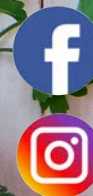


# Harvest Health FOODS

Since 1952

January 2024



## Feeling Good From The Inside Out.®

### All Harvest Health Foods Formulas

**25% Off**

Suggested Retail

*Quality you can be  
confident in. We have  
our name on it!*



### Organic Valley Cheese Slices

**\$5.99**

Regular Price \$6.49



Other Organic Valley products are also on sale.



### Field Day Organic Eggs

**\$4.49**

Harvest Values \$4.99



### Califia Plant Milks

48 oz

**\$4.49**

Regular Price \$4.99



### Chobani Oat Milk

52 oz

**\$4.49**

Regular Price \$5.49



Chobani creamers are also on sale.



### Thousand Hills Renegade Blend

100% Grass-fed Beef, 16 oz

**\$7.99**

Regular Price \$8.49



Other Thousand Hills products are also on sale.

### Icelandic Provisions Skyr

Icelandic Yogurt

**\$1.89**

Regular Price \$2.19



### Pressed Juicery Cold Pressed Juices

**\$5.49**

Regular Price \$5.79



### Miyoko's Creamery Vegan Cream Cheese

**\$5.99**

Regular Price \$6.99



Other Miyoko's items are also on sale.

### GT's Kombucha

Select 48 oz Varieties

**\$7.99**

Regular Price \$8.99



### Remedy Organics Plant Based Protein

**\$3.99**

Regular Price \$4.69



Some items may not be available due to unforeseen shortages. Not responsible for typographical errors.



# If It Matters What You Eat. It Matters How Your Food Is Raised.

Elmhurst

## Plant Based Milks

**\$5.99**

Regular Price \$6.69



Elmhurst creamers are also on sale.

Nancy's

## Oatmilk Yogurt

5.3 oz

**\$1.79**

Regular Price \$2.29



Other Nancy's products are also on sale.

Ithaca

## Hummus

Assorted Varieties

**\$4.49**

Regular Price \$5.29



Cold-crafted hummus.

Vive Organic

## Organic Wellness Shots

**\$2.79**

Regular Price \$3.39



Perfect Bars

## Organic Protein Bars

**\$2.79**

Regular Price \$3.39



cocojune

## Organic Coconut Yogurt

**\$2.19**

Regular Price \$2.69



Painterland Sisters

## Organic Skyr Yogurt

**\$2.29**

Regular Price \$2.59



Regenerative farming practices

Earth Balance

## Plant Based Spreads

**\$6.49**

Regular Price \$7.49



Tribucha

## Kombucha

**2 For \$5**

Regular Price \$2.99

Raw, small batch kombucha.



De La Calle!

## Organic Tepache

**2 For \$5**

Regular Price \$2.99



Califia

## Barista Blend

**\$4.49**

Regular Price \$5.49



## Creamers

**\$5.29**

Regular Price \$5.99



Miso Master

## Organic Miso

16 oz

**\$11.49**

Regular Price \$13.49-\$13.99



Better Booch

## Organic Kombucha

16 oz

**\$3.39**

Regular Price \$3.79



Forage Kombucha

## Organic Kombucha

**2 For \$4**

Regular Price \$2.69



Van's

## Gluten-Free Waffles

**\$3.49**

Regular Price \$4.19



Woodstock

## Organic Fruit

32 oz, Select Varieties

**\$11.49**

Harvest Values Price \$12.99



Cascadian Farm

## Organic Potatoes

**\$3.99**

Regular Price \$5.69



Other Cascadian Farm products are also on sale.

Shop Online with Harvest Cart at [HarvestHealthFoods.com](https://www.HarvestHealthFoods.com)



# Your Body Is A Temple, But Only If You Treat It As One.

Eat Meati

## Plant Based Meat

**\$6.99-\$8.49**

Regular Price \$8.99-\$10.99



Caulipower

## Chicken Tenders

Gluten-Free Coating

**\$9.99**

Regular Price \$10.99



Other Caulipower products are also on sale.

