

# Feeling Good From The Inside Out.

Shady Maple

**Maple Syrup Products** 

25% Off

Regular Price



Birch Benders

Pancake and **Waffle Mixes** 



**Organic** 

Field Day

Eggs

Harvest Values

Price \$5.49



Applegate Farms

### **Breakfast Sausage**

\$4.99 Regular Price \$5.99



Woodstock

Value Sized Organic

lect Varieties, 32 oz

\$10.99

Harvest Values Price \$12.99







Nancy's

**Cottage Cheese and** Yogurt

\$5.49 Regular Price \$6.19-\$6.79



Califia **Plant** Milks 48 oz

\$4.49 Regular Price \$4.99







No artificial ingredients or preservatives

Other Field Day eggs are also on sale.

#### Let Food Be Thy Medicine And Medicine Be Thy Food. Hippocrates

Organic Valley

#### **Organic** Cheese

8 oz

\$5.99 Regular Price \$6.99



Other Organic Valley products are also on sale.

Petit Pot

#### **Organic French Puddings**

Select Varieties

\$4.19

Regular Price \$5.49



Wild Wonder

#### **Probiotic Sparkling Drinks**

\$2.69 Regular Price \$3.29





Daiya

#### **Dairy Free** Cheese

\$4.49 Regular Price \$5.19



Daiua

Daiya Mac & Cheeze is also on sale.

#### **Naturally Fermented Products**

\$7.99 Regular Price \$8.99



Other Bubbies products are also on sa

Woodstock

## **Organic Vegetables**

2 For \$6



Mivoko's

# **Plant-Milk Butter**

\$4.99

Regular Price \$5.99

Mozzarella \$6.99

Regular Price \$9.19

Perfect Bars

**Organic Protein Bars** 

\$2.79 Regular Price \$3.39

M MAN



**Burritos** Select Varieties

2 For \$5 Regular Price \$3.19

Tillamook

1.5 Quart

**Ice Cream** 



Tillamook

VANILLA BEAN

MiYOKO'S

FrescoBene

#### **Artisan Sauces**

**Breakfast Sandwich** 

Other Mason Dixie products are also on sale.

\$7.99 Regular Price

Mason Dixie

\$5.99

Regular Price \$6.99



Cappello's

#### Pizza

Assorted Varieties

\$9.99 Regular Price \$11.99

Other Cappello's products are also on sale.

Amy's

# Macaroni &

\$3.99



CAPPELLOS

Cheese

Regular Price \$4.69

Other Amy's entrées are also on sale.

\$6.99

Regular Price \$7.99

Cosmic Bliss **Dairy-Free** Frozen Deserts

\$4.69

Regular Price \$7.99

Other Cosmic Bliss products are also on sale.

Lakewood

#### **Select Organic luices** Assorted Varieties

25% Off

Regular Price



Yogi and Choice Organics

#### **Organic Teas**

16 Tea Bags

2 For \$7 Regular Price \$4.59-\$5.49





Bravo Tea

#### **Health Tea**

20 Bags

NON Mind

Regular Price \$6.99





Nature's Path

#### **Boxed** Cereals

\$3.99 Regular Price \$4.99





Wholesome

Sugars and Syrups

Select Varieties





Flavorganics

**Organic Extracts** 

\$5.49 Regular Price \$7.69



Brianna's

#### **Dressings**

\$3.49-\$4.29 Regular Price \$4.29-\$5.69



Kettle & Fire

**Broth** 32 oz Varieties







**Imagine Foods Organic** Soup 25% Off

Regular Price



Broths are also on sale.



Nholesone

holesone

Arrowhead Mills

#### Flour and Pancake Mixes

25% Off Regular Price





Bob's Red Mill

Gluten-Free **Baking Mix** 

**Culinary Oils** 

field

All Primal Kitchen

20% Off

Harvest Values Price

**Products** 

25% Off

Regular Price

Lotus Foods

**Noodles** 

25% Off

Regular Price

USDA NON SERVE

NON GMO N

25% Off Regular Price

Day



# **Baking Mixes**

\$4.99 Regular Price \$5.99

Other Miss Jones products are also on sale

Lily's Sweets

**Baking Chips** 

No Sugar Added

\$6.99 Regular Price \$7.99





Enjoy Life

**Baking Chips** 

Dairy-Free

\$5.49 Regular Price \$6.99





Muir Glen

**Organic Tomatoes** 

14.5 oz -15 oz

\$1.89 Regular Price \$2.89





Other Muir Glen products are also on sale.

