

th Anniversary Harvest Health FOODS Since 1952

July 2022

Feeling Good From The Inside Out. ®

Thousand Hills 100% Grass-Fed Beef Sausages and Brats

10 oz - Assorted Varieties

\$5.99

Regular Price \$6.69



Force of Nature Bison Bacon Patties

100% Grass Fed
4 - 1/4 LB Patties

\$11.99

Regular Price \$12.99



Ground boar, venison, and bison are also on sale.

Food For Life Ezekiel 4:9 Sprouted Grain Buns

Size

\$5.49

Regular Price \$6.19



Other Food For Life products are also on sale.

Bubbies Naturally Fermented Products

\$7.49

Regular Price \$8.49



Other Bubbies products are also on sale.

Field Day Organic Beans

15-16 oz Cans

2 For \$4

Harvest Values
Price \$2.39



Waterloo Sparkling Water

12/12 oz

\$4.99

Regular Price \$5.99



Field Day Organic Salsa

\$3.69

Harvest Values Price
\$4.19



Late July Organic Tortilla Chips

2 For \$6

Harvest Values
Price \$3.99



GoodPop Frozen Treats

Assorted Varieties

20% Off

Regular Price



Some items may not be available due to unforeseen shortages. Not responsible for typographical errors.

Keep calm, grab some lemonade, and go on a picnic.

Organic Valley Grass-Fed Milk

64 oz

\$5.99

Harvest Values Price \$6.49



Organic Valley Organic Egg Bites

Assorted Varieties

\$3.99

Harvest Values Price \$4.59



Cleveland Kitchen Kraut

Assorted Varieties

\$4.99

Regular Price \$6.19



Yucatan Authentic Guacamole

8 oz

\$3.59

Regular Price \$4.49

Other Yucatan products are also on sale.



Elmhurst Plant Based Milks

\$4.69

Regular Price \$5.69



Elmhurst creamers are also on sale \$3.99.



Ithaca Hummus

Assorted Varieties

\$3.99

Regular Price \$4.99



HOPE Organic Hummus

2 For \$7

Regular Price \$4.29



Kite Hill Sour Cream or Dips

Dairy-Free

\$3.99

Regular Price \$4.89



Soft Spreadable Cheeses are also on sale \$7.99.



Califia Farms Dairy-Free Creamer

2 For \$6

Regular Price \$3.69

Lemonade

2 For \$8

Regular Price \$4.99

Cold Brew Coffee

2 For \$9

Regular Price \$5.49



Lightlife Organic Tempeh

2 For \$6

Regular Price \$3.99



Vive Organic Organic Wellness Shots

\$2.69

Regular Price \$3.39



GT's Organic Kombucha

Select Varieties

\$2.89

Regular Price \$3.49



Remedy Organics Plant Based Protein

\$3.89

Regular Price \$4.69



REBBL Super Herb Elixirs

2 For \$7

Regular Price \$3.99



Other Rebbl products are also on sale.



Culture Pop Probiotic Sodas

\$1.49

Regular Price \$2.19



Soda you can feel good about.



poppi Prebiotic Sodas

2 For \$4

Regular Price \$2.49



Be gut happy, be gut healthy.



OLIPOP Sparkling Tonics

2 For \$4

Regular Price \$2.29

Low sugar, fiber added sodas



Shop Online with Harvest Cart at [HarvestHealthFoods.com](https://www.HarvestHealthFoods.com)

If you keep good food in your fridge, you will eat good food. Errick McAdams

Dr. Praeger's

Veggie Burgers

2 For \$7

Regular Price \$4.99



Other Dr. Praeger's products are also on sale.



Katz

Gluten-Free Pot Pie

Assorted Varieties

\$3.69

Regular Price \$4.99

Cinnamon Rolls are also on sale \$4.99.



Cosmic Bliss

Plant-Based Ice Cream

Assorted Varieties

\$5.99

Regular Price \$6.99



Other Cosmic Bliss products are also on sale.



Coolhaus

Ice Cream Sammies

\$3.99

Regular Price \$4.99



Yasso

Greek Yogurt Bars

\$4.99

Regular Price \$5.89



Let's Do and Let's Do Organics

Ice Cream Cones

30% Off

Regular Price



Fröner

Dairy-Free Frozen Dessert

\$4.49

Regular Price \$5.69



Alden's Organic

Organic Ice Cream

48 oz

\$7.99

Regular Price \$9.99



Catalina Crunch

KETO Friendly Cereals

Single Serve Varieties

2 For \$3

Regular Price \$1.99



Other Catalina Crunch products are also on sale.



Pamela's

All Pamela's Gluten-Free Products

20% Off

Regular Price



Bionaturae

All Bionaturae Products

30% Off

Regular Price



Certified Glyphosate Free



Deliciou

Plant Based Meat Mix

\$5.99

Regular Price \$7.99



No preservatives, no soy, no added salt.

