

70th Anniversary Harvest Health FOODS®

Since 1952

September 2022



Feeling Good From The Inside Out.®

All Harvest Health Foods Supplements, Herbs, and Essential Oils

25% Off

Suggested Retail

Quality you can be confident in. We have our name on it!



Muir Glen
Organic Tomatoes

14.5 oz - 15 oz

10 For \$10

Regular Price \$2.69



Other Muir Glen products are also on sale.

NuttZo
Mixed Nut and Seed Butters

BUY ONE GET ONE FREE



Bionaturae
All Bionaturae Products

30% Off

Regular Price



Certified Glyphosate Free

Field Day
Organic Beans

15-16 oz Cans

2 For \$4

Harvest Values
Price \$2.39



GT's
Organic Kombucha

Select Varieties

2 For \$6

Regular Price \$3.59



LÄRABAR Bars

10 For \$10

Regular Price \$1.79



Some items may not be available due to unforeseen shortages. Not responsible for typographical errors.

We Are Passionate About Health.

Farmers Hen House

Free-Range Organic Eggs

\$4.99

Harvest Values Price \$5.59



Organic Valley

Grass-Fed Milk

64 oz

\$5.99

Harvest Values Price \$6.49



Other Organic Valley products are also on sale.

Good Culture

Cottage Cheese

16 oz

\$4.49

Regular Price \$5.79



Other Good Culture products are also on sale.

Lifeway

Organic Oat Milk Kefir

\$5.99

Regular Price \$6.99



Ithaca

Hummus

Assorted Varieties

\$4.19

Regular Price \$5.19



Cold-crafted hummus. It tastes just like it came from your blender, but better.

HOPE

Organic Hummus

2 For \$7

Regular Price \$4.49



Other Hope products are also on sale.

Three Trees

Organic Nut Milks

\$5.19

Regular Price \$6.89



Nancy's

Oatmilk Yogurt

24 oz

\$4.49

Regular Price \$5.39



cocojune

Organic Coconut Yogurt

16 oz

\$5.99

Regular Price \$7.59



Almond Breeze

Almond Milk

Assorted Refrigerated Varieties

64 oz

\$3.49

Regular Price \$4.29



Miyoko's Creamery

Roadhouse Cheddar and Pizza Mozzarella

\$5.99

Regular Price \$6.79-\$7.29



JUST Egg

Vegan Egg

\$3.99

Regular Price \$4.49



Just Egg Sous Vide is also on sale \$5.99.

Culture Pop

Probiotic Sodas

\$1.39

Regular Price \$2.19



Soda you can feel good about.

De La Calle!

Organic Tepache

\$2.49

Regular Price \$2.99



Tepache is a naturally fermented beverage from Mexico that is made from pineapples.

Great Eastern Sun

Miso Master Organic Miso

20% Off

Regular Price



Mid-Day Squares

Organic Functional Chocolate Bars

2 For \$4

Regular Price \$2.49



Woodstock

Organic Fruit

Select Varieties

\$4.19-\$5.29

Harvest Values Price \$4.59-\$5.79



Food For Life

Organic Ezekiel 4:9 Bread

\$5.69

Regular Price \$6.39



Other Food For Life products are also on sale.

Shop Online with Harvest Cart at HarvestHealthFoods.com

Serving West Michigan With Healthy Options Since 1952!

Maria and Ricardo's

Tortillas

Assorted Varieties

20% Off

Regular Price



Field Roast

Plant-Based Sausages

Select Varieties

\$5.49

Regular Price \$6.49



Sweet Earth

Burritos

\$2.99

Regular Price \$3.75



Other Sweet Earth products are also on sale.



Amy's Kitchen

Bowls

\$5.29

Harvest Values
Price \$5.99

Other Amy's products are also on sale.



Dr. Praeger's

Veggie Burgers

\$3.99

Regular Price \$5.49



Other Dr. Praeger's products are also on sale.



Cascadian Farm

Organic Potatoes

2 For \$6

Regular Price \$4.79



Tillamook

Ice Cream

\$5.99

Regular Price \$6.99



Alden's Organic

Organic Ice Cream

48 oz

\$7.99

Regular Price \$9.99



Coolhaus

Ice Cream Sammies

\$3.99

Regular Price \$4.99



Cosmic Bliss

Plant-Based Ice Cream

Assorted Varieties

\$5.99

Regular Price \$6.99



Yasso

Frozen Greek Yogurt

4/3.5 Bars

\$5.69

Regular Price \$6.49



Lakewood

Organic Juices

Select Varieties

25% Off

Regular Price



Comvita

Mānuka Honey

From New Zealand

30% Off

Regular Price



Madhava

Organic Sweeteners

Assorted Varieties

35% Off

Regular Price



NADI

Wild Organic Rose Hip Juices

\$2.29

Regular Price \$3.45



Celestial Seasonings

Herbal Tea

Assorted Varieties

\$3.19

Regular Price \$3.89



Stash

Premium Teas

Assorted Varieties

\$3.19

Regular Price \$3.99



Traditional Medicinals

Organic Herbal Teas

16 Tea Bags

\$4.49

Regular Price \$5.49



Like Harvest Health Foods On Facebook.

