

## Feeling Good from the Inside Out.®

Organic Valley

**Organic Cheese** Slices

\$5.49 Regular Price \$6.49



Organic Valley ghee is also on sale.

La Colombe

#### **Draft Lattes**

\$2.69 Regular Price \$3.49



La Colombe cold brew and oat milk draft lattes are also on sale.

Cosmic Bliss

#### **Frozen Desserts**

\$5.99 Regular Price \$8.19



Actual Veggies

**Veggie Burgers and Super Fries** 

\$6.29 Regular Price \$7.99



NON CMIO

Leisure Project

**Electrolyte** Refreshers

Regular Price \$2.69





#### **Frozen Desserts**

Dairy-Free

\$4.69 Regular Price \$6.99



Organic Prairie

## **Ground Beef**

\$10.49 Regular Price \$11.49



Other Organic Prairie ground meats are on sale.

wildwonder

#### **Probiotic Sparkling Drinks**

\$2.69 Regular Price \$3.49





Show your gut some love!

JonnyPops

#### **Frozen Treats**

Taste the freedom!

\$5.49 Regular Price \$6.49





Sweetened with honey.

## Nourish to flourish.

Califia Farms

## **Creamy** Refreshers

\$4.99

Regular Price \$5.99



Almond Breeze

## **Almond Milk**

\$3.69 Regular Price \$4.39



cocojune

CALIFIA

Almond Breeze 32 oz almond milks are also on sale.

cocojune

CALIFIA

cocojune

## Coconut Yogurt

\$7.69

Regular Price \$8.39



Other cocojune products are also on sale.

Bitchin' Sauce

## **Dairy-Free** Sauces

\$4.99 Regular Price \$6.79



Myles Comfort Foods

#### Mac & Cheese

\$5.49 Regular Price \$7.99



Field Day

#### **Organic Fries**

\$4.99





## **Cold Pressed** Juice

\$4.29

Regular Price \$4.99



Elmhurst

## **Plant Based** Milks

\$5.69

Field Day

Eggs

\$4.99

Harvest Values

Price \$5.49

Ithaca

Regular Price \$6.79



Other Elmhurst products are also on sale

**Pasture Raised** 



Organic Valley

\$6.69

Regular Price \$7.89

## **Heavy Cream**

**Cold Pressed** 

Wellness shots are also on sale.

Juice

\$3.49

Regular Price \$4.29

Maple Hill Creamery

**Organic Milk** 

\$5.49 Regular Price \$6.19

Cleveland Kitchen

## **Pickles and** Kraut

25% Off

Regular Price MON MINON



Woodstock Farms

# Organic Mixed Berries

1007

\$4.89

Harvest Values Price \$5.49



Food For Life

#### **Ezekiel 4:9 Sprouted Buns**

\$5,49

Regular Price \$6.99



Other Food For Life products are also on sale.







Other Ithaca products are also on sale.

Woodstock Farms

## Organic Frozen Pastas

Harvest Values Price \$8.99

UDI's

#### **Gluten-Free Buns**

\$4.69 Regular Price \$6.19











## Breathe deep, live clean, love summer.

Safe Catch

Safe Catch.

Safe Catch.

Bionaturae

Nature's Path

## **Family Sized** Cereal

\$7.99-\$9.49



Nature's Path toaster pastries are also on sale.

Annie's Homegrown

**Organic Mac &** Cheese

2 For \$6

Regular Price \$3.99





UCKERPUNCH

Suckerpunch

**Pickles** 

\$5.99 Regular Price \$7.99



LARABAR **Bars** 

4 For \$5 Regular Price \$1.89



Field Day

**Animal Cookies** 

8-10.5oz

\$3.49

Harvest Values Price \$4.49



Somos

**Salsas** Family Recipes

\$3.69





Other Somos products are also on sale.

SOMOS FIRE ROASTED

SOMOS SALSA VERDE

Safe Catch

Canned Fish

50z 25% Off Regular Price



Bionaturae

Sourdough Pasta

\$2.79 Regular Price \$3.99



All Bionaturae products are on sa

Primal Kitchen

Select **Products** 

25% Off Regular Price



Mavuno Harvest

**Dried Fruit** 2-407

\$2.99 Regular Price \$3.99





Other Mavuno Harvest items are also on sale.

LILYS

LILY'S

**Chocolate Bars** 

Stevia Sweetened

25% Off Regular Price

Other Lily's products are also on sale.

Late July









Field Day

## **Organic Canned Beans**

\$1.89

Harvest Values Price \$2.39



Field Day

**Organic Pasta Sauce** 

2 For \$7

Harvest Values Price \$3.99



La Tourangelle



Select Varieties

30% Off

Regular Price



White Leaf Provisions

**Baby Food** 

2 For \$4





LILYS

Biodynamic and regeneratively farmed.

Chocolove xoxox

Chocolate **Bars** 

2 For \$6 Regular Price \$3.99





Other Chocolove products are also on sale.

**Tortilla** Chips Grain-Free



























## Feeling Good from the Inside Out.®

humble

BOOM ....

