

Harvest Health FOODS®

Since 1952



December 2023

Feeling Good From The Inside Out.®

Organic Valley

**Grassmilk
Half & Half**
\$3.69

Regular Price \$3.99



Grassmilk
\$6.29

Regular Price \$6.99



**Raw Grassmilk Cheddar
Cheese**
\$7.49

Regular Price \$8.99



Other Organic Valley products are also on sale.

Holland Harvest Health
Foods Opening Late December



We are thrilled to announce the upcoming opening of our newest Harvest Health Foods location in Holland, Michigan, scheduled for late December. Our heartfelt gratitude goes out to our loyal customers and dedicated staff whose unwavering support and hard work are turning our new store into a reality.

You may have noticed the refreshed look of our logo. In updating it, we took great care to honor the vision and legacy of our parents and grandparents who aimed to make a positive impact on the health of our community. We feel blessed to build on this wonderful legacy, and we will strive to continue being a vital part of promoting health in West Michigan at all our locations.

Equal Exchange

**Organic
Coffee**
\$9.99

Regular Price \$11.99



Decaf coffee is also on sale for \$10.99

Organic Tea

\$3.99

Regular Price \$4.99



Chocolate

2 For \$6

Regular Price \$3.99



Other Equal Exchange products are also on sale.

Thousand Hills

Grass-Fed Beef

70%, 16 oz

\$5.99

Regular Price \$6.79



Other Thousand Hills products are also on sale.

Bionaturae

**Organic Tomatoes
and Pasta**

30% Off

Regular Price



Some items may not be available due to unforeseen shortages. Not responsible for typographical errors.

Savor Friends And Savor The Food.

Green Valley Creamery

Slices And Butter

Lactose Free

\$4.49

Regular Price \$5.49



Organic Yogurt

\$5.99

Regular Price \$6.99



Good Culture

Cream Cheese

\$3.69

Regular Price \$4.39

Pasture raised.



Happy Egg

Heritage Free Range Eggs

\$6.99

Regular Price \$7.99



Mt Vikos

Feta And Spreads

25% Off

Harvest
Values Price



Miyokos

Vegan Cream Cheese

\$5.49

Regular Price \$6.99



Other Miyoko's products are also on sale.

Bubbies

Naturally Fermented Products

\$7.99

Regular Price \$8.99



Other Bubbies products are also on sale.

FrescoBene

Artisan Sauces

\$6.99

Regular Price \$9.99



Maspanadas

Empanadas

NEW

\$5.99

Regular Price \$7.99



Brazi Bites

Brazilian Cheese Bread

\$6.29

Regular Price \$6.99



Katz

Gluten-Free Pies

8.25 oz - 11.5 oz

\$5.99

Regular Price \$7.99



Red's

Burritos

2 For \$5

Regular Price \$3.19



Bubbies Mochi

Mochi

NEW

\$5.99

Regular Price \$6.99



Tillamook

Ice Cream

1.5 Quart

\$6.49

Regular Price \$7.49



Woodstock

Organic Fruit

Select Varieties 32 oz

\$12.99

Regular Price \$14.49



Numi Tea

Organic Tea

16 Tea Bags

\$5.99

Regular Price \$7.69



Choice Organics

Organic Tea

16 Tea Bags

2 For \$7

Regular Price \$5.49



Bravo Tea

Health Tea

20 Bags

\$4.99

Regular Price \$6.99



Shop Online with Harvest Cart at [HarvestHealthFoods.com](https://www.HarvestHealthFoods.com)

You Don't Need A Silver Fork To Eat Good Food. Paul Prudhomme

Field Day

Organic Cereals

\$4.49

Regular Price \$5.49



Bob's Red Mill

Pancake Mixes

20% Off

Regular Price

Other Bob's Red Mill baking mixes are on sale.



Simple Mills

Baking Mixes

\$6.99

Regular Price \$8.49



Woodstock

Organic Sugar

30% Off

Harvest Values Price



Cup 4 Cup

Gluten-Free Flour Mixes

Assorted Varieties

25% Off

Regular Price



Namaste

Gluten-Free Baking Mixes

30% Off

Regular Price



Shady Maple

Organic Maple Syrup

25% Off

Regular Price



Enjoy Life

Baking Chips

Dairy-Free

\$5.49

Regular Price \$6.99



Lily's Sweets

Baking Chocolate

Stevia Sweetened

\$7.99

Regular Price \$6.99



Field Day

Grains And Dried Beans

15% Off

Harvest Values Price



Field Day

Organic Broth

Assorted Varieties

2 For \$5

Harvest Values
Price \$3.19-\$3.59



EPIC

Bone Broth

\$6.49

Regular Price \$7.79

Other Epic products are also on sale.



Crown Prince

Select Seafood

20% Off

Regular Price



Amy's

Organic Soups

\$3.69

Regular Price \$4.29



Amy's Chili is also on sale.



