

Harvest Health FOODS

Local Since 1952



APRIL 2025

Feeling Good From The Inside Out.®

ECOS
Laundry Detergent

100 oz
25% Off
Regular Price



Other ECOS laundry products are also on sale.

All Klean Kanteen Products

20% Off
Suggested Retail



Alexandre Family Farms
Organic A2 Chocolate Milk

25.3 oz
\$4.99
Regular Price \$6.99



Other Alexandre Family Farms products are also on sale.

CABOO
Sustainable Bamboo Products

25% Off
Regular Price



If You Care
Environmentally Friendly Home Supplies

25% Off
Regular Price



Bellwether Farms
A2 Organic Yogurt

\$1.89
Regular Price \$2.29



Bellwether Sheep yogurt is also on sale.

Seventh Generation
Healthy Home Products

15% Off
Harvest Values Price



Humble
Organic Potato Chips

2 For \$7
Regular Price \$4.69



Plastic negative and compostable bags.

Alec's Ice Cream
A2 Organic Ice Cream

\$6.49
Regular Price \$8.99



A2 + Regenerative Organic Ice Cream.

Some items may not be available due to unforeseen shortages. Not responsible for typographical errors.

Eating Healthy Is A Form Of Self Respect.

Elmhurst Plant Based Milks

\$5.89
Regular Price \$6.79

 Elmhurst creamers are also on sale.



Icelandic Provisions Skyr Icelandic Yogurt

\$1.89
Regular Price \$2.29

Icelandic Provisions oatmilk yogurt is also on sale.



Field Day Organic Eggs

\$5.39
Harvest Values
Price \$5.89

Other Field Day eggs are also on sale



Califia Farms Plant Milks Select 48 oz Varieties

\$4.19
Regular Price \$4.99



Creamers Select Varieties

\$4.99
Regular Price \$5.99-\$6.29



Organic Valley Sliced Cheese

\$5.49
Regular Price \$6.49



Egglife Egg Wraps

\$4.99
Regular Price \$6.79



Good Culture Organic Sour Cream

\$3.69
Regular Price \$4.99



Good Culture cream cheese is also on sale.



Ithaca Hummus Assorted Varieties

\$4.49
Regular Price \$5.69

 Other Ithaca products are also on sale.



Immaculate Baking Company Cinnamon Rolls

\$6.49
Regular Price \$8.99



 Other Immaculate Baking products are also on sale.



Miyoko's Creamery Organic Plant Butter

\$4.69
Regular Price \$5.99



Nuts for Cheese Dairy-Free Cheese

\$6.99
Regular Price \$8.99



Nuts for Cheese dips are also on sale.



Kite Hill Dairy-Free Cream Cheese

\$6.49
Regular Price \$7.99



Bitchin' Sauce Sauces Dairy-free

\$5.49
Regular Price \$6.79



Suja Organic Juice

Cold Pressed
\$3.49
Regular Price \$4.29



Wellness shots are also on sale.



Better Booch Organic Kombucha

12 oz
\$2.49
Regular Price \$2.99



GT's Organic Kombucha

Select Varieties
2 For \$6
Regular Price \$3.89



Healthy Delivered, Right To Your Door.

Let Food Be Thy Medicine and Medicine Be Thy Food. Hippocrates

Thousand Hills

Heritage Smoked Bacon

\$6.49

Regular Price \$6.99



Other Thousand Hill products are also on sale.

Cascadian Farm

Cauliflower Rice

2 For \$8

Regular Price \$5.79



Eat Meati

Plant Based Meat

\$6.99-8.99

Regular Price \$8.99-\$10.99



Kite Hill

Tortellini and Ravioli

Dairy-Free

\$6.69

Regular Price \$9.49



Baris

Chocolate Covered Raspberries

\$6.49

NEW

Regular Price \$7.99



Ice Cream For Bears

Ice Cream

\$6.49

Regular Price \$7.99



Shady Maple

Maple Syrup Products

25% Off

Regular Price



Field Day

Potatoes

\$4.99

Harvest Values

Price \$5.99



Field Day

Wood Fired Pizza

\$5.99

Harvest Values

Price \$6.99



Cascadian Farm

Cereals and Granola

2 For \$8

Regular Price \$5.79-\$6.49



Birch Benders

Pancake and Waffle Mixes

25% Off

Regular Price



Lovebird

Grain-Free Cereal

\$6.99

Regular Price \$8.49



Nature's Path

Family Sized Cereal

\$7.99-\$8.99

Regular Price \$9.99-\$11.19



Other Nature's Path products are also on sale.

Carbønaut

Low Carb Bread

Gluten-free

\$6.49

Regular Price \$7.89-\$8.49



Little Northern Bakehouse

Breads and Bagels

Gluten-free

\$5.69

Regular Price \$6.99-\$7.39



Silver Hills Bakery

Sprouted Breads

\$4.89

Regular Price \$5.29-\$6.49



Food For Life

English Muffins

Select Varieties

\$5.99

Regular Price \$6.79



Other Food For Life English muffins are also on sale.