LesserEvil

## **Organic Popcorn**

\$3,19 Regular Price \$4.19



Clean snacks without compromise.

Quinn.

POPCORA

ouinn

**Gluten-Free Pretzels** 

Select Varieties

\$4.49

Regular Price \$5.99



Pop Daddy

**Pretzel** Sticks

2 For \$6

Regular Price \$3.99

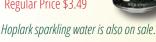


Hoplark

**Sparkling HopTea** 

\$2.49

Regular Price \$3.49



**Prebiotic Sodas** 

\$1.99 Regular Price \$2.49

Be gut happy, be gut healthy.

**Eternal Water** 

**Natural Alkaline Spring Water** 

2.5 Liter

Harvest Values Price \$2.89

A case of 6 is on sale for \$12.99.



## **Organic Potato Chips**

2 For \$6

Regular Price \$4.69



Plastic negative and compostable bags.

Angie's Boomchickapop

#### **Popcorn** 4.4-7oz

\$3.19 Regular Price \$4.19



Fit|oy **Pretzels** 

Grain-free and Gluten-free

\$3.39

Regular Price \$4.49

HOP WTR

6/12 07

\$8.99

Regular Price \$11.99



FitJoy crackers are also on sale.

**Sparkling Hop Water** 



Boulder Canyon

## **Potato** Chips

2 For \$6





Lots of non-seed oil options!

BOULDED

BOULDED

Uplies



2 For \$6 Regular Price \$4.49



Made from upcycled spuds, bud.

The Good Crisp Company



\$2.99 Regular Price \$3.99





#### **Tonic** Water 4/7.5oz

\$3.99

Regular Price \$4.69



Other Q Mixers are also on sale.

Waterloo

## **Sparkling Water**

\$5.99























Regular Price \$6.49











\$5.99

Regular Price \$7.99

Proud Source

**Spring Water** 



HOPTEA

\$2.49 Regular Price \$2.99

16oz bottles are also on sale for \$1.79.

#### Glow naturally all summer long.

Ingredients Matter

Laundry Soap

30oz

\$13.99

Regular Price \$19.99

NEW LAUNDR AUNDRY Sensitive skin and planet-friendly.

**All Badger Products** 

20% Off Regular Price

Clean products for the best summer ever.

**Premium Toothpaste** 

25% Off Regular Price

Now Foods



HiBAR

Shampoo & Conditioner

3.207

25% Off

Regular Price

Excludes sampler packs.

**Aromashield Products** 

20% Off

Suggested Retail

Defend against outdoor pests naturally.

20% Off

Regular Price NON dimo



+PlusCBD\* All Softgels

20% Off Suggested Retail



All Charlotte's Web **CBD Formulas** 

20% Off Suggested Retail





25% Off Suggested Retail



Wyld CBD

**CBD Gummies** 

20% Off

Suggested Retail

Nature's Way



Ancient Nutrition

Colostrum **Formulas** 

25% Off

Suggested Retail

Other Ancient Nutrition formulas are also on sale.

NEW

OLOSTRU

Nordic Naturals

**Ultimate Omegas** 

Select Varieties

25% Off

Suggested Retail



COLOSTRUM

**Formulas** 

**Irwin Naturals Energy** 

20% Off Suggested Retail

Other Irwin Naturals formulas are also on sale.

25% Off

Regular Price



ION\* Intelligence of Nature

**Gut Support Formulas** 

20% Off

Suggested Retail





## Healthy from the outside starts from the inside.

## **All American Health Formulas**

25% Off Suggested Retail



All Wishgarden **Formulas** 

20% Off Suggested Retail

A big, herbal hug.

Terry Naturally Curamin® and CuraMed® **Formulas** Tirry Naturally Curamin 25% Off Suggested Retail

All MegaFood Formulas

20% Off ted Retail



Enzymedica

Let's Go Fiber+ **Products** 

25% Off Suggested Retail



**REDD Remedies** 

#### Women's **Formulas**

20% Off Suggested Retail



Other Enzymedica formulas are also on sale.

## Terry Naturally OPC **Formulas**

25% Off Suggested Retail

Powerful French grape seed extract.

**All Bionox Formulas** 

20% Off Suggested Retail

Feel better. Be better.



Boiron

## **Digestive Formulas** 25% Off

Suggested Retail



Keep your belly calm and happy.

Garden of Life

## All Dr. Formulated Formulas

25% Off Suggested Retail













**1CTOIL** 911

New Chapter **Bone Strength Formulas** 25% Off

Suggested Retail



Strong, healthy bones and teeth.

Healthy Aging Formulas

25% Off Suggested Retail



Harvest Health Foods

## **Stress Formulas**

25% Off Suggested Retail













1944 Eastern Ave. SE, Grand Rapids Mon - Sat 10 AM - 6 PM (616) 245-6268

4150 32nd Ave., Hudsonville Mon - Sat 9 AM - 8 PM (616) 896-6630

6807 Cascade Rd. SE, Grand Rapids Mon - Sat 9 AM - 8 PM (616) 975-7555

12675 Greenly St., Holland Mon - Sat 9 AM - 8 PM (616) 251-1123