

Harvest Health FOODS

Since 1952



June 2023

Feeling Good From The Inside Out.®

Field Day
Organic Large Eggs

Dozen

\$4.49

Harvest Values Price \$4.99



Other Field Day eggs are also on sale.

Good Culture
Organic Cottage Cheese

16 oz

\$4.79

Regular Price \$5.79-\$6.19



Organic Valley
Organic Shredded Cheese

\$4.99

Regular Price \$5.49



Organic Cheese Slices

\$5.79

Regular Price \$6.49



Select Cheese Blocks

\$5.99

Regular Price \$6.99



Green Valley
Organic Cream Cheese

Regular Price \$4.89

Organic Kefir

\$6.99

Regular Price \$7.69



Blind Tiger
Spirit-Free Cocktail Mixers

\$12.99

Regular Price \$13.99



Ready to sip or mix.

Field Roast
Chao Cheese

\$5.49

Regular Price \$6.49



Plant-Based Sausages and Dogs



\$5.69

Regular Price \$6.49



Corndogs

\$6.69

Regular Price \$8.49



Other Field Roast products are also on sale.

Force of Nature
Bison Bacon Patties

100% Grass Fed
4 - 1/4 LB Patties

\$12.99

Regular Price \$15.49



Ground boar, venison, and bison are also on sale.

Some items may not be available due to unforeseen shortages. Not responsible for typographical errors.

Elmhurst
Plant Based Milks

\$5.49
Regular Price \$6.69



Elmhurst creamers are also on sale.

Koia
Protein Drinks

2 For \$6
Regular Price \$4.19



Smoothies are also on sale 2 For \$5.

Better Booch
Kombucha

\$3.19
Regular Price \$3.79



Buy 9 get 1 free with electronic punch card!

Beetology & Wonder Melon
Watermelon and Beet Juice

\$2.69
Regular Price \$3.19



Lakewood
Select Organic Juices

25% Off
Regular Price



Nancy's
Probiotic Oatmilk Yogurt

\$1.79
Regular Price \$2.29



Petit Pot
Organic French Puddings

\$2.69
Regular Price \$3.19



Red's
Burritos

\$2.29
Regular Price \$2.99



Delicious, clean ingredients and convenient.

Cascadian Farms
Hashbrowns and Spud Puppies

\$4.19
Regular Price \$5.49



Now Featuring Stone House Breads

Wild Fermented Sourdough Breads baked in Traverse City. Available at Cascade and Hudsonville.



Essential Baking Company
Organic Take & Bake Breads

\$5.49
Regular Price \$6.49



Food For Life
Sprouted Grain English Muffins

\$5.19
Regular Price \$6.29



Other Food For Life products are also on sale.

Biokleen
Natural Laundry Products

Select Varieties

20% Off
Regular Price



Bob's Red Mill
Select Breakfast Items

20% Off
Regular Price



Great Food And Great Company Make The Best Memories.

Woodstock Farms

Organic Mustard

\$2.79

Harvest Values Price \$3.39



Organic Ketchup

\$2.99

Harvest Values Price \$3.79



Organic BBQ Sauce

\$3.99

Harvest Values Price \$4.89



Organic Mayo

\$6.99

Harvest Values Price \$8.99



Organic Pickles

\$4.49

Harvest Values Price \$5.79



Field Day

Organic Beans

2 For \$4

Harvest Values Price \$2.39



Annie's Homegrown

Organic Dressings

\$3.99

Regular Price \$5.69



Annie's Homegrown

Crackers

7.5 oz

2 For \$7

Regular Price \$4.49



 Other Annie's crackers are also on sale.

Annie's Homegrown

Mac & Cheese

4 For \$5

Regular Price \$2.49



Koyo

Ramen

10 For \$10

Harvest Values Price 4 For \$5.



Bragg

Apple Cider Vinegar Blends

16 oz

\$6.69

Regular Price \$7.69



 Other Bragg products are also on sale.

Siete

Tortilla Chips and Botana Sauces

NEW

\$4.69

Regular Price \$5.49-\$5.99



Bachan's

Japanese Sauces

\$6.99

Regular Price \$8.99



 Declared delicious by our staff!

