

70th Anniversary Harvest Health FOODS

Since 1952

June 2022



Feeling Good From The Inside Out. ®

Rumiano

Organic Cheese

Assorted Blocks

\$4.79

Regular Price \$5.99



Other Rumiano products are also on sale.



Good Culture

Cottage Cheese

16 oz

\$4.49

Regular Price \$5.39-\$5.89



Other Good Culture products are also on sale.



Organic Valley

Organic Shreds

\$4.99

Regular Price \$5.49



Other Organic Valley products are also on sale.



Liberté

Organic Yogurt

Whole Milk

3 For \$5

Regular Price \$2.39



Green Valley

Cream Cheese

Lactose Free

\$3.39

Regular Price \$4.19

Lactose free organic kefir is also on sale \$5.49.



Greek Gods

Traditional Greek Yogurt

\$4.39

Regular Price \$4.99



Miyoko's Creamery

Vegan Pizza Mozzarella

\$5.99

Regular Price \$7.29



Other Miyoko's products are also on sale.



cocojune

Organic Coconut Yogurt

16 oz

\$5.99

Regular Price \$7.59



Thousand Hills

100% Grass-Fed Beef

80% Ground

\$5.99

Regular Price \$6.49

Other Thousand Hills beef products are also on sale.



Field Roast

Plant-Based Sausages

Select Varieties

\$5.19

Regular Price \$6.49

Other Field Roast products are also on sale.



Nutcase Vegan Meats

Local Vegan Meat

2 For \$7

Regular Price \$4.99

Nutty Loaf is on sale \$7.49



Essential Baking Company

Take & Bake Bread

\$5.39

Regular Price \$5.79



Some items may not be available due to unforeseen shortages. Not responsible for typographical errors.

Food Is Our Common Ground, A Universal Experience. James Beard

Koia

Protein Drinks

2 For \$6

Regular Price \$3.99

 Koia Smoothies & KETO Proteins are also on sale.



Kite Hill

Cream Cheese

Dairy-Free

\$6.69

Regular Price \$7.99



Hail Merry

Mini Tarts

2 Cups

\$2.69

Regular Price \$3.69



Beetology & Wonder Melon

Watermelon and Beet Juice

\$2.69

Regular Price \$3.19



Food For Life

Sprouted Tortillas

\$3.29

Regular Price \$4.29



Other Food For Life products are also on sale.



Dr. Praeger's

Littles and Puffs

\$3.99

Regular Price \$4.99



GT'S Living Foods

Organic Kombucha

Select Varieties

\$2.79

Regular Price \$3.49



Sweet Nothings

Organic Fruit Smoothies

6 - 2 oz tubes

\$5.29

Regular Price \$6.39



No added sugar or fruit juice.



Mom's Best Cereals

Cereals

\$3.69

Regular Price \$4.99



KeVita

Functional Beverages

2 For \$5

Regular Price \$3.19



Field Day

Organic Coffee

10 oz

\$7.99

Regular Price \$8.79



Cascadian Farm Organic

Organic Cereals

Assorted Varieties

2 For \$6

Regular Price \$4.99



Rowdy Mermaid

Organic Kombucha

\$2.69

Regular Price \$3.49



Lakewood

Organic Juices

Select Varieties, 32 oz

25% Off

Regular Price



Purely Elizabeth

Granolas and Cereals

Select Varieties

\$5.49

Regular Price \$7.49



Forage Kombucha

Organic Kombucha

Select Varieties

\$2.19

Regular Price \$2.49



Celestial Seasonings

Iced Tea

18 Tea Bags

2 For \$7

Regular Price \$4.19



Coombs Family Farms

Organic Maple Syrup

Grade A Dark Color Robust Taste

\$6.99

Regular Price \$9.99



Other Coombs Syrups are on sale.



Shop Online with Harvest Cart at [HarvestHealthFoods.com](https://www.HarvestHealthFoods.com)

Laughter Is Brightest Where Food Is Best. Irish Proverb

Field Day

Organic Peanut Butter

18 oz

\$5.99

Harvest Values Price \$6.39



Field Day

Organic Fruit Spread

14 oz

\$4.39

Harvest Values Price \$4.99



Lotus Foods

Organic Rice

Assorted Varieties

30% Off

Regular Price



Woodstock Farms

Organic Mustard & Ketchup

2 For \$6

Harvest Values Price \$3.29-\$3.59

Organic BBQ Sauce

2 For \$8

Harvest Values Price \$4.69

Organic Pickles

\$4.49

Harvest Values Price \$5.19



Annie's Homegrown

Organic Dressings

2 For \$6

Regular Price \$4.19



Napa Valley

Organic Olive Oil

Extra Virgin, 25.4 oz

\$10.99

Regular Price \$15.69



Crown Prince

Select Seafood

25% Off

Regular Price



Primal Kitchen

Organic Sauces

No Added Sugar
Assorted Varieties

\$4.69

Regular Price \$5.19



Madhava

Organic Sweeteners

Assorted Varieties

35% Off

Regular Price



Annie's Homegrown

Organic Condiments

2 For \$7

Regular Price \$3.99



the ginger people

Ginger Products

Assorted Varieties

30% Off

Regular Price



Now Foods

Sweeteners

Assorted Varieties

15% Off

Regular Price



EPIC

Meat Bars

Assorted Varieties

2 For \$4

Regular Price \$2.99

Other EPIC products are also on sale.



