

Harvest Health

FOODS

Since 1952



January 2025

Feeling Good From The Inside Out. ®

All Harvest Health Foods Formulas

25% Off

Suggested Retail

Quality you can be confident in. We have our name on it!



Yogi Organic Teas

16 Tea Bags

\$3.99

Regular Price \$4.99



Nutcase Vegan Vegan Meat Alternatives

\$3.69

Regular Price \$4.99



Nutty Roast is on sale \$7.49

Woodstock Farms Organic Fruit

32 oz

\$10.99

Regular Price \$12.99



Other Woodstock products are also on sale.

Thousand Hills Top Sirloin Beef Steak

Lifetime Grazed, 100% Grass Fed

\$11.79

Regular Price \$12.99



Other Thousand Hills meat is also on sale.

Elmhurst Plant Based Milks

\$5.99

Regular Price \$6.79



Field Day Pizzas

\$5.99

Regular Price \$6.99



Other Field Day products are also on sale.

Navitas Organics All Superfoods

30% Off

Regular Price



Nancy's Organic Yogurt

100% Grass-fed, 24 oz

\$4.99

Regular Price \$6.19



Other Nancy's products are also on sale.

Organic Valley Stringles

\$5.99

Regular Price \$7.29



Organic Valley ghee is also on sale.

Nixie Zero Sugar Classic Sodas

2 For \$3

Regular Price \$2.49



Nixie sparkling waters are also on sale.

ALL SALE ITEMS ARE WHILE SUPPLIES LAST AND SUBJECT TO AVAILABILITY. NOT ALL ITEMS ARE AVAILABLE AT ALL LOCATIONS. WE RESERVE THE RIGHT TO CORRECT PRINTING ERRORS.

Nourish Your Body With Real Food.

Califia Farms

Organic Plant Milk

\$5.49

Regular Price \$6.49



MALK

Organic Plant Milk

\$5.49

Regular Price \$6.69



Milk creamers are also on sale.



JUST

Plant-Based Eggs and Dressings

\$5.99

Regular Price \$6.99

Other JUST products are also on sale.



Califia Farms

Organic Creamers

\$5.49

Regular Price \$6.49



Almond Breeze

Almond Milk

64 oz

\$3.79

Regular Price \$4.39



Almond Breeze 32 oz almond milks are also on sale.



Miyoko's Creamery

Plant Butter and Cheese

20% Off

Regular Price



Kalona Super Natural

Cottage Cheese

\$5.49

Regular Price \$6.19



All Kite Hill Products

25% Off

Regular Price



Greek Gods

Greek Yogurt

24 oz

\$4.49

Regular Price \$5.69



Earth Balance

Plant Based Spreads

\$5.99

Regular Price \$7.49



Rumiano

Organic Cheese

Shredded

\$4.69

Regular Price \$5.39



Other Rumiano products are also on sale.



Painterland Sisters

Organic Skyr Yogurt

\$2.39

Regular Price \$2.89



Regenerative farming practices.



Vive Organic

Organic Wellness Shots

\$2.69

Regular Price \$3.49



Suckerpunch

Pickles

\$5.99

Regular Price \$7.99



Suckerpunch pickle chips are also on sale.



cocojune

Coconut Yogurt

\$2.29

Regular Price \$2.99



Other cocojune products are also on sale.



La Colombe

Coffees

2 For \$5

Regular Price \$3.49



Olipop

Probiotic Sodas

2 For \$4

Regular Price \$2.39



Mooski

Chilled Oat Bars

\$2.29

Regular Price \$2.79



Live Soda

Living Soda

2 For \$4

Regular Price \$2.69



De La Calle!

Probiotic Beverages

2 For \$4

Regular Price \$2.69



Perfect Bar

Protein Bars

\$2.69

Regular Price \$3.39



Shop Online with Harvest Cart at [HarvestHealthFoods.com](https://www.HarvestHealthFoods.com)

A New Year, A New Beginning For A Healthier You.

Bitchin' Sauce
Sauces
Dairy-free

\$4.99

Regular Price \$6.69



Ithaca
Hummus
Assorted Varieties

\$4.49

Regular Price \$5.69



Other Ithaca products are also on sale.



