

# Feeling Good From The Inside Out.

Organic Valley

## **Organic** Cheese

\$5.99 Regular Price \$7.29





Other Organic Valley products are also on sale.

## **Chocolate Covered Raspberries**

\$6.49 Regular Price \$7.99

Patagonian perfection.

# **Synergy** Kombucha

\$7.99 Regular Price \$8.99



Nuts for Cheese

# Dairy-Free Cheese

\$6.99 Regular Price \$8.99





Nuts for Cheese dips are also on sale.

Alec's

## **Organic Ice Cream Cups**

\$7.49 Regular Price \$9.49





14oz ice cream is also on sale for \$6.99.

Koia

## **Protein Drinks**

\$3.19 Regular Price \$4.49





Alexandre Family Farms

## Organic A2 **Chocolate Milk**

\$4.99 Regular Price \$6.99



Other Alexandre Family Farms products are also on sale.

Alden's Organic

## **Organic Ice Cream**

\$8.99 Regular Price \$10.49





Other Alden's ice cream treats are also on sale.

Califia

## **Barista Blends**

\$4.29 Regular Price \$4.99





Organic Oat Barista Blend is also on sale for \$4.69



Field Day

# **Pasture** Raised Eggs

\$4.99

Harvest Values Price \$5.49

Other Field Day eggs are also on sale.

Violife

## **Plant-Based** Cheese

Violife

Select Varieties

\$4.99

Regular Price \$5.89



Cascadian Farms

#### Frozen **Potatoes**

12-16oz

\$3.99

Regular Price \$6.19



Cascadian Farm

## **Cereals and** Granola

Regular Price \$6.19-\$6.49



Bob's Red Mill

## **Granolas** and Muesli

20% Off

Regular Price



Birch Benders

#### Pancake and **Waffle Mixes**

12-16oz

\$4.79-\$5.59

Regular Price \$5.99-6.99





## **Icelandic Yogurt**



PetitPot

Violife 🍱

## **Organic French Dessert 2-Packs**

2/40z \$4,49 Regular Price \$5.99



Balkan Bites



**Burek Pies** 

\$7.99 Regular Price \$10.19



Nature's Path

## **Organic** Cereals

Boxed Cereals

Regular Price \$5.19







Field Day

#### **Peanut** Butter

\$5,49

GRANOLA

BIRCH BENDERS

Harvest Values Price \$6.39



Other Field Day nut butters are also on sale.

Equal Exchange

## **Organic** Coffee

\$10.99

Regular Price \$13.49



Beyond Meat

## **Plant-Based** Meats

Select Varieties

20% Off Regular Price



ENGLISH MUFFIN

Thousand Hills

**Grass Fed Brisket Bacon** 

\$7,49



Other Thousand Hills products are also on sale.

Food For Life

## **English Muffins**

Select Varieties

20% Off





Atoria's Family Bakery

#### Lavash, Naan, and Pita **Breads**

\$3.69

Regular Price \$4.99





Field Day

Fruit **Spreads** 

\$3.99





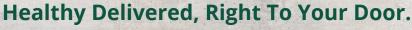


**Select Juices** Assorted Varieties

30% Off Regular Price







#### The Joy Of Summer Is Found In Every Bite.

Annie's Homegrown

## Mac & Cheese

2 For \$3 Regular Price \$2.49



Woodstock



Harvest Values Price





Field Day

**Organic** 

**Beans** 

\$1.89

\$5.99

USDA NON GIMO

Regular Price \$6.99

Dave's Killer Bread

Harvest Values Price \$2.3

**Snack Bites** 



Spectrum Naturals

## **Culinary** Oils

Select Varieties

25% Off Regular Price



**Bars** 

Simple Mills **Soft Baked** 

\$3.99

Regular Price \$5.69

Other Simple Mills products are on sale.

Tate's Bake Shop

Cookies

\$4.69 Regular Price \$6.49



Back To Nature

**Cookies and Crackers** 

25% Off

Regular Price

NON dimo

Marich

Chocolate Confections

1.75-20z

2 For \$4 Regular Price \$3.19

Made with Fair Trade Certified cocoa.

Patience Fruit Co.

Sour Cranberry **Candies** 

2.120z

2 For \$5 Regular Price \$2.99



MARICH

MARICH

field

Pamela's

## **Cookies** and **Crackers**

25% Off

Regular Price

All Pamela's products are on sale.

Annie's Homegrown

#### Snacks

7-7.507

\$3.99 Regular Price \$4.79















#### **Meat Bars**



2 For \$4 Regular Price \$3.29

Other Epic products are also on sale.

No Cow

## **Plant-Based Protein Bars**







Regular Price \$4.29



## Vegetable Chips

2 For \$7 Regular Price \$4.49

6.8oz and Tero Chips are on sale 2 for \$8.

