

Harvest Health FOODS®

Since 1952



March 2023

Feeling Good From The Inside Out.®

Organic Valley

Organic Thick Cut Cheese

\$4.99

Regular Price \$5.49-\$5.59



Organic Valley

Grassmilk

100% Grass-Fed, No Grain

\$6.29

Harvest Values Price \$6.99



Nancy's

Probiotic Oatmilk Yogurt

\$1.79

Regular Price \$2.29



Almond Breeze

Almond Milk

Assorted Refrigerated Varieties
64 oz

\$3.79

Regular Price \$4.29



Kite Hill

Greek Style Yogurt

Plant-Based
16 oz

\$4.49

Regular Price \$5.99



Field Day

Organic Large Eggs

Dozen

\$4.49

Harvest Values Price \$4.99



Other Field Day eggs are also on sale.

Some items may not be available due to unforeseen shortages. Not responsible for typographical errors.

Making Healthy Food Even More Delicious!

Green Valley Creamery

Organic Cream Cheese

Lactose Free

\$3.99

Regular Price \$4.89



Chobani

Yogurt Flip

Select Varieties

3 For \$5

Regular Price \$1.99



Haven's Kitchen

Fresh Cooking Sauces

\$6.69

Regular Price \$7.69



Thousand Hills

BBQ Brisket And Pulled Pork

14 oz

\$9.99

Regular Price \$10.99

Woodland pastured pork.



Petit Pot

Organic French Puddings

\$2.69

Regular Price \$3.29



Food For Life

Sprouted Grain Bread

Select Varieties

\$5.99

Regular Price \$6.49



De La Calle!

Organic Tepache

2 For \$5

Regular Price \$2.99



Tepache is a naturally fermented beverage from Mexico that is made from pineapples.



Culture Pop

Probiotic Sodas

\$1.49

Regular Price \$1.99



Soda you can feel good about.



Sweet Nothings

Organic Fruit Smoothies

6/2 oz tubes

\$4.99

Regular Price \$6.49



No added sugar or fruit juice.



Nutcase Vegan Meats

Local Vegan Meat

2 For \$7

Regular Price \$4.99



Nutty Loaf is on sale \$8.49



Dr. Praeger's

Puffs, Littles, and Hashbrowns

\$4.29

Regular Price \$5.49



Fröner

Dairy-Free Frozen Dessert

\$5.49

Regular Price \$6.49



Kite Hill

Ravioli and Tortellini

Dairy-Free

\$6.99

Regular Price \$8.99



Annie's Homegrown

Pizza Poppers and Bagels

\$3.99-\$4.99

Regular Price \$4.99-\$6.19



Woodstock

Select Organic Fruit

10 oz

\$4.99

Harvest Values Price \$5.39-\$5.79



Other Woodstock products are also on sale.



Nature's Path

Cereals

Select Varieties

\$3.99

Regular Price \$4.99



Other Nature's Path Products are also on sale.



Bob's Red Mill

Organic Oats

Old Fashioned Rolled Oats

16 oz

2 For \$7

Regular Price \$4.19



Other Bob's Red Mill oats are also on sale.



Bob's Red Mill

Gluten-Free Oats

32 oz

\$6.69

Regular Price \$8.59



Other Bob's Red Mill gluten-free oats are also on sale.



Shop Online with Harvest Cart at HarvestHealthFoods.com

We Can't Control Everything In Our Lives, But We Can Control What We Eat.

Lakewood

Organic Juices

Select Varieties

25% Off

Regular Price



Bravo Tea

Health Teas

20 Bags

\$4.49

Regular Price \$5.79



Field Day

Maple Syrup

12 oz

\$9.99

Harvest Values Price \$11.79



Other sizes are also on sale.



Cup 4 Cup

Gluten-Free Flour Mixes

Assorted Varieties

25% Off

Regular Price



Flavorganics

Organic Extracts

Assorted Varieties

\$4.99

Regular Price \$6.99



Organic Vanilla is also on sale.



Enjoy Life

Baking Chips

Allergen Friendly

\$4.99

Regular Price \$5.99



Lotus Foods

Rice and Ramen

Select Varieties

20% Off

Regular Price



Muir Glen

Organic Tomatoes

14.5 oz - 15 oz

4 For \$5

Regular Price \$2.79



28 oz

2 For \$5

Regular Price \$4.49



Crown Prince

Select Seafood

25% Off

Regular Price



EPIC

Meat Strips

2 For \$3

Regular Price \$2.29

Meat Bars

2 For \$5

Regular Price \$3.19

Pork Rinds

2 For \$6

Regular Price \$4.49



Field Day

Organic Beans

2 For \$4

Harvest Values Price \$2.39



Natural Sea

Albacore Tuna

5 oz

\$3.49

Harvest Values Price \$3.79



Other Natural Sea tuna is also on sale.



LÄRABAR Bars

4 For \$5

Regular Price \$1.79



Bachan's

Japanese Sauces

\$6.99

Regular Price \$8.99



Declared delicious by our staff!