Miso Master
Organic Miso

16 oz

\$9.49

Regular Price \$12.49

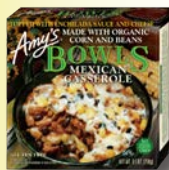


Amy's
Entrées

\$5.99

Regular Price \$6.99

Other Amy's products are also on sale.



Cascadian Farm
Potatoes

2 For \$8

Regular Price \$6.19



Maria & Ricardo's
Tortillas

Assorted Varieties
25% Off

Regular Price



Actual Veggies
Veggie Burgers

4/3 oz Burgers

\$5.99

Regular Price \$7.99

Actual Veggies fries are also on sale.



Caulipower
Chicken Tenders

Gluten-Free Coating

\$9.49

Regular Price \$10.99

Other Caulipower products are also on sale.



Carbønaut
Low Carb Bread

Gluten-free

\$5.99

Regular Price \$8.49



Eat Meati
Plant Based Meat

\$7.29-8.99

Regular Price \$8.99-\$10.99



Sambazon
AÇAI Bowls and Packs

25% Off

Regular Price



Little Northern Bakehouse
Breads and Bagels

Gluten-free

\$5.69

Regular Price \$6.99-\$7.39



Maspanadas
Empanadas

\$6.49

Regular Price \$7.99



SunButter
Jammies

100% Nut Free

\$6.49

NEW

Regular Price \$7.99

SunButter spreads are also on sale.



Silver Hills Bakery
Sprouted Breads

\$4.69

Regular Price \$5.29-\$6.49



Other Silver Hills products are also on sale.



Red's
Burritos

Select Varieties

\$2.49

Regular Price \$2.99



Frönen
Frozen Dessert

Dairy-Free

\$5.49

Regular Price \$6.99



Food For Life
Ezekiel 4:9 Sprouted Bread

\$5.99

Regular Price \$6.99



Other Food For Life products are also on sale.



Lakewood
Select Juices

Assorted Varieties

30% Off

Regular Price



Celestial Seasonings
Tea

Select Varieties

\$3.19

Regular Price \$3.99



Teccino
Roasted Herbal Tea

\$4.99

Regular \$5.99-\$6.99



We Have Had Your Health In Mind Since 1952.

Every Bite Can Lead To Life.

White Leaf Provisions Baby Food

\$1.99

Regular Price \$2.49



Cascadian Farm Cereals and Granola

2 For \$8

Regular Price \$6.19-\$6.49



Lovebird Grain-Free Cereal

\$6.99

Regular Price \$8.49



Purely Elizabeth Granola

\$6.49

Regular Price \$7.49

Other Elizabeth products are also on sale.



Nature's Path Family Sized Cereal

\$7.99-\$8.99

Regular Price \$9.99-\$11.19



Other Nature's Path products are also on sale.



Bob's Red Mill Oats and Hot Cereals

25% Off

Regular Price

Other Bob's Red Mill products are also on sale.



The Real Cereal Co. Organic Cereals

\$5.49

Regular Price \$6.99



Coombs Family Farms Maple Syrup

Grade A Dark Color Robust Taste

25% Off

Regular Price



One Degree Sprouted Oatmeals

30% Off

Regular Price



Other One Degree products are also on sale.



Justin's Nut Butter

25% Off

Regular Price



NuttZo Nut and Seed Butter

\$9.99

Regular Price \$12.99

Other NuttZo products are also on sale.



Crazy Richard's Peanut Butter

\$3.49

Regular Price \$4.19



Other Crazy Richard's products are also on sale.



No Cow Plant-Based Protein Bars

\$2.29

Regular Price \$2.99



PROBAR Meal Bars

2 For \$5

Regular Price \$3.39



IQ BAR Protein Bars

\$1.79

Regular Price \$2.49



The Gluten Free Bar Gluten-Free Bars

\$1.69

Regular Price \$2.39

Bites are also on sale \$3.99.