Catalina Crunch

Keto Friendly Cereal

\$6.49

Regular Price \$8.99



Pamela's Products

Gluten-Free Baking Mixes

Assorted Varieties

20% Off

Regular Price



Otto's Naturals

Grain-Free Mixes

Select Varieties

30% Off

Regular Price



Arrowhead Mills

Flour and Pancake Mixes

30% Off

Regular Price



Yai's Thai

Cooking Sauces

\$6.99

Regular Price \$8.99



Primal Kitchen

Dressings

\$6.69

Regular Price \$7.89

Other Primal Kitchen products are also on sale.



Navitas Organics

Select Navitas Products

30% Off

Regular Price



Imagine Foods

Organic Soup

\$4.69

Regular Price \$6.29



Native Forest

Organic Coconut

2 For \$4

Regular Price \$3.49



Annie's Homegrown

Organic Mac & Cheese

2 For \$6

Regular Price \$3.89



Carbone

Pasta Sauce

24 oz

\$7.99

Harvest Values Price \$8.99

NEW



The New Primal

Sauces and Marinades

\$5.99

Regular Price \$7.99

Other New Primal products are also on sale.



Annie's Homegrown

Baked Mac & Cheese

\$4.99

Regular Price \$6.19



Wild Caught Albacore Tuna

\$2.59

Harvest Values Price \$2.89



SAN-J

Cooking Sauces

\$3.29

Regular Price \$3.99

Gluten-free.



Lotus Foods

Ramen

4 Packs

\$4.99

Regular Price \$7.49



Other Lotus Foods products are also on sale.

Muir Glen

Organic Salsa

\$3.69

Regular Price \$4.99



Siete Foods

Tortilla Chips

5 oz, Grain-free. 5 oz

\$4.19

Regular Price \$3.99



Other Siete Foods products are also on sale.



Feeling Good From The Inside Out.®

Beanfields

Bean Chips

2 For \$6

Regular Price \$4.29



Hippeas

Organic Chickpea Puffs

2 For \$6

Regular Price \$3.99



Snack Factory

Pretzel Crisps

2 For \$6

Regular Price \$3.79



Spudlove

Organic Potato Chips

2 For \$7

Regular Price \$4.49



From the Ground Up

Plant Based Snacks

2 For \$7

Regular Price \$4.49



Terra Chips

Select Varieties

2 For \$7

Regular Price \$4.29



Hippie Snacks

Real Food Snacks

2 For \$7

Regular Price \$4.89



Quinn

Gluten-Free Pretzels

Select Varieties

2 For \$7

Regular Price \$5.49



Simple Mills

Organic Crackers

Select Varieties

\$4.49

Regular Price \$5.49



Feel

Natural Calm Drinks

2 For \$5

Regular Price \$3.49



Only What You Need

OWYN Proteins

\$2.69

Regular Price \$3.49



Elite proteins are also on sale \$3.19.



Essentia

Ionized Alkaline Water

1 Liter

\$1.49

Regular Price \$1.89

All Essentia waters are on sale.



Riot Energy

Plant Powered Energy Drink

2 For \$4

Regular Price \$2.89



Lifaid Beverage

Functional Beverages

2 For \$4

Regular Price \$2.99



Mountain Valley

Spring Water

Sparkling and Still

1 Liter

2 For \$4

Regular Price \$2.99



True North

Energy Seltzers

2 For \$4

Regular Price \$2.79



Zevia

Zero Calorie Soda

6/12 oz

\$4.89

Harvest Values Price \$5.59



Other Zevia products are also on sale.



Waterloo

Sparkling Water

12/12 oz

\$5.49

Regular Price \$6.49



Like Harvest Health Foods On Facebook.

Health Is More Dependent On Our Habits And Nutrition Than on Medicine.

Brad's Organic Veggie Snacks

Assorted Varieties

\$4.99

Regular Price \$5.99



Other Brad's Snacks are also on sale.



Eat The Change Mushroom Jerky

\$3.99

Regular Price \$5.99



Rhythm Kitchen Veggie Bites

\$3.19

Regular Price \$4.19



Chocolove xoxox Chocolate Bars

3 For \$7

Regular Price \$2.99



XO No sugar added bars are on sale 2 for \$6.



