















Bubbies

Krauts and Pickles

20% Off Regular Price



Protein Bars

1.94-2.3oz

2 For \$5

Regular Price \$3.49

4th & Heart

Ghee Butter Sticks

\$5.29

Regular Price \$6.89



Plant-Based Protein Drinks

2 For \$7 Regular Price \$4.49

Cosmic Bliss

Plant-Based Ice Creams

\$6,49

Regular Price \$8.29



Regular Price \$6.49



Thousand Hills

Regenerative 85/15 **Ground Beef**

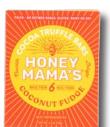
\$8.99

Regular Price \$9.49



2.50z

\$4,49



GROUND BEEF

Woodstock

Kimchi and Sauerkraut

\$6,49

Harvest Values Price \$7.79



Honey Mama's

Truffle Bars

Regular Price \$5.29



Miss Jones Baking Co.

Cookie **Doughs**

11.84oz

20% Off

Regular Price



Field Day

Pasture Raised Eggs

1 Dozen

\$4.99

Harvest Values Price \$5,49

So Delicious

5.30z

Dairy-Free

Yogurts

Regular Price \$2.19

\$1.89

So Delicious



Green Valley

Cream Cheese

\$4.99

Regular Price \$5.49

Other Green Valley products are also on sale.

Nancy's

Probiotic Sour Cream

\$2.69

Regular Price \$3.49



Dairy-Free Cocowhip

24oz varieties are on sale for \$5.49.

\$4,49 Regular Price \$5.29



Food For Life

English Muffins

20% Off

Regular Price



Other select Food For Life items are also on sale

Cappello's

20% Off







Regular Price

All Cappello's items are on sale.





Field Day

Potatoes

\$5.69







\$7.49 Harvest Values Price \$8.99



Simple Mills

Baking Mixes

\$6.99 Regular Price \$8.69



Namaste **Baking** Mixes

30% Off Regular Price



Woodstock

Organic Sugars

35% Off Harvest Values Price



Shady Maple Farms

Maple Syrups

25% Off Regular Price



Snack Factory

Pretzel Crisps

2 For \$6 Regular Price \$3.99

SNACK FACTORY Fretzel Crisps Mary's Gone Crackers

Crackers

25% Off Regular Price



Amy's

Organic Soups

\$3.69 Regular Price \$4.69



Carbone

Pasta Sauces

15-24oz

\$7.49 Regular Price \$8.99



Rao's

Pastas and Sauces

25% Off Regular Price



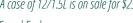
Essentia

Alkaline Water

\$2.19

Harvest Values Price \$2.79

A case of 12/1.5L is on sale for \$23.99.



Equal Exchange



S. Pellegrino

Sparkling Mineral Water

\$2.49

Regular Price \$2.99



Q Mixers

Mixers

\$3.99 Regular Price \$4.99

Other Q Mixes and large sizes are also on sale.

Numi Tea

Organic Teas Turmeric

12-18 Count

\$5.99 Regular Price \$7.39



Fairly-Traded Coffees

1207

25% Off Regular Price

Endangered Species

Chocolate Bars

30z

\$3.99

Regular Price \$4.99



N.

forest mint

1 3



Teas 20 Count

\$4.99 Regular Price \$6.99



Stone-Ground **Chocolates**

2.5-3.5oz

\$4.99

Regular Price \$6.49



Marich

Chocolates

1.75-207

\$2.49 Regular Price \$3.49





HEALTHY GROCERIES. HEALTHY VITAMINS.
HEALTHY GIFTING INSPO, FROM US TO YOU.



fine chocolates



clean candles and mists

diffusers and oils



cuddly comfort



Some holiday items not available at all Harvest Health Foods locations. Klean Kanteen

Stainless Steel **Containers** 15% Off

Suggested Retail

Derma E

All **Products**

25% Off Suggested Retail



Magnesium **Products**

25% Off Suggested Retail

American Health

Vitamin C **Formulas**

25% Off Suggested Retail

Herb Pharm

All **Formulas**

25% Off Suggested Retail

Himalaya

PartySmart Formulas

25% Off Suggested Retail



life flo.

Inesscents **Aromatic Botanicals**

20% Off Suggested Retail

Humble Brands

All **Products**

20% Off Suggested Retail

Ancient Nutrition

Creatine Formulas

25% Off Suggested Retail





BOIRON Suggested Retail

+PlusCBD

All **Formulas** 25% Off Suggested Retail



Humble

CREATINE

COLD RELIEF

ColdCalm

Pranarom

All **Products**

20% Off Suggested Retail



All Zum Products

20% Off

Suggested Retail

Sale excludes bulk bar soaps.

BIOptimizers



25% Off Suggested Retail



RANARÔM



Dinner Duos Formulas

25% Off Suggested Retail



Nature's Way

Select **Formulas**

25% Off



Suggested Retail













Harvest Health

All Adrenal, Stress, and Sleep Support Formulas 25% Off







New Chapter

All Formulas

30% Off Suggested Retail



Nordic Naturals

Magnesium Formulas

25% Off Suggested Retail



Now Foods

All Supplements

20% Off Suggested Retail



Wiley's Finest

Wild Alaskan Fish Oils

20% Off Suggested Retail



Terry Naturally

CuraMed® and Curamin® Formulas

25% Off

Suggested Retail



Irwin Naturals

Emotional Wellness Formulas 20% Off

Suggested Retail



Bionox

All Formulas

15% Off

Suggested Retail



LifeSeasons

Stress Support Formulas

25% Off

Suggested Retail



REDD Remedies

Select Formulas

20% Off

Suggested Retail



Kokora

All NEW Formulas

30% Off Suggested Retail





Proteins,
Vitamin
Code, and Dr.
Formulated
Formulas









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