Country Archer Grass-Fed Jerky

\$5.49

Regular Price \$7.49



Prevail Grass-Fed Jerky

\$4.99

Regular Price \$6.49



LÄRABAR Bars

4 For \$5

Regular Price \$1.89



EPIC Meat Bars

2 For \$5

Regular Price \$3.29

Other Epic products are also on sale.



Alter Eco Chocolate Bars

2 For \$7

Regular Price \$4.49



Healthy Delivered, Right To Your Door.

Take Care Of Your Body: It Is The Only Place You Have To Live.

Bonafide Provisions

Organic Broth

\$3.99

Regular Price \$4.89



Other Bonafide products are also on sale.



Health Valley

Organic Soup

\$3.49

Regular Price \$4.29



Imagine Foods

Organic Soups

25% Off

Regular Price



Imagine broth, stock and gravy are also on sale.



Annie's Homegrown

Mac & Cheese

2 For \$3

Regular Price \$2.49



Seeds Of Change

Rice and Quinoa

2 For \$6

Regular Price \$3.69



Ancient Harvest

Pasta

Gluten-Free

25% Off

Regular Price



Muir Glen

Pasta Sauce

2 For \$7

Regular Price \$4.69



Other Muir Glen products are also on sale.



All Jovial Products

30% Off

Regular Price



TASTY BITE

Entrées and Sauces

25% Off

Regular Price



Cobram Estate

Olive Oils

Everyday Essentials

30% Off

Regular Price



Spectrum Naturals

Culinary Oils

25% Off

Regular Price



Primal Kitchen

Select Products

25% Off

Regular Price



Bragg

Vinegar Blends

\$6.49

Regular Price \$7.69



Other Bragg products are also on sale.



Big Tree Farms

Coconut Aminos

Gluten-Free and Soy-Free

\$4.99

Regular Price \$6.49



Big Tree Farms coconut sugar is also on sale.



La Tourangelle

Artisan Oils

Select Varieties

25% Off

Regular Price



gimMe

Seaweed Snacks

6/1.17 oz

\$4.99

Regular Price \$6.49



Other gimMe snacks are also on sale.



Mavuno Harvest

Dried Fruit

No Added Sugars

25% Off

Regular Price



Annie's Homegrown

Fruit Snacks

2 For \$8

Regular Price \$6.99



Mavericks

Cookies

\$4.29

Regular Price \$4.99



Mavericks crackers are also on sale.



Olyra

Biscuits

\$4.29

Regular Price \$5.29



Dave's Killer Bread

Snack Bites

\$5.99

Regular Price \$6.99



NEW

NEW



Like Harvest Health Foods On Facebook.

Feeling Good From The Inside Out.®

The Humble Seed
Crackers
Grain-free and Gluten-free

NEW



\$4.19
Regular Price \$5.99

Other Manitoba Harvest products are also on sale.

Blue Diamond
Nut-Thins
Assorted Varieties



2 For \$7
Regular Price \$3.99



Alkaline88® Water
Alkaline Water
1 Gallon



\$4.49
Regular Price \$5.69

1.5 Liter Alkaline88 Water is also on sale \$1.99.

Jackson's
Sweet Potato Chips



\$3.29
Regular Price \$4.49



Simple Mills
Crackers
Gluten-free



\$3.99
Regular Price \$5.29-\$6.29



LaCroix
Sparkling Water
12 Cans



\$4.99
Regular Price \$5.99



FitJoy
Pretzels
Grain-free and Gluten-free



\$3.29
Regular Price \$4.49

FitJoy crackers are also on sale.

Annie's Homegrown
Cheesy Smiles



\$3.49
Regular Price \$4.99



Rambler
Sparkling Water
8/12 oz



\$3.99
Regular Price \$4.99



Lesser Evil
Organic Popcorn



\$3.29
Regular Price \$4.19



Garden of Eatin'
Tortilla Chips
16 oz



\$5.49
Regular Price \$6.99

Other Garden of Eatin' Chips are also on sale.