Red's

## Burritos

Select Varieties

**2 For \$5**

Regular Price \$3.19



Gardein

## Plant-Based Entrees

**\$4.69**

Regular Price \$5.99



Other Gardein products are also on sale.

Sweet Earth

## Burritos

**\$3.19**

Regular Price \$3.75



Other Sweet Earth products are also on sale.

Maria and Ricardo's

## Tortillas

Assorted Varieties

**20% Off**

Regular Price



Actual Veggies

## Veggie Burgers

2 Burgers

**\$5.49**

Regular Price \$6.99



Other Actual Veggies products are also on sale.

Amy's

## Entrées

**\$5.99**

Regular Price \$6.99



All Amy's products are on sale.

Against The Grain

## Grain-Free Pizza

**\$10.99**

Regular Price \$14.99



Other Against the Grain products are also on sale.

Holy Perogy

## Perogy

**\$4.49**

Regular Price \$6.29



Other Holy Perogy products are also on sale.

Base Culture

## Keto and Paleo Breads

**\$7.99**

Regular Price \$9.99



Carbønaut

## Low Carb Gluten-Free Bread

**\$5.99**

Regular Price \$8.49



Little Northern Bakehouse

## Gluten-Free Breads and Bagels

**\$5.49**

Regular Price \$6.99-\$7.39



Silver Hills Bakery

## Sprouted Breads and Bagels

**\$4.99**

Regular Price \$4.49-\$4.99



Other Silver Hills products are also on sale.

Pop & Bottle

## Oat Milk Lattes

**\$2.69**

Regular Price \$3.29



Other Pop & Bottle products are also on sale.

Fröner

## Dairy-Free Frozen Dessert

**\$5.49**

Regular Price \$6.99



JonnyPops

## Frozen Treats

**\$5.49**

Regular Price \$5.99



Real ingredients. Peanut free facility.

Lakewood

## Select Organic Juices

Assorted Varieties

**30% Off**

Regular Price



Other Lakewood products are also on sale.

Like Harvest Health Foods On Facebook.



Eat well. Live Well. Be Well.

## Nature's Path Family Size Cereal

Select Varieties

**\$8.49**

Regular Price \$9.29



Other Nature's Path products are also on sale.



## Lovebird Grain-Free Cereal

**\$6.99**

Regular Price \$8.99



Birch Benders

## Pancake and Waffle Mix

**\$4.99**

Regular Price \$5.69



Other Birch Benders products are also on sale.



## Purely Elizabeth Oatmeal

Assorted Varieties

**\$4.99**

Regular Price \$5.49-\$6.49



Other Purely Elizabeth products are also on sale.



Olyra

## Breakfast Biscuits

**\$3.99**

Regular Price \$4.99



Arrowhead

## Flour and Pancake Mixes

**25% Off**

Regular Price



One Degree

## Sprouted Granola

**\$4.99**

Regular Price \$6.99



Other One Degree products are also on sale.



Bob's

## Select Oatmeals

**20% Off**



Justin's

## Almond Butter

16 oz, Assorted Varieties

**\$9.99**

Regular Price \$12.49



Squeeze packs are also on sale 10 for \$10.



Choice Organics

## Organic Teas

16 Tea Bags

**2 For \$7**

Regular Price \$5.49



Organic India

## Tulsi Tea

18 Tea Bags

**\$4.49**

Regular Price \$5.99



Crazy Richard's

## Peanut Butter

16 oz

**2 For \$6**

Regular Price \$3.99



Yogi

## Organic Teas

16 Tea Bags

**2 For \$7**

Regular Price \$4.59



Teecino

## Herbal Teas

Assorted Varieties

**\$4.99**

Regular Price \$5.99-\$6.99



## Select If You Care Products

**20% Off**

Regular Price \$5.99



Comvita

## Mānuka Honey

From New Zealand

**30% Off**

Regular Price



Mavuno Harvest

## Dried Fruit

**2 For \$6**

Regular Price \$3.99



Other Mavuno products are also on sale.



