

Harvest Health

FOODS

Since 1952



October 2024

Feeling Good From The Inside Out.®

Painterland Sisters
**Organic Skyr
Yogurt**

\$2.49
Regular Price \$2.89



Regenerative farming practices.

Woodstock
**Organic
Fruit**

\$3.69-\$4.49
Harvest Values
Price \$4.59-\$5.79



Other Woodstock products are also on sale.

GT's
**Organic
Kombucha**

Select Varieties
\$2.99
Regular Price \$3.89



Equal Exchange
**Organic
Coffee**

\$9.99
Regular Price \$11.99



Decaf coffee is also on sale for \$11.49

Organic Tea

\$3.69
Regular Price \$4.99



Chocolate

\$3.69
Regular Price \$4.99



Other Equal Exchange products are also on sale.

Elmhurst
**Plant Based
Milks**

\$5.99
Regular Price \$6.79



Elmhurst creamers are also on sale.

Navitas Organics
All Superfoods

25% Off
Regular Price



Caulipower
Chicken Tenders

Gluten-Free Coating
\$8.49
Regular Price \$10.99



Other Caulipower products are also on sale.

Thousand Hills
**Grass-Fed Beef
Renegade Blend**

\$8.69
Regular Price \$9.49



Brisket Bacon
\$6.79
Regular Price \$7.49



ALL SALE ITEMS ARE WHILE SUPPLIES LAST AND SUBJECT TO AVAILABILITY. NOT ALL ITEMS ARE AVAILABLE AT ALL LOCATIONS. WE RESERVE THE RIGHT TO CORRECT PRINTING ERRORS.

Choose Good Food Every Day!

Field Day
Pasture Raised Eggs

\$4.79

Harvest Values \$5.29



Maple Hill
Whole Milk Kefir

\$5.99

Regular Price \$7.49



Other Maple Hill products are also on sale.



Organic Valley
Organic Shredded Cheese

\$4.89

Regular Price \$5.89



Other Organic Valley products are also on sale.



cocojune
Organic Coconut Yogurt

\$2.29

Regular Price \$2.99



Planet Oat
Oat Milk

\$3.99

Regular Price \$4.69



Woodstock
Organic Tofu

\$2.49

Regular Price \$3.29



Chamberlain
Oat Milk Lattes

\$2.99

Regular Price \$3.59



Petit Pot
Organic French Puddings

Select Varieties
\$4.49

Regular Price \$5.49



Deux
Donut Holes

Gluten-free, Vegan

\$3.49

Regular Price \$3.99

Deux cookie dough is also on sale.



wildwonder
Probiotic Sparkling Drinks

\$2.69

Regular Price \$3.39



Pressed Juicery
Cold Pressed Juice

\$4.69

Regular Price \$5.79



Honey Mama's
Truffle Bars

\$4.49

Regular Price \$5.79

No refined sugar, gluten, dairy, or soy.



Better Booch
Organic Kombucha

12 oz

\$2.49

Regular Price \$2.99



Suja
Wellness Shots

\$2.49

Regular Price \$3.19



Bitchin' Sauce
Dairy-Free Sauces

\$5.49

Regular Price \$6.69

This dip is nuts!



Koia
Protein Drinks

\$3.49

Regular Price \$4.49



Orgain
Organic Protein

\$10.99

Regular Price \$13.49



Orgain protein tubs are also on sale.



Only What You Need
Protein Drinks

\$2.69

Regular Price \$3.49



Other OWYN proteins are also on sale.



Shop Online with Harvest Cart at HarvestHealthFoods.com

Healthy Eating Is A Form Of Self-Respect.

jack & annie's

Plant-Based Meats

\$4.99

Regular Price \$5.99



Woodstock

Organic Ravioli

\$6.99

Harvest Values Price \$8.99



Cappello's

Pastas

Gluten-free

\$8.99

Regular Price \$10.49



Other Cappello's products are also on sale.

Amy's

Pizza

\$8.99

Regular Price \$10.49



Balkan Bites

Burek Pies

\$7.99

Regular Price \$9.99



Against The Grain

Grain-Free Pizza

\$11.99

Regular Price \$14.99



Other Against the Grain products are also on sale.

Snow Days

Organic Pizza Bites

\$6.49

Regular Price \$7.99



Gardein

Plant-Based Entrees

25% Off

Regular Price



Other Gardein products are also on sale.



Field Day

Organic Fruit

32 oz

\$10.99

Harvest Values Price \$12.49



Sambazon

Bowls and Smoothie Packs

25% Off

Regular Price



Carbønaut

Low Carb Bread

\$6.69

Regular Price \$7.89-\$8.49



Little Northern Bakehouse

Gluten-Free Breads and Bagels

\$5.99

Regular Price \$6.99-\$7.39



Silver Hills Bakery

Sprouted Breads

Assorted Varieties

\$4.39

Regular Price \$5.29



Other Silver Hills products are also on sale.