Maison Perrier
Sparkling Beverages
8/11.15oz



\$6.49
Regular Price \$8.99

SKINNYPOP
Popcorn



\$3.29
Regular Price \$3.99



Terra Chips
Chips



\$3.49
Regular Price \$4.49



HOP WTR
Sparkling Hop Water
6/12 oz



\$8.99
Regular Price \$11.99

Kettle Brand
Potato Chips
4.25-5 oz



\$3.29
Harvest Values Price \$3.79

Other Kettle Chips are also on sale.

Waterloo
Sparkling Water
12/12oz



\$5.49
Regular Price \$6.99



Hoplark
Sparkling HopTea
2 For \$5



Regular Price \$3.19
 Sparkling waters are also on sale.

Uglies
Kettle Chips



\$3.29
Regular Price \$4.49



Zevia
Zero Calorie Soda



\$5.49
Harvest Values Price \$6.79

Zevia teas and energy drinks are also on sale.

poppi
Prebiotic Sodas
Low Sugar



3 For \$6
Regular Price \$2.49

Be gut happy, be gut healthy.

Find Our Fresh Organic Produce Selection On Harvest Cart.

Small Steps Every Day Lead To Big Changes Over Time.

Andalou Facial Care

25% Off
Regular Price



Melora Mānuka Body Care

25% Off
Regular Price



Now Foods Carrier Oils

20% Off
Regular Price



ALBA Sunscreens

25% Off
Regular Price

Other Alba products are also on sale.



Boiron Oscilloccinum

All Sizes

25% Off
Suggested Retail



Berri Organics Berri Lyte

\$5.99
Regular Price \$8.89



Organic Electrolyte Solution.



Ancient Nutrition Select Formulas

25% Off
Suggested Retail



Orgain Organic Protein

25% Off
Regular Price



Other Orgain proteins are also on sale.



OWYN - Only What You Need Protein Drinks

\$2.69
Regular Price \$3.49



Other OWYN proteins are also on sale.



REDD Remedies Stress Support

20% Off
Suggested Retail



Sprout Living Plant Protein

20% Off
Suggested Retail



Other Enzymedica products are also on sale.



All Four Sigmatic Products

25% Off
Suggested Retail



Four Sigmatic Coffee is also on Sale.



Himalaya All Herbal Formulas

25% Off
Suggested Retail



Enzymedica Healthy Weight Formulas

25% Off
Suggested Retail

Other Enzymedica products are also on sale.



Irwin Naturals Weight Management Formulas

25% Off
Suggested Retail



ION* Intelligence of Nature Gut Support Formulas

20% Off
Suggested Retail



Vital Planet Probiotics and Cleanses

25% Off
Suggested Retail

Other Vital Planet products are also on sale.



LifeSeasons Healthy Weight Formulas

25% Off
Suggested Retail



Follow Harvest Health Foods On Instagram.

Healthy From The Outside Starts From The Inside.

Wyld CBD CBD Gummies

20% Off
Suggested Retail



+PlusCBD™

Daily Balance Formulas

20% Off
Suggested Retail



All Charlotte's Web CBD Formulas

20% Off
Suggested Retail



Garden of Life

All Proteins and Dr. Formulated Products

25% Off
Suggested Retail



Nature's Way

Alive! Formulas

25% Off
Suggested Retail



All Nordic Naturals Formulas

25% Off
Suggested Retail



All Barlean's Formulas

20% Off
Suggested Retail



All MegaFood Formulas

20% Off
Suggested Retail



All American Health Formulas

25% Off
Suggested Retail



All Terry Naturally Formulas

25% Off
Suggested Retail



All Gaia Herbs Formulas

25% Off
Suggested Retail



All Country Life Formulas

25% Off
Suggested Retail



All Solgar Formulas

25% Off
Suggested Retail



Harvest Health

FOODS

1944 Eastern Ave. SE, Grand Rapids
Mon - Sat 10 AM - 6 PM
(616) 245-6268

4150 32nd Ave., Hudsonville
Mon - Sat 9 AM - 8 PM
(616) 896-6630

6807 Cascade Road. SE, Grand Rapids
Mon - Sat 9 AM - 8 PM
(616) 975-7555

12675 Greenly St., Holland
Mon - Sat 9 AM - 8 PM
(616) 251-1123

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.