

Feeling Good From The Inside Out.®

Organic Valley

Grassmilk

\$5.99

Harvest Values Price \$6.99

Cheese **Slices**

\$5.49 Regular Price \$6.49



Other Organic Valley products are also on sale.

Thousand Hills

Grass-Fed Beef Renegade Blend \$7.99

Regular Price \$8.59

Uncured Beef Hot Dogs

\$6,49

Regular Price \$6.99

BBQ Shredded Brisket

\$10,49

Regular Price \$10.99











Equal Exchange

Organic Coffee

\$9.99

Regular Price \$11.99

Decaf coffee is also on sale for \$10.99

Organic Tea

\$3.99 Regular Price \$4.99

Chocolate

\$2.99

Regular Price \$3.99



ORGANIC BLACK TEA

| | |



Other Equal Exchange products are also on sale.

Woodstock Farms

Organic Nuts and Seeds

25% Off Regular Price





Nutcase Vegan

Vegan Meat Alternatives

2 For \$7







Nutty Loaf is on sale \$8.99

Califia

Plant Milks

48 oz

\$4.29 Regular Price \$4.99



Creamers

\$4.99 Regular Price \$5.99





Marcalifia Farms products are also on sale

Dinner Doesn't Have To Be Fancy, Just Good Ingredients.

Farmers Hen House

Organic Large Brown Eggs

ORGANIC ORGANIC ME

\$5.19

Regular Price \$5.69



Bellwether Farms

A2 Organic Whole Milk Yogurt

Regular Price \$3.29

Other Belwether sheep milk yogurts are also on sale.

Ithaca **Hummus** Assorted Varieties

\$4,49



Regular Price \$5.29

Other Ithaca products are also on sale.

Immaculate Baking Company

Biscuits and Crescent Rolls

\$3.99

Regular Price \$6.99



Nuts for Cheese

Dairy-Free Cheese

Plant Powered

\$6.99 Regular Price \$8.99



Pasta

\$7,49

Against The Grain

Pizza

Harvest Values Price \$8.99

Grain-Free



Pressed Juicery

Cold Pressed Juice

\$4.99 Regular Price \$5.79



HARMLESS

Harmless Harvest

Coconut Water

16 oz

\$4.39 Regular Price \$5.29



Other Harmless

Harvest products are also on sale

Cold Pressed Juice

\$3,49 Regular Price \$4.29





Wellness shots are also on sale.

Organic Kombucha

Select Varieties

\$2.89 Regular Price \$3.89



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Tortillas

Grain-Free

\$8,49 Regular Price \$9.99



Nature's Path

Organic Waffles

\$3.19 Regular Price \$4.49







Eat Meati

Plant Based Meat

\$6.99-\$8.49

Regular Price \$8.99-\$10.99



Bowls and Smoothie Packs

25% Off Regular Price



Sambazon



Regular Price \$14.99

\$10.99



Other Against the Grain products are also on sale.

Amy's

Pizza

Regular Price \$10.49



Cascadian Farms

Organic Potatoes

Regular Price \$5.79







Cascadian Farms

Riced Cauliflower

\$3.99 Regular Price \$5.39





Breakfast, Lunch, And Dinner - Are Important Decisions.

Nature's Path

Family Sized Cereals

\$7.99 Regular Price \$9.29



Cascadian Farm Organic

Organic Cereals

Assorted Varieties

\$3.99



All Pamela's Products

Pamelas



Lovebird **Grain-Free**

Cereal

\$6.99 Regular Price \$8.99



One Degree

Oats, Flour and Granola

25% Off



Little Northern Bakehouse

Gluten-Free Breads

\$5.69

Regular Price \$6.99-\$7.39

Bagels are also on sale.

Silver Hills Bakery

Sprouted **B**agels \$4.99

Regular Price \$6.49



Other Silver Hills products are also on sale.

All Jovial

Products

25% Off Regular Price



Entrées

Assorted Varieties

Organic India

Tulsi Tea

25% Off

Regular Price

\$3.49-\$3.79

Regular Price \$3.99-\$4.49

Tasty Bite



RAO'S

Premium Pasta Sauce

\$6.69 Regular Price \$8.39



Other RAO'S products are also on sale.

Annie's Homegrown

Mac & Cheese

2 For \$3 Regular Price \$2.49





Proud Source Water

Rocky Mountain Spring Water

23.5 oz

Regular Price \$2.99

Other sizes are also on sale.

Essentia

Ionized Alkaline Water

700 ML

3 For \$4

Harvest Values Price \$1.69

Case of 24 is on sale for \$29.99.



20% Off

Regular Price

Dressings

\$3.99 Regular Price \$5.69



Cobram Estate

Premium Olive Oils

25% Off Regular Price



California Olive Ranch

Olive Oil and **Dressing**

20% Off Regular Price









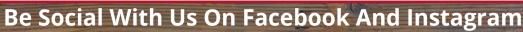








Other Organic India products are also on sale



Feeling Good From The Inside Out.®

Pop & Bottle

Oat Milk Lattes

\$2.69

Regular Price \$3.29

Other Pop & Bottle products are also on sale.