Field Day

**Organic Beans** 

2 For \$4

Harvest Values Price \$2.39



Crown Prince **Sardines** 

\$2.99

Regular Price \$3.49-\$3.99







**Organic Rice and** 

25% Off Regular Price











#### Feeling Good From The Inside Out.®

**Meat Bars** 



2 For \$4 Regular Price \$3.29

Other Epic products are also on sale.

BoBo's

**Gluten-Free Oat Bars** 



**Endangered Species** 

**Chocolate Bars** 

2 For \$5



Little Secrets

Chocolate **Bars** 

2 For \$4

Regular Price \$2.79





**Potato** THE R Chips AIRFRIED \$3.39 Harvest Values Price \$3.79



Other Kettle Chips are also on sale

Snack Factory

Kettle Brands

**Pretzel Crisps** 

2 For \$7 Regular Price \$4.49





**LÄRABAR Bars** 

**Natural** 

Regular Price \$2.99

**Energy Drink** 

Sparkling energy drink powered by honey, ginseng, propolis, maca, plus B6 and B12 vitamins



Field Day

**Organic Crackers** 

Assorted Varieties

2 For \$6 Harvest Values Price \$3.69

**Zero Calorie** 

Harvest Values Price \$6.19

Other Zevia products are also on sale.



Sodas 6/12 oz

Eternal Water



zevia

zevia



**Grain-Free** Snacks 2 For \$7

Regular Price \$4.99





Fitjoy crackers are also on sale.

Only What You Need

**Elite Protein Drinks** 

2 For \$7 Regular Price \$3.99



ECOS

**Plant Based Dish Soap** 

\$3,99 Regular Price \$4.69

ECOS Hand Soap is also on sale.















20% Off Suggested Retail



#### Outside Beauty Is A Reflection Of A Healthy Inside.



All Mad Hippie Products

20% Off Regular Price



All Derma E Formulas

25% Off Regular Price





Humble

# Deodorants 20% Off Regular Price

All ACURE Formulas

25% Off Regular Price

100% Clean, vegan beauty.



Everyone

Kid's Body Care

25% Off Regular Price



**REDD Remedies** 

Other Humble products are also on sale.



Bach

Rescue Remedy
Formulas
25% Off
Regular Price

RESCUE
RESCUE
RATURAL STREET

Boiror

Chestal® Formulas

25% Off Suggested Retail



Now Foods



Harvest Health Foods Seasonal Formulas

Select Varieties

25% Off Suggested Retail





All Herb Pharm Formulas

25% Off Suggested Retail



Nature's Way

Immunity Support Formulas

20% Off Suggested Retail



American Health

**Vitamin C Formulas** 

25% Off Suggested Retail



All Himalaya Formulas

25% Off Suggested Retail



All True Grace
Whole Food-Based

Formulas 20% Off

Suggested Retail





Nordic Naturals

Functional Formulas

25% Off Suggested Retail



#### Supplements: Bridging The Gap For Optimal Health.



Wyld CBD **CBD Gummies** 

20% Off 🗞 Suggested Retail

#### **Select Formulas**

20% Off Suggested Retail



#### **All KAL Formulas**

25% Off Suggested Retail



LifeSeasons

#### **Endocrine Health**

25% Off Suggested Retail



Terry Naturally

#### Curamin® and CuraMed® **Formulas**

25% Off

Suggested Retail



Other Terry Naturally formulas are also on sale

# **NEW Formulas**

25% Off Suggested Retail



Men's Women's Multi Multi 50+ VHOLE BODY WHOLE BODY SUPPORT Mile

# All Digestive Health Formulas

25% Off Suggested Retail



**All Bionox Formulas** 

20% Off Suggested Retail



Ancient Nutrition

#### **Bone Broth Proteins**

25% Off

Suggested Retail

Other Ancient Nutrition products are also on sale.

## **All Vega Formulas**

Suggested Retail





Trace Minerals

#### **All Trace Minerals Formulas**

20% Off Suggested Retail



All Garden of Life Formulas

25% Off Suggested Retail





1944 Eastern Ave. SE, Grand Rapids Mon - Sat 10 AM - 6 PM (616) 245-6268

4150 32nd Ave., Hudsonville Mon - Sat 9 AM - 8 PM (616) 896-6630

6807 Cascade Road SE, Grand Rapids Mon - Sat 9 AM - 8 PM (616) 975-7555

12675 Greenly St., Holland Mon - Sat 9 AM - 8 PM (616) 251 -1123