Price \$2.49



Archer

Meat Snacks

25% OFF

Regular Price



Uglies

Potato Chips

5.5-6oz

2 For \$6

Regular Price \$4.49



Poppi

Prebiotic Sodas

12oz

2 For \$4

Regular Price \$2.49



Slice

Healthy Sodas

NEW

12oz

2 For \$4

Regular Price \$2.69



wildwonder

Sparkling Beverages

12oz

\$2.69

Regular Price \$3.49



Alo

Aloe Vera Drinks

16.9oz

2 For \$4

Regular Price \$2.79



Essentia

Sport Top Alkaline Water

23.4oz

\$1.39

Regular Price \$1.69

A case of 24/23.4oz is on sale for \$29.99.



OWYN

Protein Coffee Drinks

12oz

\$2.99

Regular Price \$4.19



All OWYN is on sale.



Nixie

Sparkling Water

8/12oz

\$4.99

Regular Price \$6.49



HOP WTR

Hop-Infused Sparkling Water

6/12oz

\$8.99

Regular Price \$11.99



Rambler

Sparkling Water

8/12oz

\$3.99

Regular Price \$4.99



Acure
**Hair & Body
Care Products**

25% Off
Suggested Retail



Four Sigmatic
**Mushroom-
Powered
Products**

25% Off
Suggested Retail
Sale excludes individual packets.



American Health
**All
Formulas**

25% Off
Suggested Retail



Boiron
**All
Formulas**

25% Off
Suggested Retail



Irwin Naturals
**All
Formulas**

20% Off
Suggested Retail



ION* Intelligence of Nature
**All
Formulas**

20% Off
Suggested Retail



Desert Essence
**All
Products**

25% Off
Suggested Retail



Avalon Organics
**Hair &
Body Care**

25% Off
Suggested Retail



Ancient Nutrition
**Functional
Multivitamins**

Select Varieties
25% Off
Suggested Retail



Charlotte's Web
**CBD
Gummies**

20% Off
Suggested Retail



LifeSeasons
**All
Formulas**

25% Off
Suggested Retail



Now Foods
**XyliWhite™
Toothpastes**

20% Off
Suggested Retail



Jason Natural Products
**Hair &
Body Care**

25% Off
Suggested Retail



Bluebonnet
**Magnesium
L-Threonate**

90 CAPS
\$29.99
Regular Price \$37.49



Enzymedica
**Colostrum
+ Probiotics**

3.25oz
\$33.49
Regular Price \$44.99



Other Enzymedica products are also on sale.

Just Thrive
**All
Formulas**

20% Off
Suggested Retail



**All Products
25% Off**
Suggested Retail



Harvest Health FOODS

All Harvest Health Foods
Immune Formulas

25% Off

Suggested Retail



MegaFood
**All
Products**

20% Off

Suggested Retail



Country Life
**All
Products**

25% Off

Suggested Retail



Nature's Way
**Immune
Formulas**

25% Off

Suggested Retail



Nordic Naturals
**All
Formulas**

25% Off

Suggested Retail



New Chapter
**All
Formulas**

30% Off

Suggested Retail



Kal
**All
Formulas**

25% Off

Suggested Retail



REDD Remedies
**Sinus
Formulas**

20% Off

Suggested Retail



Terry Naturally
**Immune
Formulas**

25% Off

Suggested Retail



**Seasonal
Wellness
Formulas**

20% Off

Suggested Retail



**All Bone Health
Formulas**

25% Off

Suggested Retail



Harvest Health FOODS

1944 Eastern Ave. SE, Grand Rapids
Mon - Sat 10 AM - 6 PM
(616) 245-6268

4150 32nd Ave., Hudsonville
Mon - Sat 9 AM - 8 PM
(616) 896-6630

6807 Cascade Rd. SE, Grand Rapids
Mon - Sat 9 AM - 8 PM
(616) 975-7555

12675 Greenly St., Holland
Mon - Sat 9 AM - 8 PM
(616) 251-1123

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.