

Harvest Health Foods Bulk Foods Listing

*subject to availability, pricing is available in store or email for specific pricing.

BEANS

BLACK EYED PEAS OG
 BLACK TURTLE BEANS OG
 CRANBERRY BEANS HEIRLOOM OG
 FRENCH LENTILS OG
 GARBANZO BEANS OG
 LENTILS GREEN OG
 LENTILS RED OG
 MUNG DAHL YELLOW
 NAVY BEANS OG
 PINTO BEANS OG
 RED BEANS SM OG
 SOY BEANS GMO FREE OG
 SPLIT PEAS GREEN OG
 SPLIT PEAS YELLOW OG

BULK HERBS/SPICES

Herbs and Spices are available in 1oz pkg and also by wieght. Locations will typically have 1 oz packages available, along with some products in 4 oz pakages. Please contact the Eastern Ave store for more specifics if you would like a special amount.

ALFALFA LEAF & STEMS PWD
 ALFALFA LEAF OG GR CUT
 ALLSPICE BERRIES GROUND
 ALOE LEAF CAPE PWD
 ANISE SEEDS WHL
 ARROWROOT STARCH OG PWD
 ASHWAGANDHA ROOT ORG CUT
 ASHWAGANDHA ROOT PWD ORG
 ASTRAGALUS ROOT PWD
 BASIL LEAF SWT CUT
 BAY LEAF OG GR WHOLE
 BEE POLLEN GRANULES
 BEET ROOT PWD OG GR
 BILBERRY BERRY LEAF
 BITTER MELON PWD
 BLACK WALNUT ORGANIC POWDER
 BLADDERWRACK PWD ORGANIC
 BLESSED THISTLE ORGANIC CUT
 BURDOCK ROOT OG GR CUT
 CAJUN SEASONING BLN
 CALENDULA PETALS WHL
 CARAWAY SEEDS WHL

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CARDAMOM SEEDS (DEC) WHL
 CASCARA SAGRADA CUT BARK
 CATNIP OG GR CUT ONLY
 CATS CLAW BARK PWD
 CAYENNE PEPPER FLAKES 15K HU
 CAYENNE PEPPER HOT 90K HU
 CAYENNE PEPPER MILD 35K HU
 CELERY SEEDS OG GR GROUND
 CELERY SEEDS WHL
 CEYLON CINNAMON OG GR
 CHAMOMILE FLOWERS GERMAN WHL
 CHAPARRAL LEAF CUT
 CHERRY BARK BLACK WILD CUT
 CHICKWEED HERB CUT
 CHICORY ROOT GRD/RST GRAN
 CHILI PWD BLEND
 CHIVES OG GR
 CILANTRO LEAF OG GR CUT
 CINNAMON PWD
 CINNAMON STICKS 3 WHL
 CINNAMON STICKS12 WHL
 CLOVES ORGANIC GROUND
 CLOVES WHOLE ORGANIC
 COMFREY LEAF OG GR
 COMFREY ROOT
 COMFREY ROOT PWD
 CORIANDER SEEDS GROUND
 CORIANDER SEEDS WHL
 CREAM OF TARTAR PWD
 CUMIN SEED GROUND
 CUMIN SEED WHL
 CURRY PWD BLEND
 DAMIANA LEAF CUT
 DAMIANA LEAF PWD OG GR
 DANDELION LEAF OG GR CUT
 DANDELION ROOT CUT
 DANDELION ROOT PWD OG GR
 DEVILS CLAW ROOT CUT
 DILL SEEDS (DOMESTIC) WHL
 DILL WEED CUT

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DONG QUAI ROOT PWD
 DULSE LEAF PURPLE OG GR GRAN
 ECHINACEA ROOT OG GR CUT
 ECHINACEA ROOT OG GR PWD
 ELDER BERRIES OG GR REFG
 ELDER FLOWERS WHL
 ELEUTHERO OG GR
 EUCALYPTUS LEAF CUT OG GR
 EYEBRIGHT HERB PWD
 FENNEL SEEDS GROUND
 FENNEL SEEDS WHL
 FENUGREEK SEEDS PWD
 FENUGREEK SEEDS WHL
 FEVERFEW HERB OG GR CUT
 FO-TI ROOT CURED PWD
 FRANKINCENSE GUM TEARS
 GARAM MASALA CERTIFIED OG
 GARLIC GRANULATED
 GARLIC MINCED
 GARLIC PWD
 GINGER ROOT CUT OG GR
 GINGER ROOT GROUND
 GINKGO LEAF CUT
 GINKGO LEAF PWD
 GOLDEN SEAL HERB LEAF & STEM
 GOLDEN SEAL RT OG GR PWD
 GOTU KOLA HERB PWD
 GUAR GUM PWD ORGANIC
 GUARANA SEEDS PWD
 HAWTHORN BERRIES PWD
 HENNA LEAF RED OG GR HAIR RINS
 HIBISCUS FLOWERS OG GR WH
 HOLY BASIL RAMA OG GR
 HOPS FLOWERS OGWHL
 HORNY GOAT WEED CUT
 HORNY GOAT WEED PWD
 HORSETAIL HERB CUT
 HORSETAIL HERB OGPWD
 HOT CURRY PWD
 HYDRANGEA ROOT CUT