Annie's Homegrown

## Organic Fruit Snacks

7 oz

**\$3.99**

Regular Price \$6.89



Healthy Delivered, Right To Your Door.



# Healthy Choices Connected Over Time, Builds Health.

Ancient Harvest

## Gluten-Free Pasta

**25% Off**

Regular Price



Kettle & Fire

## Bone Broth and Soups

Select Varieties

**\$5.99**

Regular Price \$7.49



Other Kettle & Fire products are also on sale.



Chosen Foods

## Avocado Oil and Mayo

**25% Off**

Regular Price



Annie's Homegrown

## Mac & Cheese

**4 For \$5**

Regular Price \$2.49



Bonafide Provisions

## Organic Broth

Assorted Varieties

**\$3.99**

Regular Price \$4.89



Other Bonafide products are also on sale.



California Olive Ranch

## Olive Oil and Dressing

**20% Off**

Regular Price



Muir Glen

## Organic Tomatoes

14.5 oz -15 oz

**2 For \$3**

Regular Price \$2.49-\$2.69



Other Muir Glen products are also on sale.



Blue Diamond

## Nut-Thins

Assorted Varieties

**2 For \$7**

Regular Price \$4.39



## All Primal Kitchen Products

**25% Off**

Regular Price



Bragg

## Apple Cider Vinegar

16 oz

**\$3.99**

Regular Price \$4.89



Other Bragg products are also on sale.



Big Tree Farms

## Coconut Sugar And Aminos

Soy-Free and Gluten Free

**25% Off**

Regular Price



Gomacro

## Organic Protein Bars

**2 For \$5**

Regular Price \$2.99



CanDo Krisps

## Keto Friendly Bars

**\$2.29**

Regular Price \$2.99



## LÄRABAR Bars

**10 For \$10**

Regular Price \$1.79



VERB

## Energy Bars

Caffeinated

**3 For \$4**

Regular Price \$1.79



Mindright

## Superfood Bars

**2 For \$5**

Regular Price \$2.99



NEW



The Gluten Free Bar

## Gluten-Free Bars

**2 For \$3**

Regular Price \$2.39



GFB Bites are also on sale.



Country Archer

## Grass-Fed Jerky

**\$5.49**

Regular Price \$7.49

NEW



Other Mindright products are also on sale.

Like Harvest Health Foods On Facebook.



# Feeling Good From The Inside Out.®

Hippie Snacks

## Real Food Snacks

**2 For \$7**

Regular Price \$4.99



Barnana

## Plantain Snacks

**\$4.49**

Regular Price \$4.99



Other Barnana products are also on sale.



gimMe

## Seaweed Snacks

.35 oz

**3 For \$5**

Regular Price \$2.49



Other gimMe products are also on sale.



Whisps

## Cheese Snacks

**2 For \$6**

Regular Price \$4.59



Uglies

## Kettle Chips

**2 For \$7**

Regular Price \$4.49



Kettle Brands

## Potato Chips

5 oz

**\$3.39**

Harvest Values Price \$3.79



Other Kettle Chips are also on sale.



From the Ground Up

## Plant Based Snacks

**\$3.29**

Regular Price \$4.29



You Need This crackers are also on sale.



Pipcorn

## Snacks

Assorted Varieties

**\$3.69**

Regular Price \$4.69



Jackson's

## Sweet Potato Chips

**2 For \$7**

Regular Price \$4.69



Skinny Pop

## Popcorn

**2 For \$7**

Regular Price \$3.99



Annie's Homegrown

## Crackers

**2 For \$7**

Regular Price \$4.49



Other Annie's products are also on sale.



Michel Et Augustin

## Shortbread Cookies

**\$3.99**

Regular Price \$5.99



Lesser Evil

## Organic Popcorn

**2 For \$7**

Regular Price \$4.19



Fitjoy

## Grain-Free Snacks

**2 For \$7**

Regular Price \$4.89



Fitjoy crackers are also on sale.



Lily's Sweets

## Chocolate Covered Almonds

No Sugar Added

**\$5.49**

Regular Price \$7.99



Other Lily's products are also on sale.