One Degree

Sprouted Oatmeals

25% Off

Regular Price



Other One Degree products are also on sale.

Like Harvest Health Foods On Facebook.

The Secret To Baking Is Quality Ingredients With A Dash Of Love.

Bob's Red Mill Baking Flour

25% Off
Regular Price

Other Bob's Red Mill products are also on sale.



All Pamela's Products

Gluten-free
20% Off
Regular Price



Enjoy Life Baking Chips

Dairy-Free
\$4.99
Regular Price \$6.99



Miss Jones Baking Mixes

Assorted Varieties
\$5.99
Regular Price \$6.99

Other Miss Jones products are also on sale.



Flavorganics Organic Extracts

30% Off
Regular Price



LILY'S Baking Chips

Stevia Sweetened
25% Off
Regular Price



Spectrum Naturals Culinary Oils

Assorted Varieties
25% Off
Regular Price



La Tourangelle Artisan Oils

Select Varieties
25% Off
Regular Price



Woodstock Organic Sugar

20% Off
Harvest Values Price

Other Woodstock products are also on sale.



Nature Nate's Honey

100% Pure Raw and Unfiltered
25% Off
Regular Price



Blue Lotus Masala Chai Tea

2 oz - 3 oz
\$11.49
Regular Price \$15.99-\$17.29



Equal Exchange Organic Coffee

\$8.99
Regular Price \$11.99

Decaf coffee is also on sale for \$10.49



Navitas Organics Superfoods

Select Varieties
30% Off
Regular Price



Suckerpunch Pickles

\$5.99
Regular Price \$7.99

Suckerpunch pickle chips are also on sale.



Choice Organics Organic Tea

\$3.89
Regular Price \$5.49



Woodstock Nut Butters

20% Off
Regular Price



Somos Salsas

\$3.69
Regular Price \$4.49

Other Somos products are also on sale.



Emerald Cove Sea Veggies

Assorted Varieties
30% Off
Regular Price



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Rao's Pasta Sauce

\$6.99
Regular Price \$8.39



Other Rao's products are also on sale.

Field Day Organic Pasta

\$2.29
Harvest Values
Price \$2.99



Other Field Day products are also on sale.

Carbone Pasta Sauce

24 oz
\$6.99
Harvest Values Price \$8.99



All Jovial Products

30% Off
Regular Price



Other Jovial products are also on sale.

Annie's Homegrown Mac & Cheese

2 For \$3
Regular Price \$2.49



Imagine Foods Organic Soups

\$4.49
Regular Price \$5.99



Imagine broth and stock are also on sale.

RiceSelect Rice and Couscous

25% Off
Regular Price



Other RiceSelect products are also on sale.

Seeds Of Change Rice and Quinoa

\$2.69
Regular Price \$3.69



Wild Planet Seafood

25% Off
Regular Price



Simple Mills Crackers

25% Off
Regular Price



Other Simple Mills products are also on sale.

Mary's Gone Crackers Crackers

Gluten-Free
\$4.49
Regular Price \$5.89



White Leaf Provisions Baby Food

\$1.99
Regular Price \$2.49



Alter Eco Chocolate Bars

2 For \$7
Regular Price \$4.49



Equal Exchange Chocolate

2 For \$7
Regular Price \$4.99



Other Equal Exchange products are also on sale.

Quinn Gluten-Free Pretzels

Select Varieties
\$4.49
Regular Price \$5.99



Emmy's Coconut Cookies

\$4.69
Regular Price \$5.99



Annie's Homegrown Organic Sandwich Cookies

2 For \$8
Regular Price \$5.99



Element Topped Rice Cakes

\$3.49
Regular Price \$4.99



Like Harvest Health Foods On Facebook.

Feeling Good From The Inside Out.®

Annie's Homegrown

Organic Snacks

2 For \$7
Regular Price \$4.79



Annie's Homegrown

Organic Fruit Snacks

2 For \$8
Regular Price \$6.99



Lakewood

Select Juices

Assorted Varieties

30% Off
Regular Price



No Cow

Plant-Based Protein Bars

\$2.29
Regular Price \$2.99



gomacro

Organic Protein Bars

2 For \$5
Regular Price \$2.99



Nixie

Zero Sugar Classic Sodas

2 For \$3
Regular Price \$2.49



Snack Factory

Pretzel Bites

9 oz

\$4.49
Regular Price \$5.49



Little Secrets

Candy

\$4.99
Regular Price \$6.99

Other Little Secrets candy is also on sale.