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IRISH MOSS CUT OG GR
 IRISH MOSS PWD OG GR
 ITALIAN SEASONING BLN CUT
 JAMAICAN JERK ORG
 JASMINE FLOWERS WHL
 JUNIPER BERRIES
 JUNIPER BERRIES WHL
 KAVA KAVA ROOT CUT
 KAVA KAVA ROOT PWD
 KELP ATLANTIC OG GR
 LAVENDER FLWR FRENCH WHL OG GR
 LEMON BALM LEAF OG
 LEMON GRASS WHOLE OG GR
 LEMON PEEL CUT OG GR
 LICORICE ROOT CUT
 LICORICE ROOT PWD
 LINDEN FLWR & LF WHL
 LOBELIA OG CUT
 MACA ROOT POWDER ORG
 MARJORAM LEAF CUT
 MARSHMALLOW RT CUT OG GR
 MARSHMALLOW RT PWD OG GR
 MEADOWSWEET /GRAVEL RT CUT
 MEXICAN SEASON BLN GROUND
 MILK THISTLE SEEDS GROUND OG G
 MILK THISTLE SEEDS WHL OG GR
 MORINGA PWD OR GR
 MUGWORT CUT
 MUIRA PUAMA PWD
 MULLEIN LEAF CUT
 MURIA PUAMA BARK WILD C&S
 MUSTARD SEEDS YEL GRD
 MUSTARD SEEDS YELLOW WHL
 MYRRH GUM PWD
 NEEM LEAF OG CUT
 NEEM LEAF PWD
 NETTLE LEAF STINGING OG CUT
 NETTLE LEAF STINGING PWD OG G
 NUTMEG GRD
 NUTMEG WHL

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OAT STRAW CUT OG
 OLIVE LEAF PWD OG GR
 ONION WHITE GRANULES OG GR
 ONION WHITE MINCED
 ONION WHITE PWD
 ORANGE PEEL
 OREGANO LEAF MEDITERRANEAN CUT
 ORGANIC AMLA BERRY POWDER
 ORGANIC ASAFOETIDA POWDER
 ORGANIC BURDOCK ROOT PWD
 ORGANIC CUT & SIFTED DONG QUAI
 ORGANIC FENUGREEK SEED PWD
 ORGANIC HAWTHORN BERRY POWDER
 ORGANIC WORMWOOD HERB CUT
 PAPRIKA HUNGARIAN GROUND
 PARSLEY LEAF FLAKES
 PASSION FLOWER CUT
 PASSION FLOWER PWD ORGANIC
 PAU DARCO BARK CUT
 PAU DARCO BARK PWD
 PEPPER BLACK GRD OG GR
 PEPPER BLACK WHL
 PEPPER WHITE WHL
 PEPPERMINT LEAF OG GR CUT
 PICKLING SPICE BLN WHL
 PLANTAIN LEAF CUT OG GR
 POPPY SEEDS BLUE WHL
 PUMPKIN PIE SPICE PWD
 REAL SALT REDMOND
 RED CLOVER OG FOR TEA
 RED RASPBERRY LEAF OG GR CUT
 ROSE BUDS PINK (SELECT) WHL
 ROSE HIPS (SEEDLESS) CUT OG GR
 ROSE HIPS PWDED OG GR
 ROSEMARY LEAF PWD OG GR
 ROSEMARY LEAF WHL ORGANIC
 SAGE LEAF CRUSHED
 SAGE LEAF GROUND
 SAGE LEAF RUBBED