Field Day

Organic Crackers

Assorted Varieties

2 For \$6

Harvest Values

Price \$3.69



Lakewood

Select Organic Juices

Assorted Varieties

20% Off

Regular Price



Fentimans

Sodas

Assorted Varieties

4/4.93 oz

\$8.49

Regular Price \$9.99

Fentimans mixers are also on sale.



Betty Buzz

Sparkling Mixers

4/9 oz

\$6.49

Regular Price \$7.99

Real juice mixers.



Like Harvest Health Foods On Facebook.

Life Is Sweeter With Good Chocolate.

Chocolove xoxox

Chocolate Bars

2 For \$5

Regular Price \$2.99



Other Chocolove products are also on sale.



Honey Mama's

Truffle Bars

\$4.49

Regular Price \$5.79

No refined sugar, gluten, dairy, or soy.
Find in the refrigerator section.



TCHO

Chocolate

2 For \$7

Regular Price \$4.99



Endangered Species

Chocolate Bars

2 For \$5

Regular Price \$3.29



Awake

Awake Chocolate

2 For \$6

Regular Price \$5.49



HU

Chocolate Bars

Grain-Free & Gluten-Free

\$3.99

Regular Price \$5.49



Alter Eco

Truffle Thins

2 For \$7

Regular Price \$4.49



Other Alter Eco products are also on sale.



Black Forest Stretch Island

Fruit Strips

4 For \$3

Regular Price .99

Zero added sugar.



Kate's

Organic Real Food Bars

\$2.29

Regular Price \$2.89



Better Life

Cleaning Formulas

25% Off

Regular Price



compostic

Compostable Bags

30% Off

Regular Price



If You Care

Select Paper Kitchen Supplies

20% Off

Regular Price



Snack Factory

Pretzel Crisps

7.2 oz

2 For \$6

Regular Price \$4.49



Cretors

Popcorn

Select Varieties

\$3.99

Regular Price \$4.49



Garden of Eatin'

Tortilla Chips

16 oz

\$5.49

Regular Price \$6.99



Siete

Salsas

\$4.99

Regular Price \$5.99

Other Siete products are also on sale.



Essentia

Ionized Alkaline Water

1.5 Liter

2 For \$4

Harvest Values Price \$2.59

Other Essentia water is also on sale.



Find Our Fresh Organic Produce Selection On Harvest Cart.

All Inesscents Formulas

20% Off
Suggested Retail



All Pranarōm Products

20% Off
Regular Price



All Derma-E Formulas

25% Off
Regular Price



Andalou Naturals Hair Care

25% Off
Regular Price



A La Maison French Milled Soap

\$6.49
Regular Price \$8.49



Now Solutions Xyli-White Toothpaste

20% Off
Regular Price



Humble Plastic-Free Deodorants

20% Off
Regular Price



All LifeFlo Products

25% Off
Suggested Retail



Ancient Nutrition ROC Formulas

30% Off
Suggested Retail



Regenerative Organic Certified



Vital Planet Shelf Stable Probiotics

20% Off
Suggested Retail



Irwin Naturals Sleep Formulas

30% Off
Suggested Retail



American Health Select Formulas

25% Off
Suggested Retail



All LifeSeasons Formulas

25% Off
Suggested Retail



Borion Acidil and Gasalia Homeopathic Formulas

25% Off
Regular Price



Garden of Life All Proteins

25% Off
Suggested Retail



Enzymedica Digestive Support Formulas

25% Off
Suggested Retail



Healthy From The Outside Starts From The Inside.

+PlusCBD™

All Formulas

25% Off

Suggested Retail



Irwin Naturals

All CBD Formulas

20% Off

Suggested Retail



Harvest Health Foods

Stress Support Formulas

25% Off

Suggested Retail



REDD Remedies

Select Formulas

25% Off

Suggested Retail



Solgar

NEW Gummy Formulas

25% Off

Suggested Retail



Solgar

Whey To Go Proteins

25% Off

Suggested Retail



Terry Naturally

Curamin® and CuraMed® Formulas

25% Off

Suggested Retail



Nature's Way

New Gummy Formulas

25% Off

Suggested Retail



Nature's Way

Sambucus Formulas

25% Off

Suggested Retail



Garden of Life

MyKind Formulas

25% Off

Suggested Retail



Nordic Naturals

Synergy and Select Omega Formulas

25% Off

Suggested Retail



Receive an additional \$5 off when you purchase \$50 or more of any Nordic Naturals products.

Harvest Health

FOODS

1944 Eastern Ave. SE, Grand Rapids
Mon - Sat 10 AM - 6 PM
(616) 245-6268

6807 Cascade Road. SE, Grand Rapids
Mon - Sat 9 AM - 8 PM
(616) 975-7555

4150 32nd Ave., Hudsonville
Mon - Sat 9 AM - 8 PM
(616) 896-6630

12675 Greenly St., Holland
Mon - Sat 9 AM - 8 PM
(616) 251-1123

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE. SOME ITEMS MAY NOT BE AVAILABLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.