Harvesthealth FOODS Since 1952

MAY 2024

Feeling Good From The Inside Out.®



ALL SALE ITEMS ARE WHILE SUPPLIES LAST AND SUBJECT TO AVAILABILITY. NOT ALL ITEMS ARE AVAILABLE AT ALL LOCATIONS. WE RESERVE THE RIGHT TO CORRECT PRINTING ERRORS.

Breakfast, Lunch, And Dinner. Invest In Your Health.



Perfect Bars **Organic Protein Bars**

\$2.79 Regular Price \$3.39



Woodstock

Select Varieties 32 oz

Regular Price \$14.49

\$11,49







\$8.49 **Regular Price \$9.99**

Food For Life **Organic Ezekiel 4:9 Sprouted Bread**



Other Food For Life products are also on sale.

DZERUEL 4-9





Bitchin' Sauce

Sauces

\$5.99

Van's



Regular Price \$6.69

This dip is nuts!

Waffles **vans** 🤤



UDI's **Bread** and **Bagels** Gluten-Free \$5.49

Regular Price \$6.29-\$6.49

Regular Price

udis udis



Organic Kombucha Select Varieties \$2.99 Regular Price \$3.89

GT's



Tribucha Kombucha

\$2.49 Regular Price \$2.99



Raw, small batch kombucha.

Culture Pop Probiotic Sodas \$1.69 Regular Price \$1.99



Mana Soda you can feel good about.

De La Calle! **Organic Tepache**

\$2.49 Regular Price \$3.29 USBA



wildwonder **Probiotic Sparkling Drinks**

\$2.69 Regular Price \$3.29 USUA







📖 🎇 Other Woodstock Vegetables are on sale.

Shop Online with Harvest Cart at HarvestHealthFoods.com

Take Care Of Your body. It's The Only Place You Have To Live. Jim Rohn







Vista Hermosa tortillas are also on sale.



\$5.49 Regular Price \$7.29

Purely Elizabeth **Oatmeals** and Cereals 25% Off Regular Price \$9.99



Olyra **Breakfast Biscuits**

\$3.69 Regular Price \$4.99







Bites

\$5.99

USBA

Bars

\$5.49

Regular Price \$6.99

Arrowhead Mills

Yasso

Regular Price \$7.99

Gluten-free.

Greek Yogurt

Organic Pizza

Alex's Awesome Sourdough



now

Snow Days

izza Bite

yasso

Milá NEW Soup Dumplings \$6.49 Regular Price \$8.99



JonnyPops Frozen **Treats** \$5.49 Regular Price \$5.99



Real ingredients. Peanut free facility.

Catalina Crunch **Keto Friendly** Cereals

\$6.99 Regular Price \$8.99



W W Other Catalina Crunch products are on sale.

Nature's Path

Love Crunch Granola \$4,49 Regular Price \$5.49



📖 🖭 🕮 Other Nature's Path granolas are on sale.

Nut-Free







Mer Crazy Richard's products are also on sale.

Like Harvest Health Foods On Facebook.





OLYRA





WEATHED	_	
Crofter's Organic		in Sectioned [®] with Fair Trade Carllet
Organic	Fruit	
Spreads		CROFTER'S
16.5 oz		Concord Grape ORGANIC
\$4.99		WT. 16.50c FTD. 0.50cl (Marth
Ψ Τ • ЈЈ	23635601000	- 105

Regular Price \$6.19

Just Fruit Spreads are also on sale.





Spreads \$4.49













Healthy Food Is Fuel For Your Mind And Body





GANI







2 For \$4

Harvest Values Price \$2.39







Harvest Values Price \$5.79 📖 🏋🧱





Field Day

Sauce

\$3.49

Lotus Foods

Bob's Red Mill

Select Varieties

Regular Price

Field Day

25% Off

Baking Mixes

Culinary Oils

20% Off

Harvest Values Price

Seaweed

gimMe

Bod 91

CORNBREAD

Organic Pasta

Harvest Values Price \$3.99



All Jovial **Products** 25% Off **Regular Price**



Bionaturae **Organic Tomatoes** and Pasta Rionaturae 25% Off **Regular Price**



All Primal Kitchen Products

PRIMAL

題 💙 🍙 !