KIND

Minis

10 / .7 oz Bars

\$7.79

Regular Price \$8.99



Other KIND Thins are also on sale.



LÄRABAR Bars

4 For \$5

Regular Price \$1.69



Annie's Homegrown

Organic Fruit Snacks

Assorted Varieties

2 For \$6

Regular Price \$4.69



Like Harvest Health Foods On Facebook.

Salt Is Born Of The Purest Of Parents: The Sun And The Sea. Pythagoras

PROBAR
Meal and Protein Bars

2 For \$5

Regular Price \$3.29-\$3.59



Bolt Energy Chews are also on sale.

Brad's
Organic Veggie Snacks

Assorted Varieties

\$4.99

Regular Price \$5.99



Other Brad's Snacks are also on sale.

Siete
Tortilla Chips and Cookies

Grain-Free

2 For \$7

Regular Price \$9.99



GoodTo Go
KETO Snack Bars

2 For \$4

Regular Price \$2.59



Moon Cheese
Cheese Snacks

2 oz

2 For \$7

Regular Price \$3.99



Kettle Brand
Potato Chips

5 oz

2 For \$5

Regular Price \$3.49



Let's Do and Let's Do Organics

Ice Cream Cones

30% Off

Regular Price



Que Pasa
Organic Tortilla Chips

2 for \$6

Harvest Values Price \$3.99



Eternal Water
Natural Alkaline Spring Water

1 Liter

\$1.29

Harvest Values Price \$1.69

Case of 12 is on sale for \$14.99



Stearz
Organic Yerba Mate

2 For \$4

Regular Price \$2.49



Zevia
Tea and Energy Drinks

Stevia Sweetened

2 For \$3

Regular Price \$1.89



True North
Energy Seltzers

2 For \$4

Regular Price \$2.79



LaCroix
Sparkling Water

12/12 oz

\$5.49

Regular Price \$6.49



Field Day
Sparkling Water

6 / 12 oz

\$2.49

Regular Price \$3.39



Vita Coco
Organic Coconut Milk

Assorted Varieties, 33.8 oz

2 For \$5

Regular Price \$3.69



Essentia
Ionized Alkaline Water

20 oz

89¢

Regular Price \$1.19



Case of 24 on sale for \$20.99.

OddSide
Hard Seltzers

Assorted Varieties

\$1.59

Regular Price \$1.89



Zero Carbs, Zero Sugar, Gluten-Free. 6 Pack \$9.49.

Eppa
SupraFruta Sangria

\$10.99

Regular Price \$13.49



Find Our Fresh Organic Produce Selection On Harvest Cart.

Nothing Looks As Good As Healthy Feels.

OCHO Organic Candy

3.5 oz Varieties

2 For \$6

Regular Price \$3.99



Field Day Body Care

Select Varieties

2 For \$10



Mad Hippie Sun Protection Formulas

Select Varieties

30% Off

Regular Price



If You Care Home Care

Select Products

25% Off

Suggested Retail



Sukin Facial Care

30% Off

Regular Price



Andalou Naturals CannaCell Formulas

30% Off

Regular Price



Field Day Recycled Paper Products

20% Off



Crystal Mineral Deodorants

30% Off

Regular Price



New Chapter Select Formulas

30% Off

Regular Price



Nantucket Spider Natural Bug Repellents

NEW!

Essential oil based, deet-free.



Boiron Arnicare Topical Formulas

25% Off

Suggested Retail



Herb Pharm Anxiety Formulas

25% Off

Suggested Retail



Vital Planet Formulas

25% Off

Suggested Retail



All Solgar Formulas

25% Off

Suggested Retail



Solaray Liposomal Multivitamins

30% Off

Suggested Retail



Harvest Health Foods Men's Health Formulas

25% Off

Suggested Retail



Follow Harvest Health Foods On Instagram.

Feeling Good From The Inside Out!®

+PlusCBD™

Softgels and Gummies

25% Off

Suggested Retail



Charlotte's Web

CBD Balm and Cream

Select Formulas

20% Off

Suggested Retail



Terry Naturally

Curamed and SinuCare

Select Formulas

20% Off

Suggested Retail



Nature's Way

Herbals

20% Off

Suggested Retail



Nature's Way

New Stress and Sleep Formulas

20% Off

Suggested Retail

Other Nature's Way Gummies are also on sale.



Enzymedica

Digestive Happiness Formulas

Select Varieties

33% Off

Suggested Retail



Irwin Naturals

Men's Formulas

Select Formulas

20% Off

Suggested Retail



Kyolic

Heart Healthy Formulas

Select Formulas

20% Off

Suggested Retail



Nordic Naturals

Value Size Formulas

Select Varieties

25% Off

Suggested Retail



All Country Life Formulas

20% Off

Suggested Retail

#PowerYourGreatness



American Health

Ester-C Formulas

30% Off

Suggested Retail



Garden of Life

New Probiotic Formulas

30% Off

Suggested Retail

NEW



Contains Pre + Pro + Postbiotics.



We have three convenient locations in the Grand Rapids area.

1944 Eastern Ave. SE Grand Rapids (616) 245-6268
Mon-Sat 9-7 Closed Sundays

6807 Cascade Road SE Grand Rapids (616) 975-7555
Mon-Sat 9-8 Closed Sundays

4150 32nd Ave Hudsonville (616) 896-6630
Mon-Sat 9-8 Closed Sundays



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