Annie's Homegrown

Organic Mac & Cheese

2 For \$6

Regular Price \$3.49



Annie's Homegrown

Cheesy Rice

2 For \$7

Regular Price \$3.99

Other Annie's Homegrown products are also on sale.



Field Day

Albacore Tuna

5 oz

\$2.69

Harvest Values Price \$2.89



Like Harvest Health Foods On Facebook.

We must ketchup and relish these summer moments.

Kettle & Fire

Bone Broth and Soups

16.9 oz

\$5.99

Regular Price \$7.99



La Tourangelle

Culinary Oils

25% Off

Regular Price



Field Day

Organic Extra Virgin Olive Oil

1 Liter

\$11.99

Harvest Values Price \$15.19



Other Field Day Olive Oils are also on sale.



Bragg

Apple Cider Vinegar

32 oz

\$5.49

Regular Price \$6.29



Other Bragg products are also on sale.



Woodstock Farms

Organic Mustard & Ketchup

2 For \$6

Harvest Values Price \$3.39-\$3.59

Organic BBQ Sauce

2 For \$8

Harvest Values Price \$4.69

Organic Pickles

\$4.49

Harvest Values Price \$5.19



Primal Kitchen

Dressings

Select Varieties

\$5.69

Regular Price \$6.69

Other Primal Kitchen products are also on sale.



Muir Glen

Organic Salsa

\$3.69

Regular Price \$4.89



Field Day

Organic Tea

16 Tea Bags

\$4.19

Harvest Values Price \$4.49



Perfect for Iced Tea.



think!

20G and KETO Protein Bars

\$2.29

Regular Price \$2.69



Bob's

Oat Bars

Gluten-Free

4 For \$5

Regular Price \$1.79



Kind Bars

Fruit And Nut Bars

3 For \$5

Regular Price \$1.89



Eat The Change

Cosmic Carrot Chews

\$3.69

Regular Price \$4.99



Eat The Change Mushroom Jerky is also on sale.



Lakewood

Select Organic Juices

25% Off

Regular Price



Healthy Delivered, Right To Your Door.

Healthy citizens are the greatest asset any country can have. Winston Churchill

Chocolove xoxox Chocolate Bars

2 For \$5

Regular Price \$2.99



XO No sugar added bars are on sale 2 for \$6.



Endangered Species Chocolate Bars

2 For \$5

Harvest Values
Price \$2.89



Lily's Sweets Chocolate Bars

Stevia Sweetened

\$3.29

Regular Price \$3.99



Eternal Water Natural Alkaline Spring Water

1.5 LT

\$1.49

Regular Price \$1.99

Case of 12 is on sale for \$17.49.



Proud Source Water Rocky Mountain Spring Water

16 oz

3 For \$4

Regular Price \$1.99



Mountain Valley Spring Water

Sparkling and Still

1 Liter

2 For \$4

Regular Price \$2.99

Other Mountain Valley products are also on sale.



Hoplark Sparkling HopTea

\$2.39

Regular Price \$2.89



New Hoplark sparkling waters \$1.29



Pop & Bottle Oat Milk Lattes

\$2.59

Regular Price \$3.19

Other Pop & Bottle products are also on sale.



Lifaid Beverage Functional Beverages

2 For \$4

Regular Price \$2.99



True North Energy Seltzers

2 For \$4

Regular Price \$2.79



Nixie Organic Sparkling Water

8/12 oz

\$4.49

Regular Price \$5.69



Only What You Need OWYN Proteins

Assorted Varieties

2 For \$5

Regular Price \$3.49



Roar Organic Vitamin Enhanced Hydration

\$1.89

Regular Price \$2.69



Zevia Zero Calorie Soda

6/12 oz

\$4.49

Harvest Values Price \$5.39



Field Day Plates

Made From Renewable Sugar Cane

\$3.99

Harvest Values Price \$4.39

Other Field Day picnic products are also on sale.



Fentimans Tonic Water

4/6.7

\$4.99

Regular Price \$6.36



Betty Buzz Clean Mixers

9 oz

\$1.59

Regular Price \$1.99

Real juice mixers.



Ball Recyclable Aluminum Cups

10 CT, 20 oz Recyclable Cups

\$4.99

Regular Price \$6.49

Colder, stronger, and fully recyclable.



Like Harvest Health Foods On Facebook.

Feeling Good From The Inside Out.®

From the Ground Up

Plant Based Snacks

2 For \$7

Regular Price \$4.29



Hippie Snacks

Real Food Snacks

2 For \$7

Regular Price \$4.89



Barnana

Plantain Snacks

2 For \$7

Regular Price \$4.99



Other Barnana products are also on sale.