Pipcorn

#### Snacks Assorted Varieties

\$3.69 Regular Price \$4.69



Kettle Brand

**Potato Chips** 

11.25-1307

\$4.99 Regular Price \$5.89



lust Ice Tea

## **Organic Tea Beverages**

\$2.19 Regular Price \$2.99



Yachak

## Yerba Mate **Energy Drinks**

2 For \$4 Regular Price \$2.69



Essentia

## **Ionized Alkaline** Water

1 Liter

\$1.59

Regular Price \$2.19

A case is also on sale for \$18.49.

LaCroix

TERRA

OTATO CHIPS

PARTY SIZE

#### **Sparkling Water** 12-Packs

12/1207

\$4.99

Regular Price \$5.99



Maison Perrier

## **Sparkling Beverages**

8/11.15oz

\$5.99 Regular Price \$8.99



**Snack Factory** 

# **Pretzel Crisps**

7.2 0Z

\$2.99 Harvest Values Price \$3.99



Other Snack Factory products are also on sale.

# **Sparkling Elixirs**

**\$2.29** Regular Price \$3.49



Clean Cause

## Yerba Mate **Drinks**

15.5-16oz

\$2,29 Regular Price \$2.99





zevia

Zevia

## **Zero Calorie** Sodas

6/12 07

Harvest Values Price \$6.79



Other Zevia products are also on sale.

Nixie

## **Zero Sugar Sodas**

2 For \$3 Regular Price \$2.49



Sanpellegrino

## **Sparkling Beverages**

6/11.15 oz

\$5.99

Regular Price \$7.69

Other Sanpellegrino products are also on sale.



## Aloe Vera **Beverages**

2 For \$4 Regular Price \$2.79









#### **Healthy Inside, Radiant Outside.**

Sustainable
Bamboo
Products
25% Off

Coboo coboo

Seventh Generation

Regular Price

Dishwasher Detergent

**\$6.19**Regular Price \$7.39

Other Seventh Generation products are also on sale

Ancient Nutrition

#### **Colostrum Formulas**



25% Off Suggested Retail



Mad Hippie

Select Skin Care

20% Off Regular Price

Now Foods

Xyli·White

20% Off Regular Price

Field Day

Hair and Body Care

\$4.99 Harvest Values Price \$5.99



Humble

#### **Deodorants**

20% Off Regular Price

Other Humble products are also on sale.

ACLIRE

Hair and Body Care

25% Off

Regular Price



Boiron

**Arnicare** 

25% Off Suggested Retail



American Health

**Ester-C Formulas** 

Select Varieties

25% Off Suggested Retail



All KAL Formulas

25% Off Regular Price

**Formulas** 

20% Off

Suggested Retail

NON Semant

**All True Grace** 

Whole Food-Based



Irwin Naturals

Men's Formulas

20% Off

Suggested Retail

Testoscone LP

RIPED MAN

Suprama and Annual Company of the Compan

Other Irwin Naturals products are also on sale.

**Just Thrive** 

**Probiotics** 

20% Off Suggested Retail



Nature's Way

Herbals and Probiotics

25% Off

Suggested Retail



Nordic Naturals

**Multivitamins** 

25% Off Suggested Retail



Other Nordic Naturals products are also on sale.

Harvest Health Foods

Men's Formulas 25% Off

Suggested Retail



#### **Elevate Your Everyday Wellness.**

Seminar June 17th, 6:30pm

**Hudsonville Harvest Health Foods** 

GLP-1: The Truth? The Hype? How To Achieve Blood Sugar **Balance Naturally** 

Seminar Speaker: Dan Chapman, Founder of REDD Remedies



**REDD Remedies** 

Crave Stop and In-Joy **Formulas** 

25% Off Regular Price



+PlusCBD

**All Formulas** 

25% Off

Suggested Retail



All +PlusHLTH products are also on so

Sunwarrior

**Proteins and** Creatines

25% Off

Suggested Retail



**All Vega Products** 25% Off Suggested Retail



Terry Naturally

Curamin® and CuraMed® **Formulas** 

25% Off

Suggested Retail





Herb Pharm

**Mushroom Wellness** Formulas

25% Off Suggested Retail



**All Country Life Formulas** 

25% Off Suggested Retail



**All Carlson Formulas** 

25% O Suggested Retail

Enzymedica



Garden of Life

**Vitamin Code Formulas** 

25% Off

Suggested Retail



Garden of Life

**Skin and Hair Growth Formulas** 

25% Off Suggested Retail





25% O

Suggested Retail



Other Enzymedica formulas are also on sale

**Probiotics and Fiber** 

Bravo Tea

## **Functional** Tea

\$4.99

Regular Price \$6.99





Solgar Select **Formulas** 25% Off Suggested Retail





1944 Eastern Ave. SE, Grand Rapids Mon - Sat 10 AM - 6 PM (616) 245-6268

4150 32nd Ave., Hudsonville Mon - Sat 9 AM - 8 PM (616) 896-6630

6807 Cascade Road. SE, Grand Rapids Mon - Sat 9 AM - 8 PM (616) 975-7555

12675 Greenly St., Holland Mon - Sat 9 AM - 8 PM (616) 251 -1123