GFB :GFB

GFB

Pure Coconut Water

2 For \$4 Regular Price \$2.69



Lakewood

Select Organic Juices

25% Off Regular Price





The Gluten Free Bar

Gluten-Free **Bars**

2 For \$3 Regular Price \$2.39



GFB Bites are also on sale.

PROBAR Meal

Bars



Organic Protein Bars

\$2.69 Regular Price \$2.99





Uglies

Kettle Chips

\$3.39 Regular Price \$4.49



Pipcorn

Snacks Assorted Varieties

\$3.69 Regular Price \$4.69



Popchips

Popped Potato Snacks

2 For \$6 Regular Price \$4.29



Quinn

Gluten-Free Pretzels

Select Varieties

\$4,49

Regular Price \$5.99





Hippie Snacks

Real Food Snacks

\$3,49 Regular Price \$4.99



Annie's Homegrown

Crackers

\$3.29 Regular Price \$4.49



element element

Other Annie's products are also on sale

Topped Rice Cakes

\$3.69 Regular Price \$4.99



Barnana

Quinn @ CHOCOLATE'Y

Plantain Chips and Bites

Regular Price \$4.29-\$5.99



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Snack Factory

Pretzel **Crisps**

2 For \$7 Regular Price \$4.49





Chocolate Bars

\$3.99 Regular Price \$5.49







Lilv's Sweets

Chocolate Bars

Stevia Sweetened

2 For \$7 Regular Price \$4.49



Alter Eco

Chocolate Bars

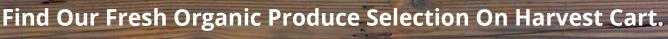
2 For \$7 Regular Price \$4.49



LILYS



Other Alter Eco products are also on sale



True Beauty Radiates From Within, Nourished By Healthy Choices.

Orgain **Organic Proteins**

\$10.49 Regular Price \$13.49





Orgain protein tubs are also on sale.

Navitas Organics

All Superfoods

25% Off Regular Price



Four Sigmatic

Coffee and Proteins

25% Off



Four Sigmatic single packets are also on sale.

organic

Garden of Life

Sport Formulas

25% Off Suggested Retail





ECOS

Laundry Detergent 100 oz

\$12.99 Regular Price \$14.99



Organic protein

All If You Care **Products**

25% Off Regular Price



Plastic-Free Hair Care

Assorted Varieties

25% Off Regular Price



Hair Care

Andalou

25% Off Regular Price



Now Foods

Essential Oils

20% Off Regular Price

Ancient Nutrition

Formulas!

25% Off

Suggested Retail



Zum **Products**

20% Off Regular Price

* Excludes bulk soaps.



Borion

Acidil, Gasalia, and Diaralia

Homeopathic Formulas 25% Off Suggested Retail



All Vital Planet Formulas

Daily Glandular

20% Off Suggested Retail



Enzymedica

Heartburn **Formulas**

25% Off Suggested Retail



Garden of Life

Dr. Formulated Probiotics

25% Off Suggested Retail



Just Thrive

Probiotics

20% Off Suggested Retail



ROBIOTIC: 30 BILLIO

ION* Intelligence of Nature

Gut Support Formulas

20% Off Suggested Retail



American Health

Apple Cider Vinegar

\$7,49

Suggested Retail \$9.99



Healthy Is The Sum Of Daily Choices Over Time.

+PlusCBI

Select Liquid Formulas

25% Off Suggested Retail



All Charlotte's Web CBD **Formulas**

20% Off

Suggested Retail



Irwin Natural Formulas

25% Of Suggested Retail



All LifeTime **Formulas**

25% Off Suggested Retail



MegaFood

Sleep and Inflammation Formulas

25% Off Suggested Retail



Terry Naturally

Curamin® and CuraMed® **Formulas**

20% Off Suggested Retail



Solgar

NEW Formulas

25% Off Suggested Retail





Nordic Naturals

Ultimate Omega Formulas

25% Oʻ Suggested Retail



RFDD

Sinus **Formulas**

25% Off

Suggested Retail



Nature's Way

Immunity Support Formulas

25% Off

Suggested Retail



LifeSeasons

Seasonal Support Formulas 💼

25% Off Suggested Retail



Harvest Health Foods Detox Formulas

Select Varieties

25% Off

Suggested Retail



All Gaia Herbs Formulas

25% Off Suggested Retail







1944 Eastern Ave. SE, Grand Rapids Mon - Sat 10 AM - 6 PM (616) 245-6268

4150 32nd Ave., Hudsonville Mon - Sat 9 AM - 8 PM (616) 896-6630

6807 Cascade Road SE, Grand Rapids Mon - Sat 9 AM - 8 PM (616) 975-7555

12675 Greenly St., Holland Mon - Sat 9 AM - 8 PM (616) 251 -1123