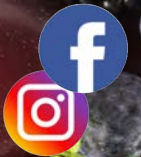


Harvest Health

FOODS

Since 1952

June 2024



Feeling Good From The Inside Out.®

Thousand Hills
**Grass-Fed Beef
85% Blend**

\$7.69

Regular Price \$8.29

**Beef and Cheddar
Sausage**

\$5.99

Regular Price \$6.99

**Smoked Pork &
Beef Kielbasa**

\$5.99

Regular Price \$6.99



Medicinal Mushrooms
Free Seminar

Thursday, June 6th 6:30 PM
Holland Harvest Health Foods

Join us in learning about the health-supporting benefits of mushrooms for brain health, mental clarity, longevity and immunity. True Grace is dedicated to supporting regenerative farming and using ocean plastics. *RSVP with QR Code* →

True Grace

**Organic Mushroom
Formulas**

25% Off

Suggested Retail



Silver Hills
Hamburger Buns

\$5.49

Regular Price \$5.99

Udi's
Hot Dog Buns

Gluten-free

\$5.69

Regular Price \$6.19



Organic Valley
Grassmilk

\$5.99

Harvest Values Price \$6.99

**Cheese
Slices**

\$5.49

Regular Price \$6.49



Other Organic Valley products are also on sale.

Elmhurst
**Plant Based
Milks**

\$5.99

Regular Price \$6.79



Elmhurst creamers are also on sale.

Violife
Vegan Cheese

Select Varieties

\$4.99

Regular Price \$5.69



Other Violife products are also on sale.

Nutcase Vegan
**Vegan Meat
Alternatives**

2 For \$7

Regular Price \$4.99



Nutty Loaf is on sale \$8.99

ALL SALE ITEMS ARE WHILE SUPPLIES LAST AND SUBJECT TO AVAILABILITY. NOT ALL ITEMS ARE AVAILABLE AT ALL LOCATIONS. WE RESERVE THE RIGHT TO CORRECT PRINTING ERRORS.

Health Starts With Healthy Choices. We Make Them Easy!

Field Day

Organic Eggs

Large Brown

\$4.99

Harvest Values \$5.49



Icelandic Provisions

Skyr

Icelandic Yogurt

\$1.79

Regular Price \$2.19



Siggi's

Icelandic Yogurt

\$1.69

Regular Price \$1.99



Other Siggi's products are on sale.

Nancy's

Whole Milk Cottage Cheese

\$4.69

Regular Price \$6.19



Other Nancy's products are also on sale.



GT's

Organic Coconut Yogurt

Select Varieties

\$5.99

Regular Price \$6.99



Petit Pot

Organic French Puddings

Select Varieties

\$4.49

Regular Price \$5.49



Califia

Barista Blend

\$4.49

Regular Price \$5.49



Cold Brew Coffees

\$5.69

Regular Price \$6.49



Other Califia Farms products are also on sale.



Harmless Harvest

Coconut Beverages

20% Off

Regular Price



Koia

Protein Drinks

\$3.49

Regular Price \$4.49



Better Booch

Organic Kombucha

16 oz

\$2.99

Regular Price \$3.99



Cosmic Bliss

Dairy-Free Frozen Deserts

Pint

\$5.99

Regular Price \$7.99

Other Cosmic Bliss products are also on sale.



GT's

Raw Kombucha

48 oz - Sharing Size

\$7.99

Regular Price \$8.99



Live Soda

Probiotic Kombucha

\$2.29

Regular Price \$2.99



Tillamook

Ice Cream

1.5 Quart

\$6.69

Regular Price \$7.99

Other Tillamook products are also on sale.



FrescoBene

Artisan Sauces

\$7.49

Regular Price \$9.99



Cascadian Farm

Organic Potatoes

2 For \$8

Regular Price \$5.79



Lightlife

Tempeh and Smart Dogs

20% Off

Regular Price



Healthy Delivered, Right To Your Door.

Enjoy What You Eat 100% Of The Time. Make Sure It's Healthy Most Of The Time.

Cascadian Farm

Organic Cereals

Assorted Varieties

2 For \$8

Regular Price \$6.19-\$6.49



Nature's Path

Cereals

\$3.99

Regular Price \$4.99



Four Sigmatic

Coffee and Proteins

25% Off

Regular Price



Four Sigmatic single packets are also on sale.



Bob's Red Mill

Home Style Granola

Select Varieties

\$4.99

Regular Price \$6.49



Birch Benders

Classic Mixes

\$4.99

Regular Price \$5.99



Other Birch Benders products are also on sale.



Lakewood

Select Organic Juices

25% Off

Regular Price



Field Day

Nut Butters and Fruit Spreads

20% Off

Harvest Values Price



Primal Kitchen

Dressings

\$6.99

Regular Price \$7.89

No added sugar.



Annie's Homegrown

Mac & Cheese

2 For \$3

Regular Price \$2.49



Field Day

Tuna and Salmon

20% Off

Harvest Values Price



Cobram Estate

Premium Olive Oils

25% Off

Regular Price



Bragg

Apple Cider Vinegar Blends

16 oz

\$6.49

Regular Price \$7.69



Other Bragg products are also on sale.