Field Day

Crackers

Select Varieties

2 For \$6

Harvest Values Price \$3.99



MTVIKOS

Spreads

\$3.99

Regular Price \$4.49



Eppa

SupraFruta Sangria

White and Red

\$12.99

Regular Price \$14.99



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Feeling Good From The Inside Out.®

Late July Tortilla Chips

2 For \$7

Harvest Values Price \$4.49



Que Pasa Tortilla Chips

2 For \$7

Regular Price \$4.49



Zevia Zero Calorie Sodas

12/12 oz

\$9.99

Harvest Values Price \$11.29



Stearz Organic Yerba Mate

2 For \$4

Regular Price \$2.69



Just Ice Tea Organic Ice Tea

2 For \$4

Regular Price \$2.69



Cretors Popcorn

Select Varieties

\$3.99

Regular Price \$4.49



Kettle Brands Potato Chips

13 oz

\$4.99

Harvest Values Price \$5.99



Other Kettle Chips are also on sale.

Matt's Cookies

\$3.99

Regular Price \$5.49



LÄRABAR Bars

4 For \$5

Regular Price \$1.79



PROBAR Meal Bars

\$2.39

Regular Price \$3.29



Other PROBAR products are also on sale.

EPIC Meat Bars

2 For \$5

Regular Price \$3.19



Other EPIC products are also on sale.

BEEBAD Energy Drinks

2 For \$4

Regular Price \$2.89



Sparkling energy drink powered by honey, ginseng, propolis, maca, plus B6 and B12 vitamins.

Muddy Bites Waffle Cone Snacks

\$3.19

Regular Price \$4.99



Unreal Candy

\$4.69

Regular Price \$5.99



Just like your favorite candy but with less sugar.

Lake Champlain Chocolates Truffle Bars

2 For \$4

Regular Price \$2.89



Find Our Fresh Organic Produce Selection On Harvest Cart.

Healthy From Head To Toe.

Essentia Ionized Alkaline Water

20 oz

10 For \$10

Harvest Values Price \$1.19



Essentia 6/1 Liter water is also on sale.

Now Foods Essential Oils

20% Off

Regular Price



Sukin Face Care and Sun Care

25% Off

Regular Price



La Croix Sparkling Water

12/12 OZ

\$4.99

Regular Price \$5.69



Mad Hippie New Skin and Sun Care

20% Off

Regular Price

NEW



Andalou Hair Care

25% Off

Regular Price



Men's products are also on sale.

Eternal Water Natural Alkaline Spring Water

6/600 ML

\$3.99

Harvest Values Price \$5.89



Fuel For Fire Protein Smoothies

2 For \$5

Regular Price \$3.79

10g of protein, no added sugar.



Garden of Life Proteins

Select Varieties

30% Off

Suggested Retail



Boiron Arnica Topicals

25% Off

Suggested Retail



Nature's Way Umcka Allergy and Sinus

20% Off

Suggested Retail



Bravo Tea Health Teas

20 Bags

\$4.99

Regular Price \$6.49



American Health Ester-C

Select Formulas

20% Off

Suggested Retail



Nature's Way Alive! Multivitamins

20% Off

Suggested Retail



Country Life Core Daily-1

Multivitamins

25% Off

Suggested Retail



Other Country Life products are also on sale.

Have You Joined Harvest Rewards?

Healthy From The Outside Starts From The Inside.

Harvest Health Foods

Men's Health Formulas

Select Varieties

25% Off
Suggested Retail



Enzymedica

Berberine Formulas

25% Off
Suggested Retail



Other Enzymedica formulas are also on sale.

Organic Mushroom

Select Formulas

Proteins, Capsules, and Functional Beverages

25% Off
Suggested Retail



Garden of Life

Vitamin Code Gummies

30% Off
Suggested Retail



Irwin Naturals

Men's Formulas

30% Off
Suggested Retail



Kyolic

Select Garlic Formulas

20% Off
Suggested Retail



All Zhou Formulas

30% Off
Suggested Retail



Solgar

Select Minerals

20% Off
Suggested Retail



Nordic Naturals

Select Formulas

25% Off
Suggested Retail



Terry Naturally

All CuraMed® and CuraMin® Formulas

20% Off
Regular Price



Irwin Naturals

All CBD Formulas

20% Off
Suggested Retail



+PlusCBD™

All Formulas

25% Off
Suggested Retail



All HempFusion CBD Formulas

25% Off
Suggested Retail



1944 Eastern Ave. SE Grand Rapids (616) 245-6268
Mon-Sat 9-7 Closed Sundays

6807 Cascade Road SE Grand Rapids (616) 975-7555
Mon-Sat 9-8 Closed Sundays

4150 32nd Ave Hudsonville (616) 896-6630
Mon-Sat 9-8 Closed Sundays

New Location Coming Late 2023 - US-31 & Greenly St. Holland