HOP WTR

## Sparkling Hop Water

6/12 oz

**\$8.99**

Regular Price \$11.99



Eternal Water

## Natural Alkaline Spring Water

1.5 Liter

**\$1.59**

Harvest Values Price \$1.99

Case of 12 is on sale for \$18.49.



Alter Eco

## Chocolate Bars

**2 For \$7**

Regular Price \$4.49



Other Alter Eco products are also on sale.



**Find Our Fresh Organic Produce Selection On Harvest Cart.**



# A Healthy Outside Comes From A Healthy Inside.

## Andalou Facial Care

**25% Off**  
Regular Price



## Field Day Hair Care

**2 For \$10**  
Harvest Values  
Price \$5.99

Other Field Day products are also on sale.



## Pranarôm Essential Oils

Select Formulas & Diffusers

**20% Off**  
Suggested Retail



## Now Foods Carrier Oils

**20% Off**  
Regular Price



## Select Liquid IV Hydration Multiplier

**3 For \$5**  
Suggested Retail \$2.49



## Navitas Organics All Superfoods

**25% Off**  
Regular Price



## Irwin Naturals Weight Management Formulas

**30% Off**  
Suggested Retail



## Organic Mushroom Select Formulas

Proteins, Capsules, and  
Functional Beverages

**25% Off**  
Suggested Retail



## Four Sigmatic Coffee and Proteins

**25% Off**  
Regular Price



Other Four Sigmatic products are also on sale.



## Enzymedica Healthy Weight Formulas

**25% Off**  
Suggested Retail



## All Terry Naturally Formulas

**25% Off**  
Suggested Retail



## Ancient Nutrition Bone Broth Proteins

**30% Off**  
Suggested Retail

Other Ancient Nutrition products are also on sale.



## All Solgar Formulas

**25% Off**  
Suggested Retail



## Orgain Organic Proteins

**\$2.89**  
Regular Price \$3.49



Orgain protein tubs are also on sale.



## All Garden of Life Formulas

**30% Off**  
Suggested Retail



## All Vega Formulas

**25% Off**  
Suggested Retail



Follow Harvest Health Foods On Instagram.



# Support Your Wellness With Quality Supplements.

## All Charlotte's Web CBD Formulas

**20% Off**

Suggested Retail



## +PlusCBD™

Relief and Topical Formulas

**25% Off**

Suggested Retail



## Wyld CBD CBD Gummies

**20% Off**

Suggested Retail



Boiron

## Oscillococinum

All Sizes

**25% Off**

Suggested Retail



Barlean's

## Select Formulas

**20% Off**

Suggested Retail



## All Nordic Natural Formulas

**25% Off**

Suggested Retail



Bach

## Rescue Remedy Formulas

**25% Off**

Regular Price

Other Bach products are also on sale.



Gaia Herbs

## Stress, Sleep and Elderberry Formulas

**25% Off**

Suggested Retail



Vital Planet

## Probiotics

Shelf Stable

**20% Off**

Suggested Retail



Nature's Way

## Alive Multivitamins

**25% Off**

Suggested Retail



## All American Health Formulas

**25% Off**

Suggested Retail



ION\* Intelligence of Nature

## Gut Support Formulas

**20% Off**

Regular Price



## All REDD Remedies Formulas

**25% Off**

Suggested Retail



## All LifeSeasons Formulas

**25% Off**

Suggested Retail



Just Thrive

## Probiotics

**20% Off**

Suggested Retail



# Harvest Health

## FOODS

1944 Eastern Ave. SE, Grand Rapids  
Mon - Sat 10 AM - 6 PM  
(616) 245-6268

4150 32nd Ave., Hudsonville  
Mon - Sat 9 AM - 8 PM  
(616) 896-6630

6807 Cascade Road SE, Grand Rapids  
Mon - Sat 9 AM - 8 PM  
(616) 975-7555

12675 Greenly St., Holland  
Mon - Sat 9 AM - 8 PM  
(616) 251-1123