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SARSAPARILLA ROOT (MEX) CUT
 SARSAPARILLA ROOT (MEX) PWD
 SASSAFRAS BARK CUT
 SAW PALMETTO BERRIES CUT
 SAW PALMETTO BERRIES PWD
 SCHISANDRA BERRIES WHL
 SCULLCAP HERB OG GR CUT
 SEA SALT NATURAL: NA
 SENNA LEAF CUT FOG TEA
 SENNA LEAF PWD
 SHEEP SORREL OG GR PWD
 SLIPPERY ELM BARK OG GR CUT
 SLIPPERY ELM BARK PWD
 SMOKED PAPRIKA ORGANIC
 SPEARMINT LEAF OG GR CUT
 ST. JOHNS WORT OG GR CUT
 ST. JOHNS WORT OG GR PWD
 STAR ANISE WHL ORGANIC
 STEVIA HERB OG PWD
 THYME LEAF CUT
 TRIPHALA PWD
 TURKEY RHUBARB ROOT PWD OG
 TURMERIC ROOT PWD OG GR
 UVA URSI LEAF CUT
 VALERIAN ROOT CUT
 VALERIAN ROOT PWD OG
 VANILLA BEAN PWD OG GR
 WILLOW BARK WHITE CUT
 WORMWOOD HERB PWD OG GR
 YARROW HERB CUT OG GR
 YARROW HERB PWD
 YELLOW DOCK RT CUT OG GR
 YERBA MATE LEAF GR CUT OG GR

COCONUT

COCONUT CHIPS OG UNSUL/UNSW
 COCONUT PALM SUGAR OG
 ORG COCONUT SHREDS UNSWT/UNSLF
 ORGANIC COCONUT FLOUR

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FRUIT

APPLE RINGS DRIED OG
 APRICOTS TURKISH OG
 BANANA CHIPS OG
 BLUEBERRIES FROZEN OG
 CAROB RAISINS
 CHERRIES DRIED OG
 CRANBERRIES OG
 CURRANTS OG
 FIGS BLACK MISSION OG
 FIGS CALMYRNA
 FIGS TURKISH OG
 GOJI BERRIES OG
 MANGO SLICES UNSWEETENED OG
 MANGO WITH CANE SUGAR
 MULBERRIES WHITE OG
 ORGANIC DEGLET PITTED DATES
 PAPAYA DICES/CANE SUGAR UNSLF
 PAPAYA OG
 PAPAYA SPEARS CANE SUGAR UNSL
 PRUNES OG
 RAISINS THOMPSON OG
 TOMATOES SUNDRIED SEA SALT OG

FLOURS

FLOUR ALL PURPOSE SIFTED OG WW
 FLOUR ALL PURPOSE SIFTED WHLWH
 FLOUR BRD AP WW OG HD RED WINT
 FLOUR BUCKWHEAT OG
 FLOUR CORN OG
 FLOUR OAT WHOLE OG
 FLOUR PASTRY UNBL WHITE OG
 FLOUR PASTRY WW OG
 FLOUR RICE BROWN OG
 FLOUR RICE WHITE
 FLOUR RYE OG
 FLOUR SPELT WH SFT LG BG OG
 FLOUR SPELT WH SFT SM BG OG
 FLOUR SPELT WHOLE LARGE BG OG
 FLOUR SPELT WHOLE SM BG OG
 FLOUR WHITE AP UNBL OG UNENR
 FLOUR WHITE AP UNBL OG UNENR
 SORGHUM FLOUR SWEET WHITE
 TAPIOCA FLOUR

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GRAINS

BARLEY FLAKES OG
 BARLEY HULLED OG
 BARLEY PEARLED OG
 BUCKWHEAT GROATS OG
 CORN MEAL OG
 CORN MEAL STONE GROUND OG
 FARRO PEARLED OG
 MILLET OG
 OAT BRAN OG
 OAT GROATS OG
 OAT OLD FASHIONED ROLLED
 OAT OLD FASHIONED ROLLED OG
 OAT QUICK
 OAT QUICK OG
 OAT STEEL CUT OG
 POPCORN RED HEIRLOOM MI NON GM
 POPCORN WHITE OG
 POPCORN YELLOW OG
 QUINOA RED OG BOLIVIA
 QUINOA TRI COLOR OG
 QUINOA WHITE OG
 RYE FLAKES OG
 RYE WHOLE OG
 SPELT BERRIES WHOLE OG
 WHEAT BERRIES HD RD WINTER OG
 WHEAT BERRIES HD WH WINTER OG
 WHEAT BRAN OG
 WHEAT BULGUR
 WHEAT COUSCOUS WHOLE WHEAT OG
 WHEAT GERM RAW
 WHEAT OG HARD RED SUMMER WHT BERRIES

NUTS

ALMOND SLICED
 ALMOND WHOLE OG RAW
 ALMOND WHOLE RAW
 ALMONDS - ORGANIC TAMARI ALMONDS
 ALMONDS ORGANIC OIL ROASTED
 ALMONDS BLANCHED ALMOND MATCHSTICKS
 ALMONDS CHOCOLATE COVERED
 BRAZIL WHOLE RAW
 CAROB ALMONDS
 CASHEW CAJUN OG
 CASHEW OG SALT & PEPPER