Woodstock Farms

Organic Mustard

\$2.69

Harvest Values Price \$3.39

Organic Ketchup

\$2.99

Harvest Values Price \$3.79

Organic BBQ Sauce

\$3.99

Harvest Values Price \$4.89

Organic Mayo

\$6.99

Harvest Values Price \$8.99

Organic Pickles

\$4.69

Harvest Values Price \$5.79



Field Day

Organic Salsa and Tortilla Chips

\$3.49

Harvest Values Price \$4.39



2 For \$5

Harvest Values Price \$3.39



Follow Harvest Health Foods On Facebook And Instagram.

Hydrate. Your Body Will Thank You.

Firehook
Organic Crackers

\$4.99

Regular Price \$6.49



EPIC
Meat Bars

2 For \$5

Regular Price \$3.29



Other Epic products are also on sale.

Annie's Homegrown
Crackers

7-7.5 oz

2 For \$7

Regular Price \$4.49



Other Annie's products are also on sale.

Pipcorn
Snacks
Assorted Varieties

\$3.69

Regular Price \$4.69



Kettle Brand
Potato Chips

4.25-5 oz

\$3.29

Harvest Values Price \$3.79



Other Kettle Chips are also on sale.

Annie's Homegrown
Graham Crackers

\$4.49

Regular Price \$5.99



Humble
Organic Potato Chips

\$3.49

Regular Price \$4.69



Plastic negative and compostable bags.

Rambler
Sparkling Water

8/12 oz

\$3.99

Regular Price \$4.99



From the Ground Up & You Need This
Gluten-Free Snacks

2 For \$6

Regular Price \$4.29



Yachak
Plant-Based Energy Tea

\$1.99

Regular Price \$2.69



Zevia
Zero Calorie Sodas

12/12 oz

\$10.99

Harvest Values Price \$11.99



Other Zevia products are also on sale.

Annie's Homegrown
Organic Fruit Snacks

2 For \$8

Regular Price \$6.99



Alo
Alo Vera Beverages

Classic

\$1.99

Regular Price \$2.69



Jonny Pops
Organic Freezer Pops

24 Freezer Pops

\$10.99

Regular Price \$13.49



Tate's Bake Shop
Cookies

\$4.99

Regular Price \$6.49



Tastes like homemade!

Eternal Water
Natural Alkaline Spring Water

1 Liter

\$1.39

Harvest Values Price \$1.69

A case of 12 is on sale for \$16.99.



Essentia
Ionized Alkaline Water

20 oz

99¢

Harvest Values Price \$1.39

Case of 24 is on sale for \$22.99



Find Our Fresh Organic Produce Selection On Harvest Cart.

Quality Supplements Support A Healthy Lifestyle.

Field Day Hair and Body Care

2 For \$10
Harvest Values Price \$5.99



Mad Hippie Summer Celebration Formulas

20% Off
Regular Price



Humble Deodorants

20% Off
Regular Price

Other Humble products are also on sale.



Ancient Nutrition New Super Green Flavors

25% Off
Suggested Retail

Other Ancient Nutrition products are also on sale.



Navitas Organics All Superfoods

25% Off
Regular Price



Borion Arnica Topicals

Homeopathic Formulas
25% Off
Suggested Retail



All Vega Formulas

25% Off
Suggested Retail



Trace Minerals All Trace Minerals Formulas

20% Off
Suggested Retail



Garden of Life Sport Formulas

25% Off
Suggested Retail



Enzymedica Weight Support Formulas

25% Off
Suggested Retail



Nature's Way Probiotics and Herbals

20% Off
Suggested Retail



ION* Intelligence of Nature Gut Support Formulas

20% Off
Suggested Retail



ZHOU Formulas

25% Off
Suggested Retail



All Now Supplements

20% Off
Suggested Retail



Bravo Tea Health Tea

20 Bags

\$4.99
Regular Price \$6.99



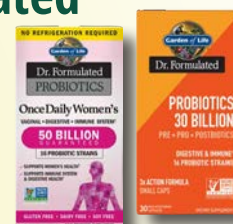
Kyolic Select Formulas

20% Off
Suggested Retail



Garden of Life Dr. Formulated Probiotics

25% Off
Suggested Retail



American Health Original Papaya Enzyme

600 Count

\$16.99
Suggested Retail \$22.29



Follow Harvest Health Foods On Instagram.

Feeling Good From The Inside Out.®

+PlusCBD™

Select THC FREE Formulas

25% Off
Suggested
Retail



Harvest Health Foods Men's Health Formulas

Select Varieties

25% Off
Suggested Retail



LifeSeasons Men's Formulas

25% Off
Suggested Retail



Irwin Naturals Men's Formulas

25% Off
Suggested Retail



REDD Essential Formulas

20% Off
Suggested Retail



All BodyHealth Formulas

20% Off
Suggested Retail

NEW



Herb Pharm Energy Formulas

20% Off
Suggested Retail



All Carlson Formulas

25% Off
Suggested Retail



Solgar Age Defying Nutrition

25% Off
Suggested Retail



NEW



All Nordic Natural Formulas

25% Off
Suggested Retail



Terry Naturally OPC's and Curamin® and CuraMed® Formulas

20% Off
Suggested Retail



Harvest Health

FOODS

1944 Eastern Ave. SE, Grand Rapids
Mon - Sat 10 AM - 6 PM
(616) 245-6268

4150 32nd Ave., Hudsonville
Mon - Sat 9 AM - 8 PM
(616) 896-6630

6807 Cascade Road. SE, Grand Rapids
Mon - Sat 9 AM - 8 PM
(616) 975-7555

12675 Greenly St., Holland
Mon - Sat 9 AM - 8 PM
(616) 251-1123

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.