

Harvest Health FOODS®



February 2023

Since 1952

Feeling Good From The Inside Out.®

Field Day
Organic Pasta

\$2.89

Harvest Values Price \$3.19



Tinkyáda
Rice Pasta
Gluten-Free

\$3.79

Regular Price \$4.19-\$4.59



Brazi Bites
Brazilian Cheese Bread

\$5.49

Regular Price \$6.99



Rumiano
Organic Cheese
Assorted Blocks

\$5.19

Regular Price \$5.99



Other Rumiano products are also on sale.

Field Day
Organic Pasta Sauce

\$3.69

Harvest Values Price \$4.29



Thousand Hills
100% Grass-Fed Beef
80% Ground

\$6.29

Regular Price \$6.69



Other Thousand Hills beef products are also on sale.

Equal Exchange
Organic Coffee

\$8.49

Regular Price \$9.99



Equal Exchange tea is also on sale.

Casa Santos Lima
Portuguese Red Blend

\$9.99

Harvest Values Price \$10.49



Chocolove xoxox
Chocolate Bars

3 For \$7

Regular Price \$2.99



Other Chocolove products are also on sale.

HU
Chocolate Bars
Grain-Free & Gluten-Free

\$3.79

Regular Price \$4.99



Lily's Sweets
Chocolate Bars
Stevia Sweetened

2 For \$7

Regular Price \$4.49



Alter Eco
Organic Chocolate Bars

2 For \$6

Regular Price \$4.39



Other Alter Eco products are also on sale.

Some items may not be available due to unforeseen shortages. Not responsible for typographical errors.


The Secret Ingredient Is Always Love.

Planet Oat Oatmilk

Unsweetened

\$3.99

Regular Price \$4.49

 Zero added sugar.



Green Valley Organic Yogurt

Lactose Free, 24 oz

\$5.79

Regular Price \$6.89

 Other Green Valley products are also on sale.



cocojune Organic Coconut Yogurt

16 oz

\$5.99


Regular Price \$7.59



Bitchin' Sauce Dairy-Free Sauces

\$5.79

Regular Price \$6.69

 This dip is nuts!



GT's Organic Kombucha

Select Varieties

2 For \$6

Regular Price \$3.89



Alex's Awesome Sourdough Sourdough Pizzas

Select Varieties

\$9.49

Regular Price \$10.49



Ripple Plant-Based Milk

\$5.19

Regular Price \$5.99

 Other Ripple products are also on sale.



Chobani Greek Yogurt

3 For \$4

Regular Price \$1.79

Other Chobani products are also on sale.



Organic Valley Organic Grassmilk Half & Half

\$3.69

Regular Price \$3.99



Ithaca Hummus

Assorted Varieties

\$4.49

Regular Price \$5.19

 Cold-crafted hummus.



Koia Protein Drinks

2 For \$7

Regular Price \$3.99

 Smoothies are also on sale 2 For \$6



Vista Hermosa Tortillas

Corn and Flour

\$4.99-\$5.39

Regular Price \$4.39-\$6.19

 Tortilla chips are also on sale.



Califia Farms Barista Blends

Select Varieties

\$3.99

Regular Price \$4.99

 Other Califia Farms products are also on sale.



Good Culture Organic Cottage Cheese

16 oz

\$4.79

Regular Price \$5.79-\$6.19

 Other Good Culture products are also on sale.



Organic Valley Organic Thick Cut Cheese

\$4.49

Regular Price \$5.49

 Other Organic Valley products are also on sale.



Cleveland Kitchen Sauerkraut and Kimchi

\$5.49

Regular Price \$6.19



Woodstock Organic Vegetables

Select Varieties

2 For \$5

Harvest Values Price \$2.99

Organic Fruit

Select Varieties

2 For \$8

Harvest Values Price \$4.59

 Other Woodstock fruit & veggies are also on sale.



Shop Online with Harvest Cart at [HarvestHealthFoods.com](https://www.HarvestHealthFoods.com)

Cooking Is Love Made Visible.

Mid-Day Squares

Organic Functional Chocolate Bars

2 For \$4

Regular Price \$2.49



Find in the refrigerator section.

Honey Mama's

Truffle Bars

\$4.49

Regular Price \$5.99

No refined sugar, gluten, dairy, or soy.
Find in the refrigerator section.



Equal Exchange

Organic Chocolate Bars

2 For \$6

Regular Price \$3.99



Cocomels

Organic Coconut Milk Caramels

\$4.39

Regular Price \$5.69



Other Cocomels products are also on sale.

Taza

Organic Chocolate Bars

\$3.69

Regular Price \$4.99-\$5.79



Sanders

Chocolate Caramels

18 oz

\$6.99

Regular Price \$7.99



Purely Elizabeth

Oatmeal

6/9.12 oz Packets

\$3.99

Regular Price \$5.79



Other Purely Elizabeth products are also on sale.

Field Day

Organic Cereal

\$4.49

Harvest Values Price \$4.99



Pamela's Products

Gluten-Free Baking Mixes

Assorted Varieties

15% Off

Regular Price



Crofter's Organic

Organic Fruit Spreads

16.5 oz

\$4.99

Regular Price \$6.29



Yogi

Organic Teas

16 Tea Bags

2 For \$7

Regular Price \$4.79



Otto's Naturals

Grain-Free Mixes

Select Varieties

25% Off

Regular Price



Choice Organics

Organic Teas

2 For \$7

Regular Price \$5.49



Numi Tea

Organic Tea

\$5.49

Regular Price \$6.99



Lakewood

Select Organic Juices

25% Off

Regular Price



Teeccino

Herbal Coffees And Teas

Assorted Varieties

30% Off

Regular Price



Annie's Homegrown

Organic Mac & Cheese

2 For \$6

Regular Price \$3.89



Oven Baked Mac & Cheese

\$4.99

Regular Price \$6.19



Other Annie's products are also on sale.