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NUTS - continued

CASHEW RAW CASHEW PIECES
 CASHEW RAW WHOLE
 CASHEWS ORGANIC CURRY
 CASHEWS ORGANIC RAW WHOLE CASHEWS
 CASHEWS ROASTED NO SALT CASHEWS
 CASHEWS ROASTED SALTED
 COCONUT CAROB COCONUT CLUSTER
 HAZELNUTS - FILBERT WHOLE OG RAW
 MACADAMIA NUTS OG
 PEANUT - CAROB CLUSTER
 PEANUT JUMBO ROASTED SALTED
 PEANUT RAW
 PEANUTS CAROB COVERED
 PEANUTS ORGANIC DRY ROASTED
 PECAN HALVES OG
 PECAN HALVES RAW
 PINE NUTS RAW
 PISTACHIOS OG RAW IN SHELL
 PISTACHIOS ORGANIC RAW PISTACHIOS
 PISTACHIOS ROASTED SALTED PISTACHIOS SHLD
 ROASTED SALTED HARVEST MIX
 WALNUTS BLACK RAW
 WALNUTS OG HALVES AND PIECES
 WALNUTS RAW HALVES AND PIECES
 WHOLE RAW FILBERT (HAZELNUT)

SNACKS

CHOCOLATE ALMOND MIX OG
 CNKS OF ENGY RAW GOJI OG
 HOWIES MIX OG
 RAW POWER OG
 SESAME EVERYTHING STICK
 SESAME STICKS GARLIC
 SESAME STICKS OAT BRAN
 SESAME STICKS SALTED

RICE

RICE BASMATI WHITE OG
 RICE FORBIDDEN BLACK
 RICE JASMINE BROWN OG
 RICE LONG GRAIN BROWN OG
 RICE SHORT GRAIN BROWN RICE
 RICE WILD FANCY

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SEEDS

FLAX SEED BROWN OG
 FLAX SEED GOLDEN OG
 FLAX SEED MEAL GOLDEN OG
 FLAX SEED MEAL ORGANIC BROWN
 PUMPKIN SEEDS OG
 PUMPKIN SEEDS RAW
 PUMPKIN SEEDS RST & SLTD
 PUMPKIN SEEDS SPICY OG
 SESAME SEEDS HULLED OG
 SESAME SEEDS UNHULLED OG
 SUNFLOWER SEEDS OG
 SUNFLOWER SEEDS RAW
 SUNFLOWER SEEDS RST AND SLTD
 SUNFLOWER SEEDS RST NO SALT

SPROUTING SEEDS

MUNG BEANS FOR SPRT OG
 SANDWICH BLEND ORGANIC

SUPERFOODS

CACAO PWD OG RAW
 CHLORELLA PWD
 SPIRULINA PWD ORGANIC
 WHEAT GRASS PWD OG GR
 WILD CHAGA MUSHROOMS

SUPPLEMENTS

BREWERS YEAST USA
 CITRIC ACID
 LECITHIN GRANULES NON GMO SOY
 LIFES BASIC PLANT PROTEIN VAN
 PROTEIN 95 NON GMO
 PSYLLIUM HUSKS PWD
 PSYLLIUM HUSKS WHL
 PSYLLIUM SEEDS GROUND
 PSYLLIUM SEEDS WHL
 WHEY PROTEIN 100% PURE
 YEAST FLAKES NUTRITIONAL

TEA

BLADDER SUPPORT TEA
 CHAI TEA BLACK TEA BLEND OG FT
 CHINA BLACK ORANGE PEKOE OG GR
 CHINA GREEN TEA FT OG

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TEA - Continued

DETOX TEA ORGANICALLY GR
EARL GREY TEA FT OG
EARL GREY TEA FT OG DECAF
ENERGY ADJUSTMENT TEA
ENGLISH BREAKFAST TEA FT OG
FOREVER FRUIT TEA OG FT
GUARDIAN SPIRIT TEA
INDIAN WHITE TEA FT OG
JASMINE TEA FT OG
LEMON GINGER TEA OG
MANGO GREEN TEA FT OG DECAF
MATCHA TEA PWD ORGANIC
MEMORY TEA OG GROWN
ORANGE SPICE TEA FT OG
ORGANIC CIRCULATION TEA
ORGANIC PUERH TEA
RELAXATION TEA ORGANICALLY GR
ROOIBOS TEA FT OG