# And Andrew States Since 1952

# Feeling Good From The Inside Out.®



ALL SALE ITEMS ARE WHILE SUPPLIES LAST AND SUBJECT TO AVAILABILITY. NOT ALL ITEMS ARE AVAILABLE AT ALL LOCATIONS. WE RESERVE THE RIGHT TO CORRECT PRINTING ERRORS.

## Lifelong Health Starts With Everyday Choices.



**Icelandic Provisions** 

Icelandic Yogurt

\$1.79

**Regular Price** 

\$2.29-\$2.39

Nuts for Cheese

Cheese

\$6.99

Regular Price \$8.99

**Organic Dairy-Free** 

Skyr



📖 🏹 🎬 Other Nancy's products are also on sale.



Planet Oat

52 07

**Oatmilk** 



Green Valley

Y 🧱 Shelf stable oatmilk is also on sale

Green Valley Creamery

# **Organic Yogurt**

Lactose-Free, 24 oz

\$5.99 Regular Price \$6.99

(USDA) Other Green Valley products are also on sale.

Suja **Organic Juice** Cold Pressed \$3.49 Regular Price \$4.29

Wellness shots are also on sale.

Better Booch Organic Kombucha 2 For \$5 Regular Price \$2.99





Califia Farms

\$4.39

**Plant Milks** 

Select 48 oz Varieties

Regular Price \$4.99

Creamers

Regular Price \$5.99-\$6.29

Select Varieties

\$4.99



CALIFIA CALIFIA

22

LMONDMIL

CALIFIA

OAT

CALIFIA

French Vanilla



No refined sugar, gluten, dairy, or soy.

Canyon Bakehouse **Gluten-Free Bread** 

\$6.99 Regular Price \$9.79-\$7.89 





Shop Online with Harvest Cart at HarvestHealthFoods.com

(USDA) Nuts for Cheese dips are also on sale. Koia Protein **Drinks** \$3.49 Regular Price \$4.49

16.5 oz





Use I use Fruit Spreads are also on sale.

Food For Life **English Muffins** Select Varieties





www XIIII Other Food For Life products are also on sale.



USDA







\$4,49 Regular Price \$5.79

Honey Mama's

Truffle



### Your Future Self Will Thank You For Eating Well Today.



\$5.29 Regular Price \$5.99 





Against The Grain Pizza Gluten-Free & Grain-Free

\$9.99 Regular Price \$14.99

Cheese

USDA

Momofuku

**Regular Price** 

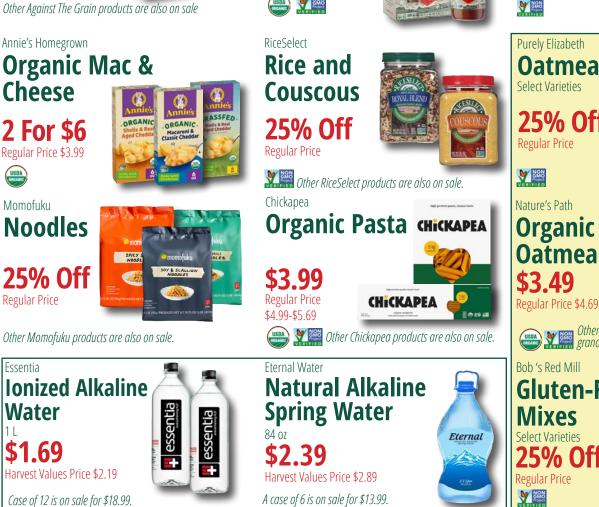
Essentia

11

Water

\$1.69

Other Against The Grain products are also on sale



MILA **Dumplings** 

Bionatura

Feel Good Foods **Gluten-Free Snacks** \$6.99 Regular Price \$8.99 

Pasta, Tomatoes and

Bionaturae

**Olive Oil** 

25% Off

**Regular Price** 

USDA

Milá

Soup

\$6.49

Regular Price \$8.99



Carbone **Pasta Sauce** 24 oz

Cappello's

**All Products** 

Gluten-Free & Grain-Free

25% Off

Regular Price

Vista Hermosa

Tortillas Select Varieties

20% Off

Regular Price

\$6.99 Harvest Values Price \$8.99 CARBONE CARBONE

CAPPELLOS

CAPPELLO'S

SWEET POTATO

CAPPELLOS



25% Off





Organic Oatmeal



() Other Nature's Path oatmeals and granolas are also on sale.



Follow Us On Facebook and Instagram.

#### Better Choices, Better For You - One Bite At A Time.

**Probiotic Sodas** 





55 BAIRYEN 55 BAIRYEN

hocolor Chocolove

ea Salt Raspberries

🎯 🛄 🍪

Heavenly Hunks Oatmeal **Snacks** 2 For \$7 Regular Price \$4.99

poppi

4/12 07

\$7.49

Regular Price \$8.99



Heavenly Hunks Mini's are also on sale.

lustin's **Nut Butter** Cups \$1.79 Regular Price \$2.39



Other Justin's products are also on sale.

Pop Daddy Pretzel **Sticks** \$2.69 Regular Price \$3.99



The Good Crisp Company **Snacks** 

\$2.99 Regular Price \$3.99 









gomacro

**Bars** 

USDA

**2 For \$**5

Regular Price \$3.19

**Organic Protein** 

\$4.69 Regular Price \$6.49

Meat Sticks

Nick's Sticks

\$2.49

Regular Price \$3.59







Might Simply products are also on sale.

Healthy Delivered, Right To Your Door.

HU

Chocolove xoxox

**Bars** 

\$2.99

Regular Price \$3.99

Chocolate

alō

**Chocolate Bars** \$3.99 Regular Price \$5.49





\$4.99 Harvest Values Price \$5.69

Mer Kettle chips are also on sale.



2 For \$6 Harvest Values Price \$3,99 





(ISBA) Plastic negative and compostable bags.



SNACK FACTORY

SEA SALT















OOD

Gum and Mints Select Varieties \$2.39 Regular Price \$3.19

Main and the set of th Taza Chocolate TAZA Bars

TAZ SEA SALT & ALMOND WICKED RASPBERRY

BOBOS

Other Taza chocolate products are also on sale.





Healthier Habits Make Happier Years. We Can Help.

#### Invest In Your Health -- It's The Best Return.



4150 32nd Ave., Hudsonville

12675 Greenly St., Holland Mon - Sat 9 AM - 8 PM (616) 251 -1123

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Mon - Sat 9 AM - 8 PM (616) 896-6630