Like Harvest Health Foods On Facebook.

Love At First Bite.

Michel Et Augustin

Shortbread Cookies

\$4.59

Regular Price \$5.99



Heavenly Hunks

Oatmeal Snacks

Gluten Free

\$3.69

Regular Price \$5.59



Mavuno Harvest

Dried Fruit

\$2.69

Regular Price \$3.99



Fruit Bites are also on sale.



Hipeas

Organic Chickpea Puffs

2 For \$6

Regular Price \$3.99



Late July

Organic Tortilla Chips

\$3.79

Regular Price \$4.39



Rhythm Superfoods

Veggie Bites

20% Off

Regular Price



The Good Crisp Company

Potato Crisps

2 For \$6

Regular Price \$3.69



Field Day

Organic Salsa

\$3.69

Harvest Values \$4.49



gimMe

Seaweed Snacks

.35 oz

2 For \$4

Regular Price \$2.39



Other gimMe products are also on sale.



Cretors

Popcorn

Select Varieties

\$3.69

Regular Price \$4.29



Kettle

Potato Chips

5 oz

2 For \$7

Regular Price \$3.79



Simply Gum

Simply Gum and Mints

Assorted Varieties

2 For \$5

Regular Price \$2.99



Barnana

Plantain Snacks

\$3.99

Regular Price \$4.99



Other Barnana products are also on sale.



Eternal Water

Natural Alkaline Spring Water

2.5 Liter

\$2.39

Harvest Values Price \$2.89

Case of 6 is on sale for \$13.99



Steaz

Organic Iced Teas

Antioxidant Brews

3 For \$5

Regular Price \$1.99



Quinn

Gluten-Free Pretzels

Select Varieties

\$4.19

Regular Price \$5.49



Zevia

Zero Calorie Sodas

10 12 oz

\$8.69

Harvest Values Price \$9.49



Essentia

Ionized Alkaline Water

1 Liter

3 For \$5

Harvest Values Price \$1.89

Case of 12 on sale for \$17.99



Find Our Fresh Organic Produce Selection On Harvest Cart.

Beauty Is More Than Skin Deep.

All Mineral Fusion Products

25% Off

Suggested Retail



Sukin Facial Care

25% Off

Regular Price



All ACURE Formulas

25% Off

Regular Price



100% Clean, vegan beauty.

Now Solutions

Xyli-White Toothpaste

20% Off

Regular Price



Pranarom

Organic Essential Oils and Diffusers

20% Off

Suggested Retail



Field Day

Paper Products

15% Off

Harvest Values Price



Soul Spring

Bath Bombs and Bath Soaks

Select Sizes

25% Off

Regular Price



Irwin Naturals

Personal Formulas

30% Off

Suggested Retail



If You Care

Select Paper Kitchen Supplies

20% Off

Regular Price



Solaray

microbiome Probiotics

30% Off

Suggested Retail



Boiron

ColdCalm Formulas

25% Off

Suggested Retail



Klean Kanteen

Stainless Steel Tumblers

Assorted Varieties

20% Off

Suggested Retail



Nature's Way

Sambucus Formulas

25% Off

Suggested Retail



Nature's Way

Umcka

Cold and Flu Formulas

25% Off

Suggested Retail

Other Nature's Way formulas are also on sale.



Biokleen

Natural Laundry Products

25% Off

Regular Price



Solgar

Select Active Life Formulas

20% Off

Suggested Retail



Follow Harvest Health Foods On Instagram.

Healthy From The Outside Starts From The Inside.

Harvest Health Foods

Heart Healthy Formulas

25% Off
Suggested Retail



Enzymedica

Heart Health Formulas

25% Off
Suggested Retail



Nordic Naturals

Heart Healthy Formulas

25% Off
Suggested Retail



Kyolic

Heart Health Formulas

Select Varieties

20% Off
Suggested Retail



Ancient Nutrition

New Super Greens Formulas

30% Off
Suggested Retail



MegaFood

Blood Builder

20% Off
Suggested Retail



Clinically proven to increase iron levels without side effects.

LifeSeasons

Healthy Life Formulas

30% Off
Suggested Retail



All Charlotte's Web CBD Formulas

20% Off
Suggested Retail



+PlusCBD™

Extra and Maximum Strength Formulas

25% Off
Suggested Retail



All HempFusion CBD Formulas

25% Off
Suggested Retail



Terry Naturally

Select CuraMed® Formulas

20% Off
Regular Price



Other Terry Naturally formulas are also on sale.

All Garden of Life Formulas

30% Off
Suggested Retail



American Health

Select Ester-C Formulas

20% Off
Suggested Retail



We have three convenient locations in the Grand Rapids area.

1944 Eastern Ave. SE Grand Rapids (616) 245-6268
Mon-Sat 9-7 Closed Sundays

6807 Cascade Road SE Grand Rapids (616) 975-7555
Mon-Sat 9-8 Closed Sundays

4150 32nd Ave Hudsonville (616) 896-6630
Mon-Sat 9-8 Closed Sundays

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