Essentia

Ionized Alkaline Water

23.4 oz, Sport Top

\$1.39
Harvest Values Price \$1.69

Case of 24 is on sale for \$29.99.



Kettle Brand

Potato Chips

4.25-5 oz

\$3.29
Harvest Values Price \$3.79



Other Kettle Chips are also on sale.



poppi

Probiotic Sodas

4/12 oz

\$7.49
Regular Price \$8.99



Proud Source

Rocky Mountain Spring Water

16 oz

2 For \$3
Regular Price \$1.79
Proud Source sparkling water is also on sale.



Terra Chips

Chips

\$3.69
Regular Price \$4.49-\$5.69



RIOT Energy

Organic Energy Drinks

\$2.19
Regular Price \$2.89

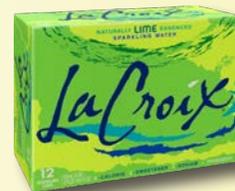


LaCroix

Sparkling Water

12/12 oz

\$4.99
Regular Price \$5.99



Pipcorn

Snacks

Assorted Varieties

\$3.79
Regular Price \$4.69



Just Ice Tea

Organic Ice Tea

2 For \$4
Regular Price \$2.99



Rambler

Sparkling Water

8/12 oz

\$3.99
Regular Price \$4.99



Find Our Fresh Organic Produce Selection On Harvest Cart.

Nature Provides The Best Ingredients.

Davids
**Premium
 Toothpaste**
25% Off
 Regular Price



**All Desert Essence
 Products**
25% Off
 Regular Price



Himalaya
Oral Care
25% Off
 Suggested Retail



Melora
**Mānuka
 Skin Care**
25% Off
 Regular Price



ACURE
Face Care
25% Off
 Regular Price
100% Clean, vegan beauty.



Now Foods
Carrier Oils
20% Off
 Regular Price




REDD Remedies
**Sinus and Respiratory
 Formulas**
25% Off
 Suggested Retail



*Seminar April 15th 6:30
 Holland Harvest Health Foods*
**Allergy Relief: Allergens, Stress,
 & The Allergic Response**
Speaker:
 Stacey Littlefield,
 Master Herbalist
 with Redd Remedies



RSVP:

ION* Intelligence of Nature
**Gut Support
 Formulas**
20% Off
 Suggested Retail



Boiron
**AllergyCalm and
 SinusCalm**
25% Off
 Suggested Retail



Wishgarden
**Seasonal Support
 Formulas**
20% Off
 Suggested Retail



American Health
**Papaya
 Formulas**
25% Off
 Suggested Retail



**All Four Sigmatic
 Products**
25% Off
 Suggested Retail



 Four Sigmatic Coffee is also on Sale.

Orgain
**Organic
 Protein**
25% Off
 Regular Price



 Other Orgain proteins are also on sale.

Nordic Naturals
Ultimate Formulas
 Select Varieties
25% Off
 Suggested Retail



Enzymedica
**Berberine and Apple
 Cider Vinegar**
25% Off
 Suggested Retail



Other Enzymedica products are also on sale.

Nature's Way
**Weight Manager
 Drink Mixes**
25% Off
 Suggested Retail



**All Barlean's
 Formulas**
20% Off
 Suggested Retail



Follow Harvest Health Foods On Instagram.

Healthy From The Outside Starts From The Inside.

+Plus HLTH
HAPPY LIVING THROUGH HEALTH

20% Off
Suggested Retail



All Charlotte's Web CBD Formulas

20% Off
Suggested Retail



Ancient Nutrition
Glandular Formulas

25% Off
Suggested Retail



Other Ancient Nutrition formulas are also on sale.

Harvest Health Foods
Mushroom Formulas

25% Off
Suggested Retail



Solgar
Vitamin B Formulas

25% Off
Suggested Retail



All MegaFood Formulas

20% Off
Suggested Retail



Gaia Herbs
Turmeric Formulas

25% Off
Suggested Retail



Other Gaia Herbs formulas are also on sale.

Garden of Life
Dr Formulated Probiotics and Collagen Formulas

25% Off
Suggested Retail



Terry Naturally
Curamin® and CuraMed® Formulas

25% Off
Suggested Retail



Other Terry Naturally formulas are also on sale.

All Solaray Formulas

25% Off
Suggested Retail



All Irwin Natural Formulas

20% Off
Suggested Retail



1944 Eastern Ave. SE, Grand Rapids
Mon - Sat 10 AM - 6 PM
(616) 245-6268

4150 32nd Ave., Hudsonville
Mon - Sat 9 AM - 8 PM
(616) 896-6630

6807 Cascade Road. SE, Grand Rapids
Mon - Sat 9 AM - 8 PM
(616) 975-7555

12675 Greenly St., Holland
Mon - Sat 9 AM - 8 PM
(616) 251-1123

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE. SOME ITEMS MAY NOT BE AVAILABLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.