UDI's

Bread and Bagels

Gluten-Free

\$4.69

Regular Price \$6.19-\$7.49



Atoria's Family Bakery

Lavash, Naan, and Pita Breads

\$3.69

Regular Price \$4.99



Van's

Waffles

\$3.49

Regular Price \$4.19



Crazy Richard's

Peanut Butter

\$2.99

Regular Price \$4.19



Other Crazy Richard's products are also on sale.



Crofter's Organic

Organic Fruit Spreads

16.5 oz

\$4.99

Regular Price \$6.19



Just Fruit Spreads are also on sale.



Like Harvest Health Foods On Facebook.

You Are What You Eat! (Mom Was Right)

Arrowhead Mills

Cereal and Pancake Mixes

25% Off

Regular Price



Purely Elizabeth

Oatmeal and Cereals

25% Off

Regular Price



Bob's Red Mill

Oats

25% Off

Regular Price



Other Bob's Red Mill oats are also on sale.



Birch Benders

Pancake and Waffle Mix

25% Off

Regular Price



Other Birch Benders products are also on sale.



Nature's Path

Family Sized Cereals

Select Varieties

\$7.99-\$9.49

Regular Price \$9.69-\$10.99



Choice Organics

Organic Teas

16 Tea Bags

\$3.89

Regular Price \$5.49



Field Day

Pantry Staples

20% Off

Harvest Values Prices



Organic India

Tulsi Tea

25% Off

Regular Price



Other Organic India products are also on sale.



Miss Jones

Baking Mixes

Assorted Varieties

25% Off

Regular Price

Other Miss Jones products are also on sale.



Flavorganics

Organic Extracts

30% Off

Regular Price

Organic vanilla is also on sale.



Numi Tea

Organic Tea

\$4.99

Regular Price \$6.99



Big Tree Farms

Coconut Sugar And Aminos

Soy-Free and Gluten Free

25% Off

Regular Price



Bragg

Liquid Aminos

32 oz

\$7.99

Regular Price \$9.69

Other Bragg products are also on sale.



Teccino

Herbal Functional Coffees

10 Bag

25% Off

Regular Price



Annie's Homegrown

Organic Dressings

\$4.49

Regular Price \$5.69



Alter Eco

Chocolate Bars

\$3.69

Regular Price \$4.49



Other Alter Eco products are also on sale.



Michel Et Augustin

Shortbread Cookies

\$3.99

Regular Price \$5.99



Healthy Delivered, Right To Your Door.

Healthy Can Taste Great!

Kettle & Fire

Bone Broth and Soups

Select Varieties

\$5.99

Regular Price \$7.49



Other Kettle & Fire products are also on sale.



Pacific Foods

Organic Creamy Soups

\$4.49

Regular Price \$5.99



Other Pacific soups are also on sale.



KOYO

Ramen

10 For \$10

Regular Price \$4 for \$5



Amy's

Soups

\$3.69

Regular Price \$4.29



Amy's chili is also on sale.



Chickpea

Organic Pasta

\$3.49

Regular Price \$4.99



Other Chickpea products are also on sale.



Rao's

Pasta Sauce

\$6.49

Regular Price \$8.39



Other Rao's products are also on sale.



All Tasty Bite Products

25% Off

Regular Price



Annie's Homegrown

Mac & Cheese

2 For \$3

Regular Price \$2.49



Other Annie's products are also on sale.



Ancient Harvest

Gluten-Free Pasta

\$3.69

Regular Price \$4.59-\$5.49



EPIC

Meat Bars

\$2.39

Regular Price \$3.29

Meat Strips

2 For \$3

Regular Price \$2.49

Other Epic products are also on sale.



gomacro

Organic Protein Bars

\$2.49

Regular Price \$3.19



gomacro mini bars are also on sale.



Wise Bar

Organic Adaptogen Bars

\$1.99

Regular Price \$2.79



300mg of functional mushrooms.



Prevail

Grass-Fed Jerky

\$4.99

Regular Price \$6.49



Other Prevail products are also on sale.



Country Archer

Grass-Fed Jerky

\$5.49

Regular Price \$7.49



PROBAR

Meal Bars

\$2.49

Regular Price \$3.39



Other PROBAR products are also on sale.



gimMe

Seaweed Snacks

.35 oz

\$1.79

Regular Price \$2.49



Other gimMe products are also on sale.



Heavenly Hunks

Oatmeal Snacks

Gluten Free

\$4.29

Regular Price \$5.19



Like Harvest Health Foods On Facebook.

Feeling Good From The Inside Out.®

HopLark Sparkling HopTea

2 For \$5
Regular Price \$3.19

 Sparkling waters are also on sale.