20% Off Regular Price

anna 🖌

Bachan's Japanese Sauces

\$6.99 Regular Price \$8.99 NON CHING

White Leaf Provisions

\$3.99

Regular Price \$5.49

Apple Sauce



PRIMAL





2 1 m @

LEAP



\$3.49 Regular Price \$4.39



gimme

gimme

T-THINS

Healthy Delivered, Right To Your Door.

Other White Leaf Provisions baby food is also on sale.

APPLE SAUCE

We Make Healthier Choices Easy!

Wise Bar **Organic Adaptogen**

Bars NEW) \$1.99 Regular Price \$2.79

300mg of functional mushrooms.

Heavenly Hunks

Oatmeal Snacks Gluten Free

\$3.99 Regular Price \$5.59

Late July Tortilla Chips \$3.99 Harvest Values Price \$4.89



Salsa \$4.99 Regular Price \$5.99



\$3.49 Regular Price \$3.99



hunk

Driaa

BLUEBER

ATE

IALAPEÑO

hunks

CRANBERRY WHITE

ATE

JULY

MEXICAN



NEW

😻 🚟 Other Bobo's products are also on sale.

JULY

BoBo's

PB&J's

\$4.19

Late July

Salsas

\$4..49

Regular Price \$5.99

4/2.1 oz Gluten-free

Regular Price \$5.49





\$3.49 Regular Price \$3.99-\$4.99



Prevail **Grass-Fed** Jerky \$5.49 Regular Price \$7.49



Country Archer Grass-Fed Jerky \$5.49 Regular Price \$7.49

Archer GRASS-FED

Whisps **Cheese Snacks** \$2.99 Regular Price \$4.59

Whisps CHEESE & PRETZEL Ahisp

lackson's **Sweet Potato** Chips \$3.49 Regular Price \$4.69



Fitlov **Grain-Free Snacks** 2 For \$7 Regular Price \$4.89 Fitjoy crackers are also on sale.



Like Harvest Health Foods On Facebook.



LATE JULY



Potato Chips Assorted 13 oz Varieties

\$4.99 Harvest Values Price \$5.79

XIII Other Kettle chips are also on sale.



SKINNY





EFF

SALT8 PEPPER

Feeling Good From The Inside Out.®

Sparkling Water Organic Sparkling 12/1207 Water **ATERLOO** 8/12oz \$5.49 \$4.99 Harvest Values ATERLO Regular Price \$6.49 Price \$6.79 HOP WTR Hoplark **Sparkling Hop Water Sparkling** 6/12 oz НорТеа \$8.99 \$2.49 Regular Price \$11.99 Regular Price \$3.19 Ruby Hibiscus Steaz **Organic Iced Teas** Sparkling Antioxidant Brews

steaz

steaz

Q.

Nixie

Waterloo

\$1.79 Regular Price \$2.49



Zevia

Zero Calorie Soda 6/1207

\$5.89 Harvest Values Price \$6.49



steaz

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Regular Price \$4.99





Main Sparkling waters are also on sale.

Waters \$1.99 Regular Price \$2.79



Zevia **Teas and Energy Drinks zevia**

\$1.69 Harvest Values Price \$1.99

Taza



TAZA

Organic **Chocolate Bars** SEA SALT \$3.49

Regular Price \$4.99

Other Taza products are on sale.







Alkaline Water 1 Gallon \$4.49



Eternal

<u>3 Liter Alkaline88 Water is also on sale \$3.69</u>

Eternal Water **Natural Alkaline Spring Water**

2.5 Liter \$2.39 Harvest Values Price \$2.89

A case of 6 is on sale for \$13.99.

Simply Gum **Simply Gum** and Mints Assorted Varieties

\$2.29

Regular Price \$3.19 Y 🚟 Other Simply Gum products are also on sale.

Chocolove xoxox Chocolate 🚳 🛲 🕮 **Bars**

2 For \$5 Regular Price \$2.99



Other Chocolove products are also on sale.





Find Our Fresh Organic Produce Selection On Harvest Cart.

Here's To Strong Women: May We Know Them, May We Be Them, May We Raise Them.



Follow Harvest Health Foods On Instagram





1944 Eastern Ave. SE, Grand Rapids Mon - Sat 10 AM - 6 PM (616) 245-6268

4150 32nd Ave., Hudsonville Mon - Sat 9 AM - 8 PM (616) 896-6630 6807 Cascade Road SE, Grand Rapids Mon - Sat 9 AM - 8 PM (616) 975-7555

12675 Greenly St., Holland Mon - Sat 9 AM - 8 PM (616) 251 -1123

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.