Taza Organic Chocolate Bars

Assorted Varieties

\$3.69

Regular Price \$4.99-\$5.79



Divine Chocolate Bars

2 For \$6

Regular Price \$4.39



OCHO Organic Candy

3.5 oz Varieties

2 For \$6

Regular Price \$4.69



KIND Minis

10 / .7 oz Bars

\$7.99

Regular Price \$9.49



Other KIND Thins are also on sale.



RAW REV Glo Bars

2 For \$3

Regular Price \$2.59



Michel Et Augustin Cookies

\$4.19

Regular Price \$5.79



Kalahari Biltong Air Dried Beef

\$5.69

Regular Price \$7.59

32 Grams of protein and 0 grams of sugar.



Milk Bar Cookies

2 For \$7

Regular Price \$4.99

Other Milk Bar cookies are also on sale.



Vermont Smoke and Cure Meat Snacks

Assorted Varieties

2 For \$3

Regular Price \$1.99



SmartSweets No Sugar Added Candies

2 For \$5

Regular Price \$2.99

Kick Sugar, Keep Candy.™



Biokleen Select Natural Cleaners

30% Off

Regular Price



UNREAL Chocolate Snacks

\$4.99

Regular Price \$6.49



Up to 51% less sugar than the leading brand.



All Inesscents Formulas

NEW

25% Off

Suggested Retail



SoulSpring CBD Bath Soaks

Select Varieties

25% Off

Regular Price



Find Our Fresh Organic Produce Selection On Harvest Cart.

Healthy Groceries, Healthy Vitamins, Healthy Answers.

All Mad Hippie Products

25% Off
Regular Price



All Derma-E Formulas

30% Off
Regular Price



Sukin Hair Care

30% Off
Regular Price



Andalou Hair Care

Select Varieties

30% Off
Suggested Retail



All Life-Flo Formulas

30% Off
Regular Price



Seventh Generation Feminine Products

Select Varieties

\$4.49
Regular Price \$4.99



Organic Mushroom All Mushroom Formulas

25% Off
Suggested Retail



Now Solutions Xyli-White Toothpaste

25% Off
Regular Price



All Vega Formulas

25% Off
Suggested Retail



Boiron Sleep and Stress Calm

20% Off
Suggested Retail



Nature's Way Alive! Multivitamins

Select Formulas

20% Off
Suggested Retail



Nature's Way Children's Formulas

Select Formulas

20% Off
Suggested Retail



Nordic Naturals Complete Omega and Pre-Natal DHA

25% Off
Suggested Retail

Other Nordic products are also on sale.



Nature's Way Umcka Allergy and Sinus

20% Off
Suggested Retail



Nature's Way Umcka & Sambucus

Formulas for Immunity, Cold, and Flu

20% Off
Suggested Retail



Herb Pharm Anxiety Support

25% Off
Suggested Retail



American Health Select Ester-C Formulas

30% Off
Suggested Retail

Home Health Castor Oil is also on sale.



Ancient Nutrition Glandular Formulas

30% Off
Suggested Retail



Follow Harvest Health Foods On Instagram.

Your Health Is Your Greatest Treasure. Be Your Own Advocate!

All Garden of Life Formulas

30% Off
Suggested Retail



Country Life Select Minerals

20% Off
Suggested Retail



All SunSoil CBD Formulas

25% Off
Suggested Retail



All Solgar Formulas

30% Off
Suggested Retail



Wyl'd CBD Gummies and Sparkling Water

20% Off
Suggested Retail



All Irwin Naturals Formulas

30% Off
Suggested Retail



Enzymedica New Magnesium Formulas

25% Off
Suggested Retail



Other Enzymedica formulas are also on sale.

All Charlotte's Web CBD Formulas

25% Off
Suggested Retail



All LifeSeasons Formulas

25% Off
Suggested Retail



All New Chapter Formulas

30% Off
Suggested Retail



+PlusCBD Oil™ All Formulas

25% Off
Suggested Retail



All Terry Naturally Formulas

20% Off
Suggested Retail



All Gaia Herbs Formulas

25% Off
Suggested Retail



We have three convenient locations in the Grand Rapids area.

1944 Eastern Ave. SE Grand Rapids (616) 245-6268
Mon-Sat 9-7 Closed Sundays

6807 Cascade Road SE Grand Rapids (616) 975-7555
Mon-Sat 9-8 Closed Sundays

4150 32nd Ave Hudsonville (616) 896-6630
Mon-Sat 9-8 Closed Sundays

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