Alo Aloe Vera Beverages

Classic
\$1.99
Regular Price \$2.69

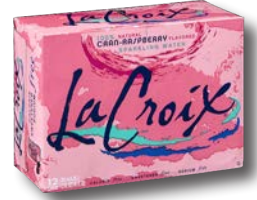




LaCroix Sparkling Water

12 12 oz cans
\$5.49
Regular Price \$5.99





HOP WTR Sparkling Hop Water

6/12 oz
\$8.99
Regular Price \$11.99





Zevia Zero Calorie Sodas

6/12 oz
\$5.89
Harvest Values Price \$6.49

 Other Zevia products are also on sale.



Eternal Water Natural Alkaline Spring Water

1.5 Liter
\$1.69
Harvest Values Price \$1.99

Case of 12 is on sale for \$18.99.



The Good Crisp Company Snacks

\$2.99
Regular Price \$3.99





Annie's Homegrown Crackers

7-7.5 oz
2 For \$7
Regular Price \$4.49





Kettle Brand Potato Chips

4.25-5 oz
\$3.29
Harvest Values Price \$3.79

 Other Kettle Chips are also on sale.



Pipcorn Snacks

Assorted Varieties
\$3.49
Regular Price \$4.69





Skinny Pop Popcorn

\$3.19
Regular Price \$3.99





Lesser Evil Organic Popcorn

\$3.19
Regular Price \$4.19





FitJoy Grain-Free Snacks

\$3.49
Regular Price \$4.49

 FitJoy crackers are also on sale.



Uglies Kettle Chips

\$3.19
Regular Price \$4.49





Barbara's Cheese Puffs

\$2.99
Regular Price \$3.99





Like Air Puffcorn

\$3.19
Regular Price \$4.29



Quinn Gluten-Free Pretzels

Select Varieties
\$4.49
Regular Price \$5.99





Siete Tortilla Chips

\$4.49
Regular Price \$5.49





Other Siete products are also on sale.

Find Our Fresh Organic Produce Selection On Harvest Cart.

True Beauty Begins With A Healthy Glow From The Inside.

All Andalou Products

25% Off
Regular Price



Melora Skin Care

25% Off
Regular Price



Now Foods Essential Oils

20% Off
Suggested Retail



Desert Essence Products

25% Off
Suggested Retail



HiBar Plastic-Free Hair Care

Assorted Varieties

25% Off
Regular Price



everyone Hand Soap

\$3.99
Regular Price \$5.49

Other everyone products are also on sale.



true grace Electrolyte Formulas

NEW

25% Off
Suggested Retail



REDD Brain Awakening

\$54.99
Suggested Retail \$68.99

Supports cognitive function and focus.



Terry Naturally CuraMed, Curamin and Immune Formulas

20% Off
Suggested Retail



LifeSeasons Immune Support Formulas

25% Off
Suggested Retail



Boiron Oscilloccinum

25% Off
Suggested Retail



American Health Ester-C

500 mg, 90 Tab
\$9.29
Regular Price \$12.39



Just Thrive All Probiotics

20% Off
Suggested Retail



ZAND Elderberry Zinc Gummies

\$11.99
Suggested Retail \$15.99



Nature's Way Immunity Support Formulas

25% Off
Suggested Retail



ECOS Laundry Detergent

100 oz
\$13.49
Regular Price \$15.49



TruVani Organic Plant Proteins

20% Off
Suggested Retail



NEW



All SUNWARRIOR Products

25% Off
Suggested Retail



Follow Harvest Health Foods On Instagram.

Healthy Groceries, Healthy Vitamins, Healthy Answers.®

Kyolic Select Formulas

20% Off
Suggested Retail



+PlusCBD™

Daily Balance Gummies

25% Off
Suggested Retail



All Charlotte's Web CBD Formulas

20% Off
Suggested Retail



All Garden of Life Formulas

25% Off
Suggested Retail



All Nordic Naturals Formulas

25% Off
Suggested Retail



Solgar Ultra Potency Formulas

25% Off
Suggested Retail



All Country Life Formulas

25% Off
Suggested Retail



Harvest Health Foods Immunity Formulas

Select Varieties

25% Off
Suggested Retail



All New Chapter Formulas

30% Off
Suggested Retail



Ancient Nutrition New Organic Fiber

25% Off
Suggested Retail



Enzymedica Gummy Formulas

25% Off
Suggested Retail



All Irwin Naturals Formulas

25% Off
Suggested Retail



Other Ancient Nutrition products are also on sale.

Other Enzymedica products are also on sale.



1944 Eastern Ave. SE, Grand Rapids
Mon - Sat 10 AM - 6 PM
(616) 245-6268

4150 32nd Ave., Hudsonville
Mon - Sat 9 AM - 8 PM
(616) 896-6630

6807 Cascade Road. SE, Grand Rapids
Mon - Sat 9 AM - 8 PM
(616) 975-7555

12675 Greenly St., Holland
Mon - Sat 9 AM - 8 PM
(616) 251-1123

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.