NEW



Field Day

Organic Olive Oil

1 Liter

\$13.99

Harvest Values Price \$15.99



Like Harvest Health Foods On Facebook.

Feeling Good From The Inside Out.®

Mountain Valley

Spring Water

Sparkling and Still

1 Liter

2 For \$4

Regular Price \$2.99

Other Mountain Valley products are also on sale.



Waterloo

Sparkling Water

12/12 oz

\$5.49

Regular Price \$6.49



Eternal Water

Natural Alkaline Spring Water

1 Liter

\$1.29

Harvest Values Price \$1.69

Case of 12 is on sale for \$14.99.



Betty Buzz

Clean Mixers

9 oz

\$1.49

Regular Price \$1.99

Real juice mixers.



Riot Energy

Plant Powered Energy Drink

2 For \$4

Regular Price \$2.89



BEEBAD

Natural Energy Drink

2 For \$4

Regular Price \$2.89

Sparkling energy drink powered by honey, ginseng, propolis, maca, plus B6 and B12 vitamins.



Kettle Brands

Potato Chips

5 oz

2 For \$6

Harvest Values Price \$3.79



NEW



Late July

Tortilla Chips

\$3.69

Harvest Values Price \$4.49



Muddy Bites

Waffle Cone Snacks

2 oz

2 For \$7

Regular Price \$4.99



Endangered Species

Chocolate Bars

2 For \$5

Harvest Values Price \$2.99



Simple Mills

Cookies

Assorted Varieties

\$4.49

Regular Price \$5.49



Other Simple Mills products are also on sale.



Little Secrets

Candy

\$4.99

Regular Price \$6.59



Other Little Secrets candies are also on sale.



Primal Kitchen

Dips

\$5.99

Regular Price \$7.69



Siete

Tortillas and Kettle Chips

Grain-Free

2 For \$7

Regular Price \$3.99



Snack Factory

Pretzel Crisps

2 For \$7

Regular Price \$3.99



Field Day

Hair and Body Care

2 For \$10

Harvest Values

Price \$5.99



Better Life

Natural Cleaning Formulas

Assorted Varieties

\$4.99

Regular Price \$6.49

Other Better LIFE products are also on sale.



Biokleen

Natural Dish Soap

\$3.29

Regular Price \$4.49

Other Biokleen products are also on sale.



Find Our Fresh Organic Produce Selection On Harvest Cart.

A Healthy Outside, Begins With A Healthy Inside.

Humble

Plastic-Free Deodorants

20% Off

Regular Price



All Andalou Products

25% Off

Regular Price



Only What You Need

Protein Drinks

\$2.69

Regular Price \$3.49



Now Foods

All Essential Oils

20% Off

Suggested Retail



All Derma-E Formulas

25% Off

Regular Price



All Vega Tubs

25% Off

Suggested Retail



Harvest Health Foods Seasonal Formulas

Select Varieties

25% Off

Suggested Retail



Vital Proteins

Collagen Formulas

Select Varieties

20% Off

Suggested Retail



Nature's Way

Sambucus Formulas

25% Off

Suggested Retail



Nature's Way

Umcka

Cold and Flu Formulas

25% Off

Suggested Retail

Other Nature's Way formulas are also on sale.



Enzymedica

All Digestive Health Formulas

25% Off

Suggested Retail



Omne Diem

Select Histamine Formulas

25% Off

Suggested Retail



Boiron

Chestal® Formulas

25% Off

Suggested Retail



All American Health Formulas

30% Off

Suggested Retail



Solgar

Select B Vitamin Formulas

20% Off

Suggested Retail



All Bluebonnet Formulas

25% Off

Suggested Retail



Solaray

Liposomal Multivitamins

30% Off

Suggested Retail



Follow Harvest Health Foods On Instagram.

Healthy From The Outside Starts From The Inside.

All Garden of Life Formulas

30% Off
Suggested Retail



Nordic Naturals

Functional Nutrients

25% Off
Suggested Retail



All Terry Naturally Formulas

20% Off
Suggested Retail



All Himalaya Formulas

20% Off
Suggested Retail



All Herb Pharm Formulas

20% Off
Suggested Retail



New Chapter

Select Herbal Formulas

30% Off
Suggested Retail



All Vital Planet Formulas

20% Off
Suggested Retail



PBS Special with Brenda Watson "H.O.P.E. For Ultimate Health" is airing on WGTV in March.

All Carlson Formulas

25% Off
Suggested Retail



Irwin Naturals

All CBD Formulas

25% Off
Regular Price



+PlusCBD™

All Formulas

25% Off
Suggested Retail



Wyld CBD

CBD Gummies and Sparkling Water

25% Off
Suggested Retail



We have three convenient locations in the Grand Rapids area.

1944 Eastern Ave. SE Grand Rapids (616) 245-6268
Mon-Sat 9-7 Closed Sundays

6807 Cascade Road SE Grand Rapids (616) 975-7555
Mon-Sat 9-8 Closed Sundays

4150 32nd Ave Hudsonville (616) 896-6630
Mon-Sat 9-8 Closed Sundays

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE. SOME ITEMS MAY NOT BE AVAILABLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.