

Organic Almond and Oat Milk

\$5.49

Regular Price \$6.39





Califia Farms

Plant Milks

\$4.19

Regular Price \$4.99



Other Califia Farms products are also on sale.

Field Day

Organic Eggs

\$4,99 Harvest Values

Price \$5.49





Organic Kombucha

Select Varieties

\$2.99 Regular Price \$3.89



Other GT's products are also on sale.

All Cappello's Products

Gluten-free



Kodiak Cakes

HIgh Protein Regular Price \$6.99

Other Kodiak Cakes products are also on sale.

Power Waffles

Thousand Hills

100% Grass-Fed Beef

85%. 1 LB \$6.89

Regular Price \$7.29

Sausage Wild Rice & Gouda

\$5,99

Regular Price \$6.99



Miyoko's Creamery

Vegan Cream Cheese

\$4.99 Regular Price \$6.69





JonnyPops

Frozen **Treats**

\$5.49 Regular Price \$6.49





Real ingredients. Peanut free facility.

Wellness Starts With What's On Your Plate.

cocojune

Painterland Sisters Organic Skyr Yogurt

\$2.39





Organic Valley Sliced Cheese

\$5.49 Regular Price \$6.49



Organic Valley Gee is also on sale.

Koia **Protein**

Drinks \$3,49

Regular Price \$4.49





cocojune

Organic Coconut Yogurt

\$2,19 Regular Price \$2.69



cocojune

Icelandic Provisions Skyr Icelandic Yogurt

\$1.89 Regular Price \$2.19



Live Soda

Probiotic Kombucha

\$2.49 Regular Price \$2.99

Wellness

Regular Price \$3.19

Shots



Suja



Califia Farms

Cold Brew Coffees

\$5,49 Regular Price \$6.49



Honey Mama's

Truffle

No refined sugar, gluten, dairy, or soy.

Bars

Regular Price \$5.79

Woodstock

Organic Vegetables

Select Varieties

\$2,49

Harvest Values Price \$2.99





Woodstock

Organic Fruit Select Varieties

\$3.79

Harvest Values Price \$4.59



Annie's Homegrown

Pizza Popper and Bagels

\$3.99-\$4.99

Regular Price \$5.49-\$6.49



Sambazon

Smoothie Bowls

\$3,49 Regular Price \$4.49



Other Sambazon products are also on sale.

Milá

Soup **Dumplings**

\$6.49 Regular Price \$8.99



Perfect Bar

Organic Protein Bars and Cups

\$2.79 Regular Price \$3.39

M NON

Red's

Burritos Select Varieties

\$2,49 Regular Price \$2.99



jack & annie's

Plant-Based Meats

\$4.99 Regular Price \$5.99



Snow Days

Organic Pizza Bites

Regular Price \$7.99





Mom Was Right, You Are What You Eat.

Atoria's Family Bakery

Lavash, Naan, and Pita **Breads**



Outer Aisle

Grain Free Sandwich Rounds

\$4.99 Regular Price \$7.99



Carbønaut

Low Carb Gluten-Free Bread \$6,49

Regular Price \$8.49



Little Northern Bakehouse

Gluten-Free Breads and Bagels

\$5.69 Regular Price \$6.99-\$7.39 NO.



Silver Hills Bakery

Sprouted Breads Assorted Varieties

\$4,49 Regular Price \$5.99



Other Silver Hills products are also on sale.

Caulipower

Chicken Tenders

Gluten-Free Coating

\$8.99 Regular Price \$10.99



Other Caulipower products are also on sale.

Pacific Foods

Plant Milks

\$2.99-\$3.99 Regular Price \$4.29-\$5.99







All Catalina Crunch Products

KETO Friendly

25% Off Regular Price





One Degree

Sprouted Oats and Granola

25% Off

Regular Price



Birch Benders

Pancake and **Waffle Mix**



Other Birch Benders products are also on sale.





Grain-Free

Against The Grain



Other Against the Grain products are also on sale.