The Good Crisp Company

Potato Crisps

2 For \$6

Regular Price \$3.69



Hippeas

Organic Chickpea Puffs

2 For \$6

Regular Price \$3.99



Cretors

Popcorn

Select Varieties

2 For \$7

Regular Price \$3.99



Beanfields

Bean Chips

2 For \$6

Regular Price \$3.99



Beanitos

Bean Chips

2 For \$5

Regular Price \$3.79



EPIC

Pork Rinds

2 For \$6

Regular Price \$3.99



Kettle

Potato Chips

5 oz

\$2.79

Regular Price \$3.49



Terra Chips

Select Varieties

2 For \$7

Regular Price \$4.29



Plant Snacks

Cassava Chips

Assorted Varieties

2 For \$6

Regular Price \$3.99



Spudlove

Organic Potato Chips

2 For \$6

Regular Price \$4.49



Quinn

Gluten-Free Pretzels

Select Varieties

\$4.19

Regular Price \$5.49



A La Maison

French Milled Bar Soaps

Assorted Varieties

\$3.99

Regular Price \$4.99

Value 4 pack soaps are also on sale.



MyChelle Dermaceuticals

Sun Care Formulas

35% Off

Regular Price



HiBar

Plastic-Free Hair Care

Assorted Varieties

\$9.99

Regular Price \$12.99



- HiBar products are 100% plastic-free.
- The box is compostable.
- Long lasting formulas. One 3.2 oz shampoo bar lasts at least as long as 2 x 12 oz bottles of shampoo.
- Scents are a blend of essential oils.
- Soap-free, sulfate-free, paraben-free, silicone-free, phthalate-free.
- HiBar is Leaping Bunny certified.

Find Our Fresh Organic Produce Selection On Harvest Cart.

Health is a relationship between you and your body. Terri Guillemets

Sukin Body Care

30% Off
Regular Price



All ACURE Formulas

30% Off
Regular Price

100% Clean, vegan beauty.



Andalou Naturals Body Care

30% Off
Suggested Retail



Mad Hippie Cosmetics

30% Off
Regular Price



Harvest Health Foods

Beauty Support & Essential Oils

25% Off
Suggested Retail



Country Life Select Beauty Formulas

25% Off
Suggested Retail



Liquid IV Hydration Multiplier

.56 oz
3 For \$5
Regular Price \$1.99



Solaray Liposomal Multivitamins

30% Off
Suggested Retail



All Now Food Supplements

25% Off
Regular Price



Nature's Way
Alive!

20% Off
Regular Price

Select Multivitamin Formulas



Enzymedica Digestive Happiness Formulas

Select Varieties

33% Off
Suggested Retail



Ancient Nutrition Mushroom & Apple Cider Formulas

25% Off
Suggested Retail



Other Ancient Nutrition products are also on sale.

All Carlson Labs Formulas

20% Off
Suggested Retail



All American Health Formulas

25% Off
Suggested Retail



Boiron Blue Tube Homeopathic Formulas

\$5.59
Regular Price \$6.99



Follow Harvest Health Foods On Instagram.

Healthy From The Outside Starts From The Inside.

+PlusCBD™

Plus CBD Pain Topicals

25% Off

Suggested Retail

Pet formulas area also on sale.



Irwin Naturals

CBD Formulas

Softgels

30% Off

Suggested Retail



Wylde CBD

CBD Gummies and Sparkling Water

25% Off

Suggested Retail



Gaia Herbs

Adrenal and Stress Formulas

25% Off

Suggested Retail



Terry Naturally

Iodine And Thyroid Formulas

20% Off

Regular Price



Herb Pharm

Sleep Support Formulas

25% Off

Suggested Retail



Nordic Natural

Select Omega-3 Formulas

25% Off

Regular Price



Vital Planet Formulas

25% Off

Suggested Retail



All Wiley's Finest

20% Off

Regular Price



Organic Mushrooms

Mushroom Formulas

Select Capsules

\$20.99

Suggested Price \$29.99



Solgar

Active Life Formulas

30% Off

Suggested Retail



Garden Of Life

All Vitamin Code Formulas

30% Off

Suggested Retail



Garden Of Life

MD Proteins And KETO Formulas

30% Off

Suggested Retail

All Dr. Formulated products on sale.



We have three convenient locations in the Grand Rapids area.

1944 Eastern Ave. SE Grand Rapids (616) 245-6268
Mon-Sat 9-7 Closed Sundays

6807 Cascade Road SE Grand Rapids (616) 975-7555
Mon-Sat 9-8 Closed Sundays

4150 32nd Ave Hudsonville (616) 896-6630
Mon-Sat 9-8 Closed Sundays

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