Nature's Path

Family Sized Cereals

Select Varieties

\$8.19-\$9.49

Regular Price \$9.29-\$10.99



Three Wishes

Cereals and Granolas

Grain-free, Less Sugar

\$5.99 Regular Price \$7.99

NASA Separate

Purely Elizabeth

Granola

\$6.49 Regular Price \$7.49



Other Purely Elizabeth products are also on sale.

Arrowhead Mills

Pancake Mixes and Puffed Cereals

25% Off Regular Price





Enjoy Life

Baking Chips Dairy-Free

\$5.49

Regular Price \$6.99







Miss Jones

KETO Baking Mixes

Assorted Varieties

\$5.99 Regular Price \$7.99



Ready -to-bake Cookie Dough is also on sale.



25% Off Regular Price





All Jovial Products

25% Off Regular Price







Annie's Homegrown Annie's Homegrown

Mac & Cheese

2 For \$3 Regular Price \$2.49





Organic Dressings

\$4,49





Emerald Cove

Assorted Varieties



gimMe

Seaweed Snacks

.35 oz

\$1.79

Regular Price \$2.49





Sea Veggies









EMERALLI GOVE

WAKAME

\$1.99

Regular Price \$2.79

300mg of functional mushrooms.



Protein Bars

\$1.79

Regular Price \$2.39



Field Day

Organic Pasta Sauce

\$3,49





\$2.39 Harvest Values Price \$2.99





Organic







Harvest Values Price \$3.39

Gluten-Free Pasta









Organic Beans

\$1.89





\$3.49

Harvest Values Price \$3.99









Other gimMe products are also on sale.





25% Off







Orgain

Organic Protein

\$10,49







Only What You Need

Elite Protein Drinks

\$3,49







Healthy Delivered, Right To Your Door.

Eat Better, Feel Better.

Field Day

Lunch Box Essentials

Fruit Cups, and Dried Fruit.

20% Off

Harvest Values Price







Nut and Seed NuttZo

Butter \$9.97

Regular Price \$13.29



Crazy Richard's

Peanut Butter

16 07

\$2.99

Regular Price \$4.19



Other Crazy Richard's products are also on sale.

Crofter's Organic

Organic Fruit Spreads

\$4,99 Regular Price \$6.19





Just Fruit Spreads are also on sale.

lustin's

NuttZo ?

Almond Butter

16 oz. Assorted Varieties

\$9.99

Regular Price \$12.49



Squeeze packs are also on sale 10 for \$10.

Voyage

Nut-Free Spreads

\$4.29 Regular Price \$6.39





All Klean Kanteen **Products**

20% Of Regular Price



If You Care

Sandwich **Bags**

\$3.99 Regular Price \$5.99



compostic

Compostable Bags

25% Off Regular Price



BEAR

Fruit Snacks

No Sugar Added

\$4.29 Regular Price \$4.99

NON dino project



Annie's Homegrown

Organic Fruit Snacks

\$4.99

Regular Price \$6.99



Fruit Candy

\$2.29 Regular Price \$2.99



Made Good

Snacks

Assorted Varieties

\$3,49 Regular Price \$3.99-\$4.99





Heavenly Hunks

Oatmeal Snacks

Gluten Free

\$3.99 Regular Price \$5.19





Michel Et Augustin **Shortbread**

Cookies

BOGO

FREE



Country Archer

Grass-Fed Jerky

\$5.69





Prevail

Grass-Fed Jerky

\$4.99 Regular Price \$6.49



Meat Bars

2 For \$5

Regular Price \$3.29 Other Epic products are also on sale.



Choose Snacks That Will Love You Back.

Zero Calorie Soda



Harvest Values Price \$11.99



Lakewood

Organic luice Boxes

8/6.75 oz

\$4,49

Regular Price R5.99



Eternal Water

Natural Alkaline Spring Water

2.5 Liter

\$2.39

Harvest Values Price \$2.89

A case of 6 is on sale for \$13.99.

FitJoy

Grain-Free Snacks

\$3.49

Regular Price \$4.99



Fitjoy crackers are also on sale.

Kettle Brand

Potato Chips

4.25-5 oz

\$3.29

Harvest Values Price \$3.79



Eternal

Other Kettle Chips are also on sale.

Snack Factory

Pretzel Crisps

\$3,49





Rambler

Sparkling Water

8/12 07

Regular Price \$4.99



Aloe Vera Beverages

Classic

\$1.99



Ionized Alkaline

\$1.69

Harvest Values Price \$2.29



Blue Diamond

\$2,49

Regular Price \$2.99

Yachak

\$1.99

Lifeaid

Regular Price \$2.69

Functional

Beverages

Plant-Based

Energy Tea

Nut-Thins

Assorted Varieties

\$3,29 Regular Price \$3.99



Element



\$3.69

Regular Price \$4.99



Lily's Sweets

No Sugar Added Treats

element

3.2- 3.5 oz

25% Off Regular Price





Select Seventh Generation **Products**

20% Off Regular Price





Essentia

Water

1 Liter

Case of 12 is on sale for \$18.99



\$3.99

Regular Price \$5.49





Pipcorn

Snacks Assorted Varieties

\$3.69 Regular Price \$4.69



Like Air **Puffcorn**



PIPCORN

W NAME

Feeling Good From The Inside Out.

ACURE

Hair and Body Care 20% Off

Regular Price



All Mineral Fusion Products 25% Off Regular Price



25% Off Regular Price





everyone

Lotions and Soaps

25% Off

Regular Price



Melora

Mānuka **Skin Care**

25% Off

Regular Price



Pranarōm

Aromashield

Outdoor Essentials

20% Off Regular Price





Now Foods

Carrier Oils

20% Off



Regular Price

Enzymedica



Garden of Life

Collagen **Formulas**

Suggested Retail



All SUNWARRIOR Products

Supplements and

25% Off Suggested Retail



Fiber Formulas

25% Off Suggested Retail



Ancient Nutrition

Multi Collagen **Advanced**

25% Off

Suggested Retail



25% Off

Suggested Retail

Protein

Four Sigmatic



Four Sigmatic Coffee is also on Sa

Comvita

Mānuka Honev

From New 7ealand

30% Off Suggested Retail





Other Ancient Nutrition products are also on sale.

Cardiovascular **Formulas**

20% Off Suggested Retail



Terry Naturally Curamin® and CuraMed® **Formulas**

25% Off

Harvest Health Foods

Suggested Retail



Other Terry Naturally formulas are also on sal

All Solaray Formulas

25% Off Solaray Suggested Retail



+PlusCBD

Wellness Blends

25% Off Suggested Retail relief sleep





Healthy From The Outside Starts From The Inside.

Irwin Natural

Brain Formulas

25% Off Suggested Retail



LifeSeasons

Brain **Formulas**

25% Of Suggested Retail



REDD Remedies

Immune Formulas

25% Off

Suggested Retail



Garden of Life

Dr. Formulated Probiotics

25% Off





American Health

Acidophilus

60 Chewable Wafers

\$8.49 Suggested Retail

Nature's Way



Children's Formulas

Nordic Naturals

Back-To-School Formulas

Suggested Retail



Other Nordic Naturals formulas are also on sale.

Barlean's

Liquid Flax Oils

20% Off

Suggested Retail



All Liquid Formulas

20% Off





Suggested Retail



All True Grace Whole Food-Based

Formulas

20% Off



25% Off Suggested Retail



One Daily Multi Formulas

25% Off

Suggested Retail

Other Solgar formulas are also on sale.



Sleep and Stress Calm

25% Off Suggested Retail

Homeopathic Formulas



Harvest Health Foods Kids Formulas

Select Varieties

25% Off

Suggested Retail





1944 Eastern Ave. SE, Grand Rapids Mon - Sat 10 AM - 6 PM (616) 245-6268

4150 32nd Ave., Hudsonville Mon - Sat 9 AM - 8 PM (616) 896-6630

6807 Cascade Road. SE, Grand Rapids Mon - Sat 9 AM - 8 PM (616) 975-7555

12675 Greenly St., Holland Mon - Sat 9 AM - 8